Chapter X

Preventing Cancer

Each of us, whether sick or healthy, is full of heavy metals by the time we are old [...]. Illness, including cancer, is a metal disease.

- Dr. Hulda Clark

Dr. Hulda Clark is an independent research scientist who has been searching for the cause of cancer for over fifteen years. In her most recent book, The Cure and Prevention of All Cancers, she has identified four elements that form tumors. (See: [Clark] A Cancer Complex).

Note: Throughout this chapter, I have placed names of other authors and researchers in brackets for easy reference,

[Epstein] The Politics of Prevention and Cure

The fact that a single researcher has discovered what has eluded the cancer establishment is no mystery given the pervasive conflicts of interests described in Dr. Samuel Epstein’s book, The Politics of Cancer. In his book, Dr. Epstein explains, “We are not addressing the increasingly carcinogenic environment that man has created.” He says that the cancer establishment has directed resources toward diagnosis and treatment,
as well as genetic research but not for prevention and cure. He also explains that corporate interests, and their allies in government are responsible for this strategy.

[Walker] Positive Review of Hulda’s First Book

I have been following alternative cancer therapies for over twenty years (Dr. Emmanuel Revici, Dr. William Donald Kelley, Gaston Naessens and others) and I remember finding a review of Hulda’s first book in the Townsend Letter for Doctors and Patients written by Dr. Morton Walker in 1995. Walker is a freelance medical journalist and his positive review prompted me to start ordering Hulda’s books. Of all her books, I consider her latest book, The Cure and Prevention of All Cancers, to be the best. Hulda’s books can be dense and difficult to follow, but in this edition, her writing has improved, the book has a better index and the detailed information about her research helps you look past the self-publishing flaws.

[Clark] Syncrometer Research Tool

People who are new to Hulda’s books will not be familiar with her sound resonance device that she calls a syncrometer. The syncrometer is one of the keys to her research. She uses the device to locate substances in the body (in parts per trillion quantities that are impossible to find in most laboratories). Hulda’s Syncrometer Science Laboratory Manual reveals that she built a syncrometer from a Radio Shack 200-in-1 kit that her son Geoffrey gave her—a device
that her son Douglas later automated. She recommends that her readers build (or purchase a pre-built) syncrometer to test food, water, supplements, clothing and other objects in the environment that may be a source of toxins. In her search for the cause of cancer, she’s painstakingly searched for a common denominator (a cause) in over 1,000 cancer patients and her trail led to water. As Hulda kept up her search, she found clorox bleach to be a common culprit.

[Clark] A Cancer Complex

Hulda’s latest book describes what she calls a cancer complex that is responsible for forming a tumor nucleus (another Hulda expression). The tumor nucleus forms when the following elements find each other in the body:

• **Polonium (Po)** - found in tap and filtered water contaminated with clorox and almost all bottled water due to radon gas that is trapped during bottling.

• **Cerium (Ce)** - found in water contaminated with clorox.

• **Potassium ferrocyanide (K₄Fe(CN)₆)** found in water contaminated with clorox, anti-caking agents used in table salt, salt de-icers and cosmetics

• **Fasciolopsis Buski** - a common parasite.

Hulda explains that three of the four elements in the cancer complex are artificially linked in clorox making it much more likely for the four elements to find each other in the body (polonium, cerium, and potassium ferrocyanide). If
we had zero clorox exposure, we would still be exposed to these elements because they’re all around us. However, drinking clorox-water or foods disinfected with clorox increases our chances of assembling the cancer complex to start a tumor.

The fourth element in the cancer complex is the fasciolopsis buski parasite that is easier and easier to pick up as the human immune system is weakened due to environmental pollution (Note: Pork has the highest amount of F. buski parasites). Ordinarily, our white blood cells destroy these pollutants but they’re overwhelmed with moving all the extra clorox pollutants out of the body (see list of clorox pollutants). She says that white blood cells are also underfed (white blood cells need Vitamin C, selenium and germanium—preferably in food sources).

Even if there were a safe form of chlorine (which there is not), many people assume that clorox laundry bleach is safe to ingest.

[Parcells] Parcells Oxygen Soak

Surprisingly, several nutritionists in the country are advising people to add clorox to one gallon of water for a fruit and vegetable soak—a practice they learned from a naturopath named Hazel Parcells. Hazel started this trend in the 1950s to eliminate fungi, bacteria and other foreign materials. Working at Sierra States University in California, Parcells
called her soak, “The Parcells Oxygen Soak” claiming that the sodium hypochlorite in clorox worked as an oxygenator. She registered it with the Smithsonian Institute under “Simplified Kitchen Chemistry” and her soak was adopted by the health departments of governments all over the world!

[Clark] Supermarket Bleach Has Changed

Hulda Clark says, “The new bleaches arriving in supermarkets in the last few decades have changed […].” She says laundry bleaches have a huge assortment of dyes, and the heavy metals include:

- Barium
- Lead
- Lanthanum
- Nickel
- Cadmium
- Chromium
- Cobalt
- Ruthenium
- Yttrium

In the supermarket bleaches that Hulda has tested, she found over 20 heavy metals, azo dyes meant for cloth and paper, asbestos, PCBs, malonic acid, benzene, isopropyl alcohol, motor oil, wheel bearing grease and a high level of radioactivity. Alarmingly, the dyes that she found were banned in food over 50 years ago including:

- Fast Garnet
- Fast Green
- Fast Red
- Fast Red Violet
- Chromium
- Cobalt
- Ruthenium
- Yttrium
[Clark] Tumor Forming Process

The first hundred pages of Hulda’s book describes the tumor-forming process that helps readers understand her recommendations for preventing and curing cancer. Hulda says the process starts with three quiet tissue explosions that take place in the following organs:

- Hypothalamus
- Pituitary
- Pancreas

These tissue explosions cause organ-specific cells (hypothalamus, pituitary and pancreas) to circulate throughout the body in the blood, lymph and cerebrospinal fluid.

[Nylander] Metal in the Hypothalamus and Pituitary

Hulda’s detective work showing a deranged cell explosion in the hypothalamus and pituitary may be related to a Swedish scientific discovery that showed mercury accumulating in the pituitary glands of Swedish dentists at levels 800 times greater than controls (Nylander M, Mercury in pituitary glands of dentists, Lancet, 442, Feb 26, 1986).

[Cutler] Metal in the Hypothalamus and Pituitary

Many of the signs and symptoms on the 58-item checklist for mercury poisoning that Dr. Andrew Cutler created for his book Amalgam Illness, are functions of the hypothalamus. This hypothalamus-related group of signs and symptoms seems to
corroborate the findings in the Swedish study and Cutler’s hypothalamus-related symptoms may also be related to the “quiet tissue explosion” that Hulda describes in her book.

**Clark** Organ Cells Evade the Immune System and Fuse

Hulda goes on to explain that the cell explosions in the hypothalamus, pituitary and pancreas take place independent of each other. Although some of them get cleared by the body’s immune system, many renegade cells evade the immune system and begin to fuse into duplexes and then triplets in a specific hypothalamus-pituitary-pancreas order. Hulda calls the triplet the “tumor nucleus.”

**Clark** An Explosion at a Fourth Organ (That Varies)

A similar cell explosion in a fourth organ takes place and this organ makes sticky substances from threads called fibronectin, laminin and cadherin E. Hulda says that these ooze and form a trap for the tiny triplets circulating in the body. When this happens, a quadruplet is made and this becomes the site of the primary tumor. Hulda says that some laminin and fibronectin are normal but an excessive amount are due to parasites living nearby (fasciola and ascaris parasites). She says that the excessive glue may also be due to a mutation that is caused by the parasites that incease as the immune system is destroyed by clorox bleach.
Note: Hulda says that fibronectin, laminin and cadherin E can be digested by ordinary digestive enzymes produced by the stomach and pancreas.

**[Kelley]** Enzymes Are the Key to Kelley Therapy

Pancreatic enzymes are the key components of the Kelley cancer therapy that is based on the work of early twentieth century researcher John Beard (patients take approximately 80 to 100 pancreatic enzyme capsules per day over a two-year period).

John Beard was an embryologist at the University of Edinburgh who studied placentas. Beard noticed that as the placenta grows in the uterus, it invades like a tumor. He wondered what prevented a normal placenta from growing into a cancer and later discovered that the placenta stopped growing the day the fetal pancreas started working. Beard theorized that pancreatic enzymes could halt cancerous tumors. Kelley found Beard’s research, cured his pancreatic cancer with very large doses of pancreatic enzymes and later helped over 100,000 with cancer. Dr. Nicholas Gonzalez, MD, an immunologist based in New York City, has based his work on the research of John Beard and William Donald Kelley.

**[Clark]** Modern Complications

There are several new factors that explain why Hulda’s cancer-prevention and cancer curing program involves more than pancreatic enzymes (Note: Hulda does include enzymes
that can dissolve dead invaders). Complex new factors include nickel, radioactivity, parasites and bacteria at organ sites that eventually becomes cancerous. Here are some factors that may be related to the Beard/Kelley discoveries as well as some complicated new ones:

- Salmonella live in the pancreas preventing it from making several of the digestive enzymes necessary to digest food.

- Salmonella also live inside larger parasites that are protected by radioactive particles. Polonium particles protect the Fasciolopsis Buski parasite that Hulda says is part of the cancer complex (See: “Polonium Contaminated Water” and “Killing an F. Buski Parasite Stops a Malignancy”)

Note: White blood cells do not attack foreign entities that have polonium or a lanthanide element attached.

- Salmonella is in canned and cooked food, supplements and drugs. Although iodine kills salmonella it is not enough to eliminate them (Note: Hulda has introduced new methods of disinfecting food: freezing at -20 F or below for 24 hours, ultrasound waves produced in a jewelry cleaner tank filled with water and ozonation with an ozonating device).

- Salmonella has begun to substitute gold for other metals in its enzyme requirements. Gold is found in clorox bleach, commercial bread and honey. Organs that fill up with gold attract Salmonella as well as prions and a parasite called Macracanthorhynchus. This competition for gold among several parasites makes it difficult to remove.
Can Grasses Trap Parasites?

Dr. Ann Wigmore (1909 - 1994) promoted the consumption of raw wheatgrass and the idea that the enzymes found in wheatgrass could detoxify the body and help the body recover from cancer. In her book, Hulda mentions that roundworms such as ascaris, strongyloides and heartworms get tangled in in cats and puppies when they eat grass. Paul Carstens, who taught me how to grow wheatgrass, feels that intestinal tangling from wheatgrass helps to eliminate parasites in humans. Ann Wigmore ate only grass when she broke both of her legs and cured her gangrene at age eighteen. Although her books occasionally mention the benefits of eating grass, it’s possible that she emphasized wheatgrass juice over grass because it sounds a little crazy to tell people to eat grass (Paul Carstens told me it took him a month to make the decision to eat wheatgrass instead of wheatgrass juice).

Geiger Counter Breakthrough

Hulda has known that clorox water was an important link to cancer for many years but she was not sure which chemical in clorox was directly connected. The list of toxic chemicals in clorox is huge (dyes, heavy metals, petroleum chemicals) and Hulda says that the task of isolating the exact chemical seemed infinite. Hulda says she was 72 at the time she started a search for the chemical in clorox that causes cancer (she is now 80). A break came when a friend who she knew through an amateur radio group happened to hold an old military
Geiger counter up to the skin of his wife who was diagnosed with lung cancer. The level of radiation was significantly higher than “background” and he notified Hulda. She immediately bought a handheld Mueller Geiger counter and found similar higher-than-background levels in water, potting soil, drywall and many other common materials in the environment.

[Bachler] Geopathic Radiation

In the 1970s, Kathe Bachler, an Austrian researcher and author of *Earth Radiation*, noticed harmful radiation in the homes of people who were ill with cancer and used the expression “geopathic energy” to describe energy waves that come up from the earth. Hulda uses the word “geopathic” to refer to radiation that emanates from uranium and lanthanides that exist together in shallow phosphate rock beds. She explains that uranium breaks apart forming lighter and lighter elements leading to thorium (which she says is thought to heat our planet from within). The radioactive decay process leads to radon which bubbles up under houses and lakes. She says that we need to be careful to avoid radon because it breaks up into radioactive lead, bismuth, thorium and polonium. Hulda feels that polonium is involved in all cancers and explains that it is more harmful than the other radioactive daughter particles because it emits alpha radiation. She recommends using a Geiger counter to check the background radiation levels of living spaces to determine if the ground contains radioactive radiation.
Polonium Contaminated Water

Polonium is at the top of Hulda’s list of elements responsible for forming a tumor nucleus possibly because it is a dangerous alpha radiation particle capable of damaging chromosomes and causing mutations. Hulda did not find polonium until she started looking for radon daughter particles but then found polonium in tap water contaminated with clorox and most bottled water. The bottled waters that do not have polonium include:

- Crystal Geyser (not for long-term use; bottles contain plasticizers and a disinfectant)
- Acadia (kosher; HDPE bottle; Stop and Shop stores)
- Whistler (kosher; HDPE bottle; 7-Eleven stores)

Note: Hulda explains that kosher water sold in high-density polyethylene (HDPE) bottles is the safest option for bottled water. HDPE is a dense plastic that does not leak metals or plastic.

Bromine and Fluorine Attract Polonium

Hulda discovered that bromine and fluorine attract polonium and that polonium accumulates in the spleen in large deposits. She explains that we each have a reservoir of polonium in our spleens in the form of:

- Polonium-bromine
- Polonium-fluorosilicate
This finding may be related to the fact that the iodine doctors (Brownstein, Abraham and Flechas) have found it difficult to remove bromine in patients who are iodine deficient.

Bromine, fluorine, chlorine and iodine are all Halogens that have a similar atomic weight. Besides attracting polonium, bromine and fluorine also take up iodine receptors in the body and contribute to an iodine deficiency. Bromine also causes schizophrenia (“Transitory Schizophrenias Produced By Bromide Intoxication,” Dr. Max Levin, M.D., The American Journal of Psychiatry, 03:229-237, September 1946). Hulda says we must find unbromated and unfluoridated food and water. She may not know about:

- Bromated vegetable oils in Mountain Dew, Gatorade and AMP Energy Drink
- Bromated flour

Note: Details about bromine and fluorine may be found in my book, Iodine Remedies: Secrets From the Sea.

[Derry] Iodine Initiates Apoptosis

In his book, Iodine: How to Prevent and How to Survive Breast Cancer, Dr. David Derry theorizes that iodine initiates apoptosis or programmed cell death to eliminate malfunctioning cells including cancer cells. His theory is due to the following:

- The iodization of amino acids in the cell membranes of single-celled organisms denatures proteins causing shrinkage and cell death.
• The large supplies of iodine in areas of the body where there is high cell turnover. Examples include nasal passages and the lumen of the stomach.

Although Japanese researchers found that iodine suppresses tumor growth in experimental animals and demonstrated that seaweed, that is high in iodine, induces apoptosis in human breast cancer cells (Funahashi, H., Imaj, T., Tanaka, Y., et al, “Suppressive Effect of Iodine on DMBA-Induced Breast Tumor Growth in the Rat,” Journal of Surgical Oncology, 61:209-213, 1996, Funahashi), Hulda explains that parasites called oncoviruses slow down apoptosis in cancer cells which may explain why iodine is not enough to shrink tumors in the human body.

[Clark] SV40 Oncovirus Infects Pancreas Cells

Hulda’s study of cyst formation led to a study of pancreas cells that are found in tumors and not cysts. Hulda discovered that the process of cyst formation is very similar to tumor formation. Cells in the hypothalamus and pituitary break loose and float around the body. In tumor development these cells form duplexes (hypothalamus and pituitary cells that are fused) and finally triplexes (hypothalamus, pituitary and pancreas cells fused together) but in cysts, the pancreas cells are missing. All of the other elements are present (including fibronectin, fasciola and ascaris parasites) and a mass develops without the pancreas cells.
Hulda explains that the presence of the pancreas cells in the tumor nucleus makes a difference between forming a cyst or forming a tumor.

In cases where the triplets included a pancreas cell, Hulda found that the pancreas cells were infected with SV40 oncoviruses that arrive in the body of the pancreatic fluke and then escape to infect the pancreas. She explains that the pancreatic fluke’s oncoviruses bring immortality to cancer cells because the oncovirus slows apoptosis.

Several other important pieces of the cancer puzzle are related to this discovery:

- **Starved White Blood Cells** - Lymphocytes in the body that would ordinarily kill oncoviruses need chlorine-free and bacteria-free organic germanium (from a food source such as hydrangea root or Koren ginseng), organic selenium (from a food source such as Brazil nuts) and organic Vitamin C (from Rose Hips that contains rutin and hesperidin).

  Note: Hulda says that supplements from chlorine-free food sources are best. Second best options are laboratory-prepared supplements that are chlorine-free.

- **Oxidized Minerals Become Useless Metals** - Deficient lymphocytes can be the result of oxidation that occurs when chlorine and heavy metals (e.g. nickel and
mercury) turn organic germanium and selenium into plain germanium and plain selenium. As metals (and not organic minerals) germanium and selenium are no longer in a form that lymphocytes can use.

- **Gallic Acid Triggers SV40 Viruses**
  Gallic acid or propyl gallate is a phenolic substance that triggers the SV40 virus to leave the pancreatic fluke. Hulda says gallic acid also acts like an allergen to inflame the pancreas. Food allergens play a large role in tumor formation (See: “Allergens That Are Attracted to Eroding Organs”).

Note: Hulda has found pancreatic flukes in diabetics and she feels that they are responsible for diabetes.

**[Clark] Allergens That Are Attracted to Eroding Organs**
Gallic acid and two other allergens are attracted to the eroding organs involved in tumor formation (the organs include the hypothalamus, pituitary and pancreas):

<table>
<thead>
<tr>
<th>Organ</th>
<th>Allergen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hypothalamus</td>
<td>Chlorogenic Acid</td>
</tr>
<tr>
<td>Pituitary</td>
<td>Phloridzin</td>
</tr>
<tr>
<td>Pancreas</td>
<td>Gallic Acid</td>
</tr>
</tbody>
</table>
These allergens go straight to these organs when they are consumed. In healthy people, the allergens are detoxified and removed within 5 to 20 minutes. In cancer patients, the allergens pile up in the presence of three specific parasites:

<table>
<thead>
<tr>
<th>Organ</th>
<th>Parasite</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hypothalamus</td>
<td>Strongyloide Stercalis</td>
</tr>
<tr>
<td>Pituitary</td>
<td>Clonorchis (liver fluke)</td>
</tr>
<tr>
<td>Pancreas</td>
<td>Eurytrema Pancreaticum</td>
</tr>
<tr>
<td></td>
<td>(pancreatic fluke)</td>
</tr>
</tbody>
</table>

**Parasite Stories Are Rarely Reported**

Parasite stories are rarely reported because doctors are not trained to look for them.

Hulda says parasitism is increasing due to immune destroyers and her book provides information about herbs that everyone can use to kill stealth invaders.

- **It’s Not a Tumor - Doctors Find Worm In Woman’s Brain Instead** *(FoxNews, 11/20/08)*
  When a Phoenix-area woman named Rosemary Alvarez started experiencing numbness in her arm and blurred vision, she went to the emergency
room twice and had a cat scan, but everything came up clear. When her neurosurgeon, Dr. Peter Nakaji, took a closer look at an MRI, he noticed something deep in her brain stem. Nakaji and his colleagues took Alvarez into surgery expecting to remove a tumor but found a worm instead. The doctors removed the worm and Alvarez is now recovering and resuming normal activities after her experience (See: www.foxnews.com).

**Tale of the Tapeworm—Squeamish Readers Stop Here (NYT, 08/08/06)**

This story, written by Dr. Larry Zaroff, is about his medical partner’s wife Rita whose abdominal symptoms of cramps, distention and occasional diarrhea, increasing weakness, shortness of breath, lethargy and fatigue caused her husband to order blood work.

Rita’s test results showed extreme anemia and a microscopic exam of her red blood cells showed an enlargement usually resulting from B12 and folic acid deficiency usually associated with pernicious anemia. Rita had no neurological signs of pernicious anemia and her husband Bob and his colleagues were stumped. Bob consulted his friend Dr. Earl Lipman, an internist who had
studied Vitamin B12 as a resident at Mount Sinai Hospital in Manhattan. Dr. Lipman diagnosed Rita’s problem over the phone and told her husband that she had the symptoms of a fish tapeworm. After taking “powerful purging medicine,” Rita expelled a 3-foot tapeworm and her symptoms went away.

Dr. Zaroff says that illnesses involving worms are hard to diagnose. This is because laboratory tests are inadequate. Hulda’s sound resonance device is unusual and it has helped her to find parasites that usually go unnoticed.

Notes: Hulda has a note in her book that says she has discovered an essential oil treatment that kills tapeworms. The recipe is not in her new book because she wants to make sure it is safe for children.

The next two pages contain lists of common foods that contain allergens that Hulda has found concentrated around the three eroding organs involved in tumor formation. Hulda says that the parasites (listed on page 59) interfere with the removal of these allergens at these organs and until they are killed, the foods that contain these allergens should be avoided.
<table>
<thead>
<tr>
<th>Allergen</th>
<th>Foods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlorogenic Acid</td>
<td>• Potatoes (except sweet potatoes)</td>
</tr>
<tr>
<td></td>
<td>• Cow’s milk (the allergen is not in goat’s milk)</td>
</tr>
<tr>
<td></td>
<td>• Peppers (except jalapeno seeds)</td>
</tr>
<tr>
<td></td>
<td>• Unripe fruits of any kind</td>
</tr>
<tr>
<td></td>
<td>• Watermelon except grown in Mexico</td>
</tr>
<tr>
<td></td>
<td>• Coffee and regular tea</td>
</tr>
<tr>
<td>Phloridzin</td>
<td>• Apples except Red Delicious and Golden Delicious, both very ripe</td>
</tr>
<tr>
<td></td>
<td>• Pork, ham derivatives</td>
</tr>
<tr>
<td></td>
<td>• Soy products including oil</td>
</tr>
<tr>
<td></td>
<td>• Unripe foods of many kinds</td>
</tr>
<tr>
<td></td>
<td>• Bananas with a tinge of green at the end</td>
</tr>
<tr>
<td></td>
<td>• Raw cauliflower, kohlrabi and dark green zucchini</td>
</tr>
<tr>
<td></td>
<td>• Cashews</td>
</tr>
<tr>
<td></td>
<td>• Amaranth and millet, uncooked</td>
</tr>
</tbody>
</table>
### Allergen

<table>
<thead>
<tr>
<th>Allergen</th>
<th>Foods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gallic Acid</td>
<td>• Grains treated with antioxidant preservatives</td>
</tr>
<tr>
<td></td>
<td>• Oils treated with antioxidants</td>
</tr>
<tr>
<td></td>
<td>• Flour, enriched and bleached</td>
</tr>
<tr>
<td></td>
<td>• Chickens fed supplements</td>
</tr>
<tr>
<td></td>
<td>• Eggs from chickens fed supplements</td>
</tr>
<tr>
<td></td>
<td>• Cows milk and dairy products</td>
</tr>
<tr>
<td></td>
<td>• Most maple syrup</td>
</tr>
</tbody>
</table>

Notes: Hulda has found phloridzin accumulation in the pancreas of every diabetic suggesting that they have pancreatic flukes.

Immunocompromised readers should refer to Hulda’s detailed list of foods in a food table on page 97.

**[Clark] Removing Metal Kills Parasites**

At the beginning of this chapter, under the chapter title, I added one of Hulda’s most important quotes that says:
Each of us, whether sick or healthy, is full of heavy metals by the time we are old [...]. Illness, including cancer, is a metal disease.

On the subject of killing “invaders,” Hulda says:

We can destroy all invaders by taking away metals they need to survive. We do not need antibiotics to rid ourselves of them. Starving bacteria and viruses is faster than using medicines or herbs although they should not be condemned.

The quickest way to remove metals is through EDTA chelation therapy that Hulda mentions in her book. EDTA chelation therapy is approved by the Food and Drug Administration (FDA) as a treatment for lead poisoning and other metal poisoning. The American College of Advancement of Medicine (ACAM) offers training in this therapy and their Web site (www.acam.org) provides a directory of alternative medical doctors who offer this therapy.

Hulda explains that we accumulate metal from dentalware, cookware, plasticware used for food, eyeglass frames, wristwatches, water pipes and water. Much of the metal that is deposited in our bodies also originates from parasites. Metal avoidance, parasite killing and feeding our white blood cells is how we can remove metal without chelation.

[Clark] Killing F. Buski Parasites Stops a Malignancy

“Killing the Buski” is mentioned as the key to conquering cancer in Hulda’s earlier book called The Cure For All Cancers.
Killing the Buski is now more complicated because it requires an understanding of the sources of radioactivity that Hulda says protect Buskis in our bodies. For more details about radioactivity (specifically polonium), see “Assessing Your Water.”

One of the concepts in Hulda’s book that I found difficult to understand is the source of alkylating agents that attach to the Buski in the cancer complex. She describes these as onion-like and groups them in a onion-garlic and mustard food group that she says should be off-limits to all humans regardless of their health status. It is my understanding that this is because Buskis eat and produce onion, garlic and mustard alkylators and by consuming these foods, we risk accumulating an important element in what Hulda calls a “five-part cancer complex.” She writes:

\[
\text{Once the tumor nucleus fuses itself to one of your organs and the complete polonium-cerium-ferrocyanide-onion-garlic-mustard alkylator has attached itself to your tumor nucleus DNA, and fasciolopsis DNA, a cancer is attacking you.}
\]
Hulda explains that tumors also grow from radiation exposure and from the stimulation of extra DNA produced by neighboring clostridium bacteria that create DNA “flooding.”

In spite of the fact that killing the Buski is made more complicated by radioactivity (polonium protects Buskis), Hulda has developed very thorough forms of attack:

- **Original Parasite Killing program** (preceded by protective herbal teas that kill bacteria, prions and viruses that live inside Buskis). This program includes three important herbs including black walnut hull tincture, wormwood capsules and clove capsules. The best place to obtain these is through her son’s Web site (www.drclark.com). Directions for taking these herbs are provided in her book.

- **Apricot kernels** obtained from apricot pits (when they’re in season). Directions are provided in her book.

- **Starving Buskis** by not eating onions, garlic or mustard oils. Buskis use these foods to produce alkylating agents (and produce a mutant growth stimulating chemical called othrophophotryosine or OPT that Hulda has called a “cancer marker”). Hulda writes:

  \[ \text{F. Buski parasites and the radioactive polonium element} \\
  \text{plus cerium and the ferrocyanide pipe protector, and} \\
  \text{the onion-like alkylating agents combine to induce} \\
  \text{OPT, our main cancer marker.} \]
Hulda’s details about the polarity of cells, organs, amino acids and even water—are challenging to understand but the information holds one of the keys to understanding an allergy explosion in the body that Hulda says plays a part in tumor formation. Indirectly, Buskis are responsible for a reversal of polarity in body substances that turn them into allergens and make them useless in metabolic pathways. These same allergens also provoke inflammation by triggering the body’s prostaglandin cascade. Here is a summary of what happens:

• Buskis stream a bacteria called bacillus cereus that produce an amine called d-tyromine.

• d-tyromine turns nearby substances from an l-form (north polarized) to a d-form (south polarized) that the body cannot use.

• An inflammatory hormone called Prostaglandin E2 (PGE2) is produced.

• PGE2 inflammation causes adjacent cells to be infected with several different types of bacteria that cause symptoms such as pain, bloating, gas, sweats and diarrhea.

Note: Nickel deposits cause a similar shift in cell polarity that Hulda feels causes allergies. In several places in her book, Hulda refers to nickel and radioactivity as the true
cause of allergies. Radioactivity may be an indirect cause of allergy because it protects Buskis from our lymphocytes.

[Clark] Dr. Frank Jerome’s Buski Slide

In the Acknowledgments section in her book, Hulda mentions Dr. Frank Jerome D.D.S who helped her to understand that the Fasciolopsis Buski fluke is responsible for malignancy in cancer (he loaned her his parasite slide collection). Hulda’s readers will never eat pork after they read how Frank Jerome obtained a slide of an F. Buski. On the same day as his parasitology class, Jerome obtained a Buski from a local hog slaughtering facility. Hulda says pigs yield handfuls of Buskis and enough Ascaris worms to fill buckets. She says other animals yield a few flukes but not as many as pigs (or wild deer or a moose).

[Clark] Regaining Your Immunity

Hulda says that removing immune destroyers is more critical than boosting the immune system (Note: Although Hulda does not say what immune boosters she is referring to, she may mean nutrition). Although immune strengthening is important, if we are bombarded with invaders in the form of parasites and toxic chemicals, nutrition is not enough to keep us healthy. The first steps include:

- Assess your water
- Kill biological invaders
- Feed white blood cells
• Take digestive enzymes (before, during, after and between meals) to assist the pancreas and dissolve foreign material in the body.

[Clark] Assessing Your Water

Hulda knew that clorox was a water contaminant that caused cancer when she wrote her earlier books but she was not aware of the cancer complex starting with polonium—the radioactive daughter of radon. This section of Hulda’s book is even harder to sort out than the alkylating agents. First, let's look at two forms of chlorine that may be in our food and water:

• **Clorox (laundry bleach)** contains polonium and potassium ferrocyanide as well as 20 heavy metals, dissolved plastic and rubber, toxic azo dyes (that were banned in food 50 years ago), PCBs, malonic acid, benzene, isopropyl alcohol, wheel bearing grease, and motor oil.

• **National Sanitation Foundation (NSF) food-grade chlorine** contains a polonium-cerium complex that is followed by a slightly different iron cyanide than the one found in clorox bleach. NSF bleach contains potassium ferricyanide instead of potassium ferrocyanide found in clorox bleach.

Hulda explains that these two forms of chlorine are distinct in the following ways:
• Clorox Bleach is very polluted with dye, heavy metals, solvents and other toxics (in spite of these pollutants it has become a universal disinfectant worldwide).

• Clorox also contains the polonium-cerium-ferrocyanide complex (in a precise order) that Hulda says is artificially created during the manufacturing process and “spread over the entire world to add to safe, clean water.”

• The constituent chemicals in NSF bleach combine with parasites other than F. Buski to produce diseases other than cancer.

The subject of chlorine is made more complicated by the following:

• Carbon filters and water softeners are disinfected with clorox. The sticky wheel bearing grease in clorox helps to contaminate pipes by leaving a clorox residue on your pipes after a single pass through a contaminated water filter. Hulda says a hot-water flushing with 100 gallons of very hot water will clean off this residue on pipes.

• It is impossible to determine whether a municipal water treatment facility uses NSF or clorox or both. Hulda’s syncrometer is the only instrument that can pick up the constituent toxins that are found in clorox.

• If clorox is found in the water that is coming from municipal water and you have cancer, Hulda says to move.
If your municipal water contains NSF chlorine and your home has filters or softeners that are contaminated with clorox, Hulda provides step-by-step instructions on how to remove your filters, clean your pipes and install either a whole-house coconut shell filter that has not been disinfected with clorox (or a counter-top coconut shell filter).

The ideal living space is a home or apartment with PVC pipes and no filters or softeners ever installed in a location that supplies NSF treated water. Such a space can have coconut shell filters installed (in the kitchen and shower) that can filter out the polonium-cerium-ferri-cyanide complex that causes diseases other than cancer.

**Dr. Clark Resources**

The following Web organizations are sources for products that Hulda Clark has tested:

- Dr. Clark Research Association
  www.drclark.com (800-220-3741)

- Dr. Clark Store
  http://drclarkstore.com (1-866-372-5275)

- Dr. Clark Information Center (information only site)
  www.drclark.net (E-mail: info@drclark.net)