Aunt Adele’s Hot Milk Toddy is mentioned in *Star Trek: The Next Generation* episodes:

“Cause and Effect,” Season 5, DVD: $29.99  
“Schisms,” Season 6, DVD: $29.99  
“All Good Things,” Season 7, DVD: $29.99  

Also available:  
*Star Trek: The Next Generation* - Complete Series  
Order a Hot Milk Toddy in the Cafe!  

A milk toddy contains 8 grams of protein that is 76% usable due to the large number of essential amino acids. The leucine in milk promotes the growth of muscle mass and bone. Eggs are 90% usable.  

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