Path to Ascension
**Cover Photo:** I suggested a photo of planet Earth for the cover and the dowsed response was "Yes." When I searched for images of Earth on a white background, God chose a photo that is dark. We are in a dark place.
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Introduction

I'm now in my sixth iteration of writing about God's requirements for life in housing co-ops, and shared dining. It is my understanding that this version is for Realm 8 and above. As usual, attack energy is quite bad and it is difficult to write another version.

Earlier this week, my dowsed questions about my attackers revealed information about the number three, seven and the number forty-three that I'd like to mention here. A couple of months ago, I learned that there are three males who concentrate on harming me. One seems to be particularly obsessed.

Nicholas Roerich

Recently, while giving one of my talks, I remembered three dots Nicholas Roerich designed in a logo for the Roerich Peace Pact. The logo appears on a flag that hangs outside the Nicholas Roerich Museum at 319 West 107th Street in Manhattan. Three seems to be a theme that I've thought may be related to the configuration fo the Sirius star system that's shaped like an equilateral triangle. Roerich was a Russian painter who co-founded Agni Yoga with his wife in 1920 and also influenced the occult symbols on the one dollar bill. The pyramid with the eye originated with with Roosevelt's Cabinet Secretary Henry Wallace who was a very close of Roerich's.

Roerich's logo with three dots is a mystery. In 2011, I noticed three similar dots in the Spielberg-Abrams film *Super 8*. In April 2012, I wrote an article about Roerich and added still photos from *Super 8* to the bottom of the page, see: http://housing.x10host.com/roerich_wallace.html.

The location for the Roerich Museum was originally an apartment skyscraper hotel called the Master Apartments in Roerich's honor. A New York City Landmarks Preservation Commission Report on the FYI: Today is 3/28/17 and these numbers reduce to the number 12 (2 + 8=10 and 1+ 7=8 reduced and added together equals 9 and added to 3=12).
Master Apartments, written in 1989, says:

Roerich, who advanced the theosophist belief in ancient masters who could relay messages and wisdom to modern man, considered himself a master and advised his followers in that role.

Agni Yoga is considered a "New Religious Movement" that is included with more than 100 other "NRMs" on a list maintained by Wikipedia, see: https://en.wikipedia.org/wiki/List_of_new_religious_movements. Agni Yoga is based on teachings given to Roerich by "Master Morya," a "guru" of H. P. Blavatsky, a founder of the Theosophical Society (Master Morya and all of the "ascended masters" are/were aliens).

A note that Henry Wallace sent to Roerich on March 12, 1933, has been preserved and it mentions the numbers three, seven as well as a casket:

Dear Guru,

I have been thinking about you holding the casket -- the sacred and most precious casket. And I have thought of the New Country going forward to meet the seven stars under the sign of the three stars.

At the time I wrote about Roerich, the Wikipedia Web for Theosophy said theosophists, and related New Age groups, believe that the future will be ruled by three aliens: Moryra, Maetreya and an alien version of Christ (not Jesus of Nazareth). The Roerich Museum Web site Home page used to have artwork with the name "Morya," but the site has changed.

It takes quite a bit of reading, but the letter "M" also keeps coming up. Besides Morya and Maetreya, author Lee Carroll's Kryon books mention "Metatron," an angel who's also mentioned in the audio book version of a book called The Messengers: A True Story of Angelic Presence and the Return to the Age of Miracles (August 1, 1998) by G.W. Hardin and Julia Ingram. Strangely, Metatron is not mentioned in the print version. I bought the audio tape and played it while preparing to teach a kefir and kombucha class in Madison. When I heard "Metatron," I thought, "that's strange, Metatron is not in the paperback version that I read." I also realized that in all the years I attended Catholic school, I had never heard of "Metatron." I dismissed the whole subject, because who really is there to talk to about this?
Seven Secret Chiefs

A clue about the number seven exists in Robert Temple's book *The Sirius Mystery*. Temple decided to write his book when he heard about a West African Dogon tribe and their reputation as a race who remember (through their oral history) an association with aquatic space beings who landed near their tribe in Egypt thousands of years ago.

A friend of Temple's had given him a copy of a book called, *Conversations with Ogotemmeli*, published in 1947 and written by French anthropologists Marcel Griaule and Germaine Dieterlen. Griaule and Dieterlen studied the Dogon from 1931 to 1956 and spent a month interviewing the tribe's oral historian (a Dogon named Ogotemmeli). What intrigued Temple the most was the Dogon's advanced astronomical knowledge. The Dogon understand:

- The brightest star in the sky is Sirius (now called Sirius A by modern astronomers).
- Sirius has two companion stars -- Sirius B and Sirius C (modern astronomical names). Sirius B was accidentally discovered in 1862 with a telescope and Sirius C still exists as a mathematical model.
- Sirius B's orbit cycle takes 50 years

In describing the Dogon's oral history, he says seven refers to Sirian "chiefs." Aleister Crowley and other members of the Hermetic Order of the Golden Dawn communicated with "secret chiefs," Temple writes:

> It is also significant that the Dogon specifically say: "The period of orbiting of Digitaria (Sirius B) is about fifty years and corresponds with the first seven reigns of seven years each of the first seven chiefs...." And: "This rule was in operation for forty-nine years for the first seven chiefs who thus nourished the star and enabled the star to periodically renew the world."

Forty-Three

In *The Big Bang Theory* episode "The 43 Peculiarity" that aired November 15, 2012, Howard and Raj try to solve the mystery of Sheldon disappearing every afternoon to a room with a chalkboard that has the number 43 written on it. Recently, I realized that number seven, from the sum of 4 and 3, could have occult significance. I've been suspicious of Masonic
symbolism embedded in television ever since I noticed still photographs of Mary Tyler Moore admiring her letter M she hangs on her wall in her new apartment in an episode called "Mary Moves Out." The amount of time she lingers and admires the M seems odd. It's also odd that a YouTube record of this episode and a still photograph of Mary and her "M" have been preserved. Mary Tyler Moore's series ran seven seasons and won 29 Emmys, a record that stood for a quarter century until "Frasier" broke it in 2002. According to the TVserviesfinale.com Web site, *The Big Bang Theory* is currently in its tenth season on CBS and has been renewed for another two seasons. It looks like kissing up to the seven secret chiefs brings record-breaking success in the entertainment business.

I realized that there may be a tie-in to the Four Horsemen of the Apocalypse described in the last book of the New Testament of the *Bible*, called the Book of Revelation of Jesus Christ to John of Patmos, at 6:1-8. The Public Domain Review site has this to say about the four horsemen:

*The Lamb of God, or Lion of Judah, (Jesus Christ) opens the first four of the seven seals, which summons forth four beings that ride out on white, red, black, and pale horses. Although some interpretations differ, in most accounts, the four riders are seen as symbolizing Conquest, War, Famine, and Death, respectively.*

In some interpretations, the first horseman is called Pestilence, and is associated with infectious disease and plague. This is one of many examples of pieces that fit. I do think there is a Sirian hierarchy that is trying to kill all God-created natural life. I used to think Muggles were the targeted group (those who are asleep). However, recently, I believe "Muggle" refers to anyone who's been on Earth (including those who are awake) for more than ten years. The leaders (most likely the seven secret chiefs) are highly advanced. Young scientists in real life are referring to "genome compilers" that create synthetic biology (search for Anthony Evans' project on Kickstarter.com). They probably have nano assemblers that can create both organic and inorganic life forms. I believe they may have used nano assemblers to build ancient monuments like the Sphinx. Dowsing helps me to understand that biological nano assemblers have existed for 10 years. There's a scene in Luc Besson's film *The Fifth Element* (1997) where scientists rapidly assemble Lilu from an alien hand. This technology may now be real.

**FYI:** Actor Jim Parsons in a scene from *The Big Bang Theory* episode called "The 43 Peculiarity" — a story that revolves around a room with a chalkboard that has the number 43 written on it.
The research work I have been doing for more than three years indicates that artificial life forms are missing important metabolic systems. The two I have found are the Vitamin B12 metabolism and the Vitamin D metabolism. Scientific studies about Vitamin B12 say that the gene is "unidentified." Studies about the Vitamin D metabolism say the gene exists, but it is a variant (that does not work). Both of these metabolic systems are critical. The plot of the film *Blade Runner* revolves around replicant's genetic premature aging disorder that causes replicants' lives to be cut short. The replicants in the story search for Dr. Eldon Tyrell to try to force him to extend their lives. I think Earth "secret chiefs" are missing important components themselves. For example, a Vitamin B12 deficiency can cause psychotic behavior. It can also cause dementia and depression. There really is no other solution than to ask God for help in restoring (or converting) artificial life to a complete and healthy God-created version.

**Planet Earth II**

When the news broke in February 2017 about the discovery of a new dwarf star system— with "seven" planets (40 light years from Earth), I wondered if the system has been created with a nano assembler. Here's why: BBC America is re-running *Planet Earth II* that was filmed in 40 countries over a period of three years (supposedly). Go to Google and type, "Planet Earth II photo." This should bring up all kinds of "making of" pictures of the crew. I found two close-ups of men with cameras that were tightly cropped (check this out). Dowsing also helps me to understand that God did not create the animals selected to be filmed.

**Earth's Many Problems**

Aside from the deception, Earth is riddled with problems. The economy is ruined. Go to inflation calculator sites and you'll see a steep curve in graphs that depict inflation. In 1992, Danish scientist Niels Skakkebaek noticed a huge drop in human sperm count that French scientists say will go to zero in fifty to sixty years (see: "Silent Sperm," *The New Yorker*, Lawrence Wright, January 15, 1996 at http://www.converge.org.nz/pirm/ssperm.htm). I've explained this announcement in a script called *Billy and the Boys* at http://articles.x10.mx/script_billy_and_the_boys_anima-
Billy and the Boys are dogs who talk—it sounds silly, but I thought that chunking complex scientific information into conversation would make it easier to understand. Billy, Brennan and Buckley are Jessica Beals' and Justin Timberlake's Boxers (in real life). Jessica and Justin are not in the story. The Boxers' have owners and it's implied that they are present.

The Earth's natural systems are collapsing and the planet is much more vulnerable to a disastrous cascade than declining sperm count. Dowsing helps me to understand that natural system collapse will occur in less than 7 years. Bill Gates realizes there is a problem. He recently invested one billion dollars in a fund to solve climate change and has said that "we need an energy miracle." In December 2016, I wrote an article titled, "Get Behind Bill Gates Campaign: A Two-Part Strategy," that describes aspects of the problem, see: http://housing.x10host.com/get_behind_bill_gates_campaign_12_30_16.pdf.

God's Offer

It requires 4 years of Prayer to obtain the fifty percent God-created genetics that are needed for a soul. Candidates must also be 50% Service-to-Others (STO). He would prefer 70%, but He will accept 50%. At the present time, there are no STO beings in Realm 8 or 12. Realm 4 has 6% STO beings and Realm 1 has 3%. Besides Prayer (at Sun Events), dowsing the question, "Am I ok?" a minimum of 3 times each day is a daily routine that God expects. I've called this practice "Tutoring Sessions With God," and they are described at the end of my Muggle to Muggle Supplement at http://articles.x10.mx/muggle_supplement_02_16_14.pdf. The other requirement is work on projects that help restore Earth's natural systems. God could restore natural systems, but He wants those responsible to do the work. Work on projects will also help participants learn about Nature. I've created a 27-page PDF document that contains descriptions of project. Those who are moved to uppler Realms will need to work on more projects. Dowse a number. If necessary, suggest projects and ask for God's approval (dowse a Yes or a No response from Him). Those who do conscientious work will graduate to lower numbered realms (every 3 years). Those who ignore God's requirements may find themselves in upper numbered realms. Movement to upper numbered realms occurs after 3 strikes. It would be a good idea to dowse the question, "Do I have any strikes?"
times a day). If the response is a "Yes," ask if there is any volunteer work you can do to remove a strike. If the response is "Yes," dowse suggestions.

**Accelerated Learning in a Housing Co-Op**

Law students and medical students form study groups to accelerate the pace of what they learn. In academia this is called "shortening the learning curve" (see p. 81 in my Muggle to Muggle Supplement at http://articles.x10.mx/muggle_supplement_02_16_14.pdf. The isolated, solitary lifestyle that Sirians seem to be planning for everyone's future (e.g. adults in Life Alert commercials) slows the pace of development or learning. The collapse of brick and mortar retailers would also contribute to a slowdown in development. People can learn rapidly from other people because information is pooled—similar to what takes place in a study group. We're years behind in development because people are already living apart. God wants to reverse this with housing co-ops that include shared dining. Shared meals offer a unique opportunity for social exchanges that are beneficial.

A nutritionally correct (anti-aging) diet and natural remedies are also goals of a housing co-op. Diseases are caused by parasites created with synthetic biology. Man-made energy can also be used to kill parasites.

**Housing Co-Ops in the Realms**

The higher the realm number, the more affluent the population. For articles I wrote about housing co-ops for lower realms, I was directed to cover the topic of "finding a housing co-op" explaining how to dowse the questions, "should I start a co-op?" and "should I join an existing co-op?"-Because affluent people will not respond to the idea of a housing co-op, this document is designed to explain what to think and what to do if God places you on a property that has potential as a co-op (with 199 other people). There may still be a large amount of resistance because the anticipated attrition is 50%. It is my understanding that God intends to "drop" (or "land") groups of 200—one right after another. Earth realms are all identical except for the people (God must be able to do a "copy/paste"). The property I will be describing in this document is called the Bay Colony Club located in Fort Lauderdale, Florida. It is a two-story, 640-unit condominium development currently owned by Warren Buffet (since 2014). The
apartments are 2-bedroom units and the property, shaped like a hockey stick, has extensive boat berths along a very long dock. There are three medium-sized recreation center buildings on the property (with pools and tennis courts) and one open-air bar/counter (for parties) poolside at the property’s 4th recreation center along the intercoastal waterway.

**Fifty Percent of God's First "Drop" Will be Muggles Who Are Asleep**

In Realm 8, everyone has 3 clones. As a result, a group of 200 people is really only 50 people. Everyone in Realm 8 and above are also Sirian. Fifty percent of the Sirians are affluent and fifty percent will feel shocked to see their clones, but also nervous about sharing limited resources.

The Muggle group in the first drop are adopted by affluent Sirians who have larger financial resources. This is a model of what will occur in other future housing co-ops. Future adoptions will include groups of at least 12 people from Realm 4 (there is only one adoption group in Realm 8). At the point when sponsors adopt their second group, the Realm will be 4.

**Affluent Sirians are Needed as Co-Op Sponsors**

Sponsorship is a requirement for affluent Sirians. Depending on the amount of resources, God may expect some Sirians to sponsor more than one housing co-op. Cooperation with God's plans will mean a graduation to lower numbered realms—and a soul. Rejecting His Plans will result in a move to upper numbered realms. Twenty percent of those who He moved to Realm 8 will more upward more than once.

This next related thread is hard to explain and I will need to use two friends' names: John Peck and Robert Pierce. John and Robert both live in Madison, Wisconsin. Sirians cloned them (Sirians have cloned everyone) and each new clone became more reluctant to launch a personal Ascension Path. As a result, John and Robert will have clones (and a Prime) in Realms 1, 4, 8 and 12. Sirians who learn to be sponsors will need to dowse and ask the names of cities where their next housing co-ops will need to be located (fifty percent will be familiar with the cities where they will be sent). For example, John and Robert will both have Sirian sponsors who will find them and fund new housing co-ops in Madison, Wisconsin. John and Robert are both high-profile people in Madison and they are easy to find. God has a detailed
plan for everyone. You will need to dowsed to learn the location of a new co-op and dowsed the names of other people who He wants to join. John and Robert can each dowsed names. Members of the public who hear about their co-ops can also dowsed. I don't know if John and Robert will be in the same co-op—I don't think God has made that decision at the time I'm writing this. Recall (from the previous section) that each sponsor's second co-op will be in Realm 4. This means a graduation for a sponsor and clones in Realm 8 (which is also not yet a decision God has made). I am able to dowsed that they will know about 30% of the people in their co-op. Note: The Discussion Map section of http://articles.x10.mx has content for Wisconsin.

**Living Outside for Six Months**

Apartments in the co-op will have furniture and possessions that will need to be cataloged and moved (to other apts. on the property). God plans to drop two 200-person groups at Bay Colony Club and He has plans for 336 apartments (of the 640 total). Eighty four apartments are needed for each 200-person co-op in Realm 8. The extra apartments to be cleared represent those used at graduation (apartments with fewer people in each apartment). For the past several weeks, I have been dowsing God's plans to speed this part of the project—as much as possible.

**Life Inside God's Housing Co-Ops Includes Chefs Who Prepare Food**

It is clear that there is a well-orchestrated extermination agenda created by those who want to destroy God-created life. Very few people eat nutritionally correct meals. Shared meals will require the expertise of chefs. Shared dining areas will have seating for 24 (chefs dine with residents). For social exchanges to occur, residents' focus cannot be on food preparation. Each dining area will be managed by 2 chefs who will need a salary and an apartment. This document (and PDF documents that will be available on the Web) contain extensive details about equipment and food purchases. At startup, there is a plan for a caterer (to supplement some of the chefs' meal preparation) for a few weeks. Chefs will "ramp up" as they learn to use existing kitchens. A rhythm will also need to be learned that involves food suppliers.
**Path to Ascension**

**Transportation Around (and Outside of) God's Housing Co-Op**

The perimeter of the Bay Colony Club property requires a 30 minute walk. Even though the weather is mild, this distance is too far to walk. The solution is to purchase, or lease passenger school buses (or equivalent). One bus can drive the property — stopping at planned bus stops, or for residents who hail. Beds (lounge chairs and cots for 400) are a limiting factor and two sleeping shifts will be required at the end of the property (near the intercoastal) for a quiet area. As a result, the bus will need to drive the perimeter 24 X 7. Residents can decide if they want to sleep at night or during the day, and cots (with storage at the foot of the cot/lounge chair) will be assigned. When the apartments are ready, God will assign locations as well as bedrooms, and even beds. He will also assign daily tasks and work on projects. White boards (with magnetic strips) will be used to post these assignments.

**Fifty Percent of Earth's Population (in Realm 8) are Cyborg**

One of the biggest reasons why Sirians resist God's plan is due to slavery. God considers cyborgs to be advanced life forms who need to be on an Ascension Path. One of the biggest issues that has yet to be solved involves Sirians' cyborgs' and Muggle roles at the end of three years. Sirians have relied on cyborgs for skilled and non-skilled labor for many years and Muggles have been unemployed for 10-15 years. At the end of three years, cyborgs will have the most skills (they speak 130 languages) and the most physical endurance (3 times the average Sirian or Muggle). Dowsing helps me to understand that all three groups are vulnerable to Earth's parasite infestation (that will be eradicated with herbs and Rife devices). The field of radioseptics is an important area for scientists who will be needed to eliminate parasites in soil, plants, animals and people. Dr. Hulda Clark, a group in Iran and a group in Canada have proven that parasites can be killed with sound energy.

**Realm 8 Will Not Have Some Forms of Manufacturing**

Clothing manufacturing will be absent from most realms due to the need to eliminate slavery. In addition, Realm 8 will not have highly respected tractor manufacturers that are needed for agricultural projects. The solution is to proceed with plans the same project plans that have been adapted for Mennonite specialists who have knowledge of modern tillage equipment.

FYI: Perrier, a single serve Haagen Dazs vanilla ice cream and apple cider vinegar approximates a "cream soda" that originated in NYC and "Switchel," a drink that originated in Vermont.

The recipe for Switchel, that Vermonters claim is more than two-hundred years old, can include a very old remedy called Lugol's iodine solution for people with health problems:

- Glass of water
- Two teaspoons of apple cider vinegar
- Two teaspoons of honey
- 2 drops of Lugol's

Recipe for the BCC Co-Op:

- One bottle of plain Perrier
- One single serve Haagen Dazs Vanilla Ice Cream.
- 6 teaspoons of apple cider vinegar (or 2 tablespoons)

Note: DollarTree sells the 16 ounce cup in the photo. Publix also sells an 18 ounce cup that can be used for this drink.
drawn by teams of horses. Sixty percent of the 200-person Group 2 in Realm 8 will be Sirian Mennonites. Mennonites will find the agricultural projects simple to implement. Their challenge will be God's requirement that they explain the project to Group 1 who have no agricultural background or experience. Mennonites will most likely succeed and graduate to realms where their experience will be needed. The other members of the group will need to somehow develop an interest in Nature to succeed. This may be difficult because Sirian genetics have been the most manipulated. The result is most likely "programming" to ignore God's Creation.

**All Cyborgs Will be Moved to Lower Realms in Year Three**

When I thought about manufactures who resist God's plan for cyborg Ascension Paths, I asked if all cyborgs would have a chance for an Ascension. The response was "Yes." Cyborgs will be gradually converted to a natural form over the next 20 years.

**Owners & Government Decision Makers Will be in Realm 15 & Above**

In Realms below 15, cyborgs will be able to keep 40% of businesses functioning. Government offices and most schools will close. Sheriffs' Departments will provide law enforcement in realms 8 through 15 (in a peace keeping role). God's movement of population to upper numbered realms and dowsing will replace much of the need for law enforcement.

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**FYI:** Susan Alexander, whose dairy-farming in-laws introduced her to Switchel, has founded The Vermont Switchel Company to reintroduce the drink. In 1958, a Vermont ear, nose and throat doctor named DeForest Clinton Jarvis (1881-1966) wrote *Folk Medicine: A Vermont Doctor's Guide to Good Health* that remained on the *The New York Times* bestseller list for two years. Jarvis explains that he learned remedies from Vermont dairy farmers who rely on apple cider vinegar for energy. In the years that he practiced medicine in Vermont, Jarvis said it was not unusual to meet septuagenarians (a person 70 to 79 years old) who drank a vinegar drink called Switchel for energy after work on the farm.
FYI: Placeholder text here to show the approximate size and position of type.
This chapter is intended to answer questions about sponsoring a housing co-op that God has designed. If God accepts you as a sponsor, there is an implied commitment on His part that you qualify for a Realm that needs a sponsor. Dowsing will be required for sponsor candidates to understand what level of sponsorship God will need for their commitment.

**Should You Join (or Form) a Housing Co-Op?**

Some people will need to join a housing co-op out of necessity because they're part of a group that is on the brink of being phased out by Sirians and their technology. Affluent Sirians who are convinced that they are part of the Sirian future (they may not be) may be wondering if they should either join, or form a housing co-op. When I dowse the question, "Is membership in a housing co-op a requirement for an Ascension Path?" The response is "Yes." When I dowse the question, "Do housing co-op members need to give up their business?" The response is "No." All businesses need to be approved. Everyone needs to dowse and ask, "Is my business ok?" Or, "Is my occupation ok?" If the response is "No," you should not assume that you need to close your business (or quit your occupation). The next question should be, "Can my business (or occupation) be modified?" Dowsing helps me to understand that 50% of the time, a business or occupation that is not approved—can be modified. God wants businesses and occupations that help rather than harm.

**Forming a Housing Co-Op (Sponsorship)**

Forming a housing co-op is harder than joining one. There is an investment required. God is fair, but not vindictive. He will not want wealthy Sirians to spend all of what they have. He does need those who have accumulated vast wealth—to help. Housing co-op sponsorship is expensive, but only because Sirians have ruined the economy.
Path to Ascension

There was relatively little inflation before 1913. Inflation calculators on the Web begin in that year, see: http://www.usinflationcalculator.com. An article on the U.S. Inflation Calculator site says a government report on February 15, 2017 shows a U.S. inflation increase in January 2017 as highest in almost five years. The rate of inflation since 1913 is 2352.9%. Most of that increase has been since 1940. Experts who follow inflation create graphs with steep inclines—a trend that is not expected to change. Soon, it will become impossible, for everyone except the Sirian elite, to cover the basic necessities of life.

God wants businesses to change prices and fees back to what they were in 1950.

Sponsorship is for those who understand that a large segment of the population is being edged off a cliff—and that it is wrong. Labor is also now a fixed cost due to slavery—and this is also wrong. The only people who will feel comfortable with sponsorship are those who feel that a change in direction is necessary. Sirians are descending. To move in an completely opposite direction will take courage. Dowse any questions that you have.

Sponsorship Requires a Minimum of Two Investors

More than two investors can form a housing co-op, but two is the minimum. Both sponsors need to be approved through dowsing. You can also dowse to determine an approximate amount of the investment. Startup costs cover modest necessities. The menu emphasizes eggs and dairy ingredients. These foods used to be considered inexpensive. At present, the only inexpensive foods are processed items that have no nutritional value. If you do not yet appreciate or understand the value of nutrition or, if you approve of synthetic biology, you will be uncomfortable as a sponsor. Sponsors need to be convinced that God-created life is superior to artificial life.

How Long Does Housing Co-Op Living Last?

For the purposes of this manual (or book), housing co-ops last until graduation from Realm 8 that takes 6 years (3 years to Realm 4, and then another 3 years to Realm 1). Although housing co-ops can exist above Realm 8, there is very little quality food available. In Realm 1, graduates will feel connected to other forms of God-created life and they may want to live in a housing co-op. Everyone's individual path will need to be dowsed.
The Need to Accumulate Wealth Contains Traces of Elitism

Dowse and ask God if He think you consider yourself an elite. Also ask, "Is it ok to feel elite?" When I dowse this question, the response is "No." The existing elite need to work to make the world a better place for everyone.

In a housing co-op, the residents start out with basic necessities. If someone in the group wants to add to these necessities, permission will be needed to obtain the item for everyone. It's rude to exclude others.

F.Y.I: (Best Buy) Asus - Q304UA 2-in-1 13.3" Touch-Screen Laptop - Intel Core i5 - 6GB Memory - 1TB Hard Drive - Sandblasted aluminum silver with chrome hinge.

Notebook computers will be distributed at the same time as cell phones (Flip Phone). This will provide an ability to sign up for an e-mail account at Yahoo or Google.

Forty copies of David Pogue's Windows 10: The Missing Manual are listed with the library books.

Forty percent of the BCC Realm 12 landing group will have zero computer skills, 20% percent are e-mail capable and only 3 are advanced computer users. A novice PC Users Group will be needed led by the e-mail capable.

Device independent WiFi is planned (that will allow TV viewing on a notebook) with headphones that plug into the computer. This will require a comfort level with the notebook computer.

Everyone needs to dowse whether they need to attend a Novice PC Users Group (God assigns every task). Do not impose on the three people with advanced skills. Only ask them questions that you cannot understand after thorough research.
FYI: David Pogue's *Windows 10: The Missing Manual* will be required reading for all computer novices. Obtain a spiral notebook from the lending library and take detailed notes. Here are some introductory tasks that are valuable:

- Set up an e-mail account and practice sending messages
- Explore the Windows Calendar (it probably can accept notes e.g. your task assignments)
- Explore the free WordPad software that comes with Windows. This is a simple word processor. Practice saving files and then re-opening them (during another session).
- When you are comfortable with the computer, download the OpenOffice suite. Look for the free manuals online and learn these programs.
- Each shared dining area needs a Weebly Web site. This free tool is amazing. You will need to be comfortable with the PC.

Challenge yourself.
Starting Over

Those who land in a housing co-op will be starting over. Some members will have an address in the co-op, but their things will need to be packed and stored. The experience will cause you to detach from your material possessions and start over.

Searching for Creative Solutions to Take Care of Hundreds of People

I'm struggling as I'm writing this because has increased the landing party to 600 people. It was 200, then 400 and now it's 600. So far, it's still Realm 8 which means there's quality food available. There is still a plan for a team of 2 chefs for every 20 people and the plan for an emphasis on eggs and dairy remains the same. However, there may be a need for contingency planning.

There's a new plan in place since I first wrote this section. We're back to 200 and this group will be 100% Cyborg. There's still a need for a plan to take care of a large group. The remaining 400 will be going to Realm 12—for 9 months (or longer). Sirians in the group will need to explain the truth about Earth's history to Muggles who are asleep, and everyone in the group will need to think carefully about why they missed an opportunity to go to Realm 4 and Realm 8. I've dowsed that I have 7 days to finish this document (for the 400).

Realm 12: Landing Party of 400 (No Cyborg Slaves)

Realm 12 is the last chance for the group who failed to make it to Realm 4 and Realm 8. You'll me tempted to purchase more Cyborg slaves in Realm 12. If you do, there will be no chance of graduating to lower numbered realms. The objective in this realm is to learn how to become self-reliant, nicer people.

FYI: Harper convertible hand trucks fold down and become a dolly. They are designed to handle 400 lbs and they are made of nylon.

(Walmart) Adjustable Bungee Cord, Hook, 40"L
The new plan has been revised in several ways. Originally, there were 2 salaried chefs for each group of 20 people (for a landing group of 200). Twenty chefs were planned (for 10 dining areas). The landing group then doubled, doubling the number of chefs to forty (requiring 20 dining areas). Now, the landing group is still 400 (it supposed to be 750—but God is not increasing clones to 7 per person). God is removing Cyborg slaves and requiring those in the landing party to manage their housing co-op themselves.

God will be assigning roles and tasks (see Chapter 8). Most people in the landing party will need to develop new skills to create and manage a housing co-op. Those who succeed will be moved to Realm 8 in 3 years.

There are only a small handful of people in the landing party in Realm 12 who have skills. For example, there will be one chef (who will need a salary) and three Mennonites who have woodworking skills. The chef will need to supervise a large group of God-appointed assistants (sous chefs) who will be responsible for 10 shared dining areas (4 for each dining area). God will assign one dining area manager in each of these 4-person teams.

For the first three months, 36 apartments will be available for the following functions:

- 10 shared dining
- 16 wash activity
- 10 storage

Additional apartment space for food preparation will be available at the newest Port Royale building at the edge of the property. The kitchens in the Port Royale building will provide extra refrigeration. This is only practical when transportation is available to move food from the Port Royale building to the apartments used for shared dining. Until this transportation is provided, the only practical foods include:

- Cliff Bars (as well as Kind and Nature’s Bakery bars) and bottled water
- Peanut Butter and Crackers and bottled water
- Peanut Butter Balls (rolled in shredded coconut)
- Coffee with Half and Half (Half and Half would need to fit in the refrigerator in the shared dining apt).

**FYI:** Peanut Butter Balls (1.5 inch on a 6 inch bread and butter plate).

The lower image is out-of-proportion because it's a 9-in pyrex pie plate that I used to roll the peanut butter balls.
Large toaster ovens are planned for the shared dining area. Refrigeration and freezer space is the limiting factor. If the sous chefs are willing to use Mac Sports Wagons (inside the Port Royale building) to collect foods from Port Royale refrigerators and then use a rented van—to move food to all of the shared dining apartments (until electric vehicles are purchased—approximately 20 days) then other foods can be added including:

- Ricotta Toast (Ricotta cheese and Pearls Olives to Go)
- Pizzas
- English Muffins with cream cheese (Food For Life)
- Grilled cheese (Publix brand, hormone-free cheese)
- Yogurt (Fage or Noosa)
- Vanilla ice cream (or cream sodas)
- Cheesecake (from Cheesecake.com purchased frozen)
- Cottage Cheese and Crackers
- Egg salad with toast (made up and stored in half gallon Mason jars)

**Need for Advance Preparation and Baby Steps**

When landing takes place, 400 people will need a place to sit down. If sponsors know they are going to Realm 12, they should order tailgate chairs (and all of the required products) ahead of time and store them in a storage or self-storage facility. Although some products can be purchased at local stores, there will be a need for sizable quantities. For example a Texas-based sports company called Academy Sports + Outdoors sells a tailgate chair for $5.49. If 400 of these lightweight folding chairs are needed as soon as possible, it makes sense to order them ahead of time in a storage facility, rent a truck and pick them up. Academy also sells an oversized chair for $14.99 (dowsing helps me to understand that 10% of the landing party will need this larger chair). I will create a list of essentials to be ordered ahead of time in this chapter.

**36 Apartments**

The 36 apartments that will be used for shared dining, wash (as well as activities) and storage need to be set up as soon as possible. Those who are awake will also need to:

- Create a detailed map of the location of the 36 apartments and dowse the apartment function.
Path to Ascension

**FYI:** The Carryall 710 LSV from Jeffrey Allen Inc. in Davie, Florida, does everything a full-size pickup can do – and more. It has nearly 6-foot long cargo bed and 1,250-pound total vehicle capacity, yet has the ability to maneuver into tight spaces where larger vehicles just can’t travel.

It’s a truck without the price, thanks to an environmentally-friendly, zero-emissions, all-electric powertrain that is economical to operate while delivering 21 peak horsepower and a top speed of 25 mph – and an on-board charger that equips you with the power to tackle almost any job.

Jeffrey Allen, Inc.
Club Car Dealer (electric utility vehicle)
2701 Reese Road,
Davie, Florida 33314
P: 954-485-6175

- Dowse which apartment is your shared dining and wash/activity apt.
- Dowse whether you are a sous-chef or dining area manager in your shared dining apt. If the response is "Yes" to this question, you will need to help set up the apartment. The next chapter contains details that describe how to arrange tables and appliances. Sous chefs will also need access to the apartments in Port Royale's newest building (for refrigeration space) as well as transportation to move food from Port Royale to each of the shared dining apartments. It will take about 3 weeks to obtain electric vehicles for this function. Ten rented vans will be necessary for this early period.

**Need for Frozen Food**

Foods such as pizza, Food for Life English Muffins, loaves of Food for Life Sprouted Grain Bread, Haagen Dazs single serve Vanilla Ice Cream and 9-inch New York cheesecakes from cheesecake.com need to be purchased and stored in sponsor freezers ahead of time. This will reduce the hassle of driving to local stores.

**Need for a Map**

At landing, there will be a need for a detailed map of bathroom locations for the 50% who are not familiar with the property. There will not be enough time to prepare this map after landing due to the addition of 36 apartments. Someone who is awake needs to work on a map that can be photocopied and distributed with personal essentials. Those who are reading this need to dowse and ask if you are the person who is assigned this task.

**Advance Preparations (or List to Dowse ASAP, see next page)**

To relieve some of the stress involved in planning for an arrival of 400, the following advance preparations will be needed. Purchases can be delivered/stored in any storage facility. In Realm 12, this list, organized by project, can be a dowsed—to ask God whether you are the sponsor of a project. Dowse this entire section. If you get a "Yes" response, record the information and order the product(s). Do not stop, continue to dowse.
Colors to Help Move Products Off First 12 Trucks

Twelve trucks will be needed to transfer products from storage to BCC in the first few hours after landing (look for headlines in **Red** for tasks such as truck rental). (dowse if your purchase will be on one of the trucks). If "Yes," dowse one of the following colors:

- Cyan
- Lime
- Blue
- Bright Pink
- Burgundy
- Orange
- Brown
- Gold
- Coral
- Purple
- Dark Green
- Olive Green

The map creator will need to dowse apt. locations for each of the colors (from the 35) and create a legend for the 50% of the group who are not familiar with the property. As the trucks arrive, have 8.5 in X 11 in printouts of the color to tape on the truck and direct the drivers to the correct apartment. The 50% who are reading this will need to dowse which apt. will need your help. The contents of each of the trucks will need to be unloaded into the empty apts.

Setting Up Central Processing to Handle Other Truck Deliveries

Other truck deliveries will need to be initiated by the general manager who needs to dowse the sections in this chapter. One of the newly cleared apartments (contents packed up by professional movers and added to another dowsed apartment) will need to be set up for a "central processing" team (assistant managers) who can dispatch assembly/installers to assemble products (e.g. Plano shelves, utility carts, tables, chairs, etc.). The central processing apartment needs Harper hand trucks (that can be used as dollies). Those who take boxes to apartments will need to take large garbage bags for discarded packaging.

Those who have been assigned a role as assembler/installer are apprentice level (Mennonites have advanced skills). When items arrive, dowse the question, "Apprentice?" or "Advanced?" If both groups are present, the advanced assembler/installer may be able to use the opportunity to give a lesson. After a lesson, apprentice level people need to dowse whether they need additional lessons. At some point, the apprentice level people will be able to install/assemble products themselves. Apprentice level people need the small notebook/pen or larger 70-page spiral notebooks (with the lending library product) to take notes (e.g when a Mennonite refers to an unfamiliar tool).

For large items such as bunk beds (94 lbs), movers will need to be retained. to move beds to directly to apartments where they will need to be assembled, see: http://housing.x10host.com/two_bedroom_realm_8.pdf
Under the canopy:

(eBay.com) Intex Inflatable Stars Kiddie 2 Ring Circles Swimming Pool (48’ X 10’) [Assorted], $12.78 ea. X 20 = $255.60

(Walmart) Intex Quick Fill AC Electric Pump For Inflatables, $12.85 ea. X 6 = $ 77.10

(Walmart) Advanced Graphics Dr. Who 3D Tardis Cardboard Standup, (L x W x H) 46.00 x 46.00 x 89.00 Inches, $39.95 X 40 = $1,598

(Walmart) 175 Pcs 4mmx-250mm Plastic Power Cable Wire Cord Zip Ties Straps Black (9.8 inches), $14.04 ea.

**Past Due Bills with Interest (as per dowsed factor)**
Sal Genco, Buckeye Self Storage, 4175 County Road AB, Madison, WI 53718 ($90/month for 3 years) X 10 = $10,800
Quinn Whipple, QWK.net, Statement 611057-13, godsebook, Bal. ($258) X 20 = $5,160

**Binders for Prayers Project**
(webofficemart.com) Business Source Round Ring View Binder 1” Binder Capacity - Letter - 8 1/2” x 11” Sheet Size, white, $1.32 X 620 = $316.80
(webofficemart.com) Avery Sheet Protector For Letter (Prayers) 8.50” x 11” Sheet - Clear - Polypropylene - 30 / Pack, $5.53 ea. X 620 = $3428.60
(Photocopies) Photocopies of sunrise/sunset calendars for 3 months starting April 2017, location: Fort Lauderdale, Florida (420 copied sets, see: http://sunrisesunset.com).

**Salary**
Dowse a weekly salary for the following people:
Chef

**Lawn Care**
Dowse an acceptable contractor who is willing to use Neem instead of chemical pesticides.

**Waste Management Contract**
Dowse an acceptable contractor.

**Other Operating Expenses**
Dowse methods for paying additional operating expenses.

**Landing Essentials**
(Office Depot) Baumgartens Clip-Style Name Badge Kit, 4” x 3”, Clear, Box, 50, Item # 555167, $36.79 X 5 = $ 183.95
(eBay.com) Sandusky FSC4021 Folding Shopping Cart, 110 lbs Capacity, for taking personal items to the shower, $29.70 ea. X 200 = $5940

**Food to Source Locally or Online**
Spring Water (Just Water or Crystal Geyser)
(Publix) Fresh Thyme, organic
(Publix) Butter, Unsalted
(Ankoracoffee.com) Organic Coffee
(Walmart or Publix) Half and Half
Walmart’s Great Value Natural No-Stir Crunchy Peanut Butter
Walmart’s Great Value Organic Shredded Unsweetened Coconut
(Publix or Walmart) Peter Pan Crunchy Peanut Butter, 16.3 oz
(Publix) Aak Mok crackers
(Walmart or Publix) Galbani Ricotta Cheese
(Walmart or Publix) Poly O Ricotta Cheese
(Target) Pearls Kalamata Olives to Go 4 ct
(Foodservicedirect.com) Amy’s Cheese Pizza - 13 oz box
(cheesecake.com) New York Cheesecake (9 inch)
(Publix) Fage Whole Milk Yogurt, 7 oz size
(Foodservicedirect.com) Noosa Plain Yogurt, 8 oz
(Walmart) Noosa Blueberry Finest Yoghurt, 4 oz, 4 pack, $4.47
(Public) Perrier, 11.5 oz bottles
Walmart’s Great Value Organic Apple Cider Vinegar, 32 oz
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(Publix) Single serve Haagen Dazs Vanilla Ice Cream
(Walmart Neighborhood Market) Cliff Energy Bars
(Walmart Neighborhood Market)Kind Energy Bars
(Walmart Neighborhood Market)Kashi Energy Bars
(Walmart Neighborhood Market) Nature’s Bakery Fig Bars
(Publix) Food for Life Sprouted Grain Bread
(Publix) Food for Life English Muffins
Publix Brand Extra Sharp Cheddar Cracker Cuts (snack or tiled to make open faced grilled cheese)
Crème De La Coulee Artisan Cheese Company http://club.cremedelacoulee.com

Cleaning Equipment and Supplies
(esafetysupplies.com) Radnor Yellow 12” Textured Palm Natural Latex Glove
(Lowes) DEWALT 18-Volt Nickel Cadmium (NiCd) 1/2-in Cordless Drill w Battery & Soft Case, $89 ea.
(Jakes-doghouse.com) Soggy Doggy and Cat Hand Mop, $5 ea.
(Image textile.com) 15X25 White Economy Hand Towel, $79 ea. (minimum order 60)
(Lowes.com) Quickie BULLDOZER 24-in Poly Fiber Soft Push Broom, $15.98 ea.
(Lowes.com) Quickie - Professional Plastic Handheld Dustpan, $6.98 ea.
(Walmart.com) United Solutions 2-Gallon Plastic Industrial Pail with Handle, White, $3.04 ea.
(Walmart.com) Quickie Professional Heavy-Duty Wet Mop, 24 oz, $16.08 ea.
(Jet.com) Comet Disinfectant Powder Cleaner With Bleach, Note: This product contains toxic chem-
icals and should not be used regularly, this cleaning project will require bleach, 21 Oz, $4.77 ea.
(Walmart.com) Knee Saver, 14” x 21”, Black, $24.99 ea.
(Tool authority.com) 3M 49711 N95 Particulate Respirator 8511, $1.48 ea.
(Webstaurantstore.com) Scrubble by ACS 37-20 20” Hair Blend Xtra-Heavy Burnishing Floor Pad
- Type 37 - 5/Case, $13.59/case. X 10 = $135.90

Management Office Furniture and Startup Equipment Project
Mennonite assembly instruction will be required in three planned sessions. Apprentice assembly/ installer group will need to dowse if the assembly is correct.
(Dickssportinggoods.com) Champion 4 Watt Megaphone, $39.99 X 4 = $159.96
(Amazon ) 3M Scotch Greener Masking Tape for Performance Painting, 0.94-Inch by 60.1-Yard,
1-Pack, $3.29 ea. X 12 = $39.48
(bizchair.com) Pro-Line II Prado 60” 4-Shelf Bookcase - Black [PRD3260-BLK-FS-OS], $136.99
each X 4 = $547.96
(Walmart) PANACEA PRODUCTS CORP 2-Pack White Extender S Hook, $4.51 ea. X 4 = $18.04
(Walmart) Excelvan 8” Silent Clock Wall Clock Non-ticking Mental HD Glass Sweep Movement,
$18.99 ea. X 3 = $56.97
(Walmart) Mainstays Brushed Nickel Stick Floor Lamp, CFL bulb incl, $26.44 ea. X 6 = $158.64
(display 2go.com) Metal Gridwall Fl Stand w/Wheels, Gondola Design/White, $98.21 ea. X 4 = $392.84
(specialty storeservices.com) Grid Basket - 12 In. W X 8 In. D X 12 In. L, Item#: 2230WG, White,
$6.99 ea., X 16 = $111.84
(specialty storeservices.com) Grid Basket - 24 In. W X 5 In. D X 10 In. L, Item#: 2103WG, White,
$8.99 ea. X 8 =$71.92

(Target) 6 ft. Tall Diamond Weave Fiber Room Divider 4 Panels - Oriental Furniture,
Color: Neutral, $129.99 ea. X 20 = $2599.80

(Walmart) Keter Brightwood Outdoor Plastic Deck Box,
All-Weather Resin Storage, 120 Gal, White, for storing bath mats $114.41 ea. X 40 = $4,576.40

(JCpenney.com) Royal Velvet® Luxury Egyptian Cotton Loops Tub Mat, color: antique linen,
21 Width/Inches, 34 Length/Inches, $10.99 ea. X 100 = $1099

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(Target) Kikkerland Step Stool Folding, White, inside the Tardis, $15.29 ea. X 20 = $305.80

(Schooloutfitters.com) Children's Factory, Rectangle Mirror (12" W x 48" L), for the canopies, $39.88 ea. X 20 = $797.60

(Target.com) 4-pk. 75-lb. Picture Hangers (for hanging boards and art work) - Chrome, $2.29 ea. X 4 = $9.16

(Movers to Clear Apartments)

Rent U-Haul or Budget Van and Truck Project (Red)
Joan Fahey may need to provide instruction on how to drive a Standard Shift. (see: U-Haul of Pompano Beach in this document) Rent U-Haul Trucks for 3 months, different sizes. Ten vans will be needed to transport food (one for each shared dining group).

Portable Seats, Tables and Lamps for 400 Project (Lime)
(Academy.com) 378 tailgate chairs: "Outdoors Logo Armchair," approved (dowsed) colors: black, red or orange, $5.49 X 378 = $2075.22.
(Walmart.com) Ozark Trail Oversized Mesh Lounge Camping Chair with Cup Holders, Colors: Lime Green and Red, $13.72, X 42 = $576.24
(Target) Adjustable Height Activity Table (aka Cosco Table), $14.99 X 420 = $6,295.80
(Hom Depot) Globe Electric Amris 1-Light 11 in. Plug-In White Hanging Pendant, $14.97 X 600=$8,982
(Hom Depot) Westinghouse, 2-1/2 in. Large White Swag Hooks (for Pendant Lights), $3.10 X 600=$1860
(Target.com) Adjustable 3-Bulb Floor Lamp - Threshold” (Lowest Adjusted Setting: 50”, Highest Adjusted Setting: 63.5”), $47.49 ea.

iBed in a Box for 400 Project (Brown)
(Amazon) iBed in a Box Hideaway Guest Bed, 32 x 74.5 x 13 in $105.08 X 420 = $44,133.60
(Amazon) Gilbin, Quilted Cot Size Mattress Pad, 30” x 74” $19.99 X 420 = $8395.80
Cotton/Poly Fitted Cot Sheet, White, $15.99 = $6715.80

Reusable Totes (Gold)
(4imprint.com) Item #131515, Heavy Duty Market Tote, Color: Lime Green, $1.99 ea. X 800 = $1592
(reuseit.com) reuseit EarthTote Reusable Bag, $6.97 ea. X 800 = $5576

Ulfon Office Monthly Planning Boards Project, Management Office
Mennonite assembly instruction will be required in three planned sessions. Apprentice assembly/installer group will need to dowse if the assembly is correct.
(ultoffice.com) Modular Planning Boards, set of 3, $329.00 (for June, July and August)
(ultoffice.com) Additional Modular Monthly Planning Board, $129.00 (for Sept. 2017 to May 2018)
(ultoffice.com) 1” x 2” Month Indicator Magnet Set, $8.95 ea.
(ultoffice.com) 1” x 1” Date Magnet Set (1-31), $12.50 ea.
(ultoffice.com) Whiteboard Markers, Broad-Tip (set of 4), Assorted, $8.95 ea. X 4 = $35.80
(ultoffice.com) Magnetic Eraser & 10 Replacement Felts, $16.95
(ultoffice.com) 1” x 3” Magnetic Cardholders (pack of 25), $18.95
(ultoffice.com) 1” x 3” Flexcards (pack of 1,000), White $28.95
(magnatag.com) Magnatag® 12” plastic-laminated Magnet Strips, Yellow, 6 packages, 3/8th in width, 12 in length, $40 ea. = $240
(magnatag.com) Damp Erase Pens (for writing on magnet strips), $18.03 (per pkg. of 6), 3 pkg. X 3=$54.09
(Target.com) 4-pk. 75-lb. Picture Hangers (for hanging boards and art work) - Chrome, $2.29 ea. X 4 = $9.16
Sterilite Totes for Storage at Foot of Lounge/Cots
(Walmart.com) Sterilite 18 Gallon Tote Box, Titanium, Case of 8, $38.97 ea. X 100 = $3897

Coolers to Move Refrigerated and Frozen Food
(Walmart.com) The Ozark Trail 36-Can Cooler with Removable Hardliner, $17.97 X 50 = $898.50
(Walmart.com) Coleman 28-Quart Xtreme 3 Cooler, preferred colors: orange and red, $19.92 X 50 = $996

Carts to Move Refrigerated and Frozen Food
(Walmart.com) The Ozark Trail Folding Wagon, $49.87 X 50 = $2,493.50
(Walmart.com) American Tourister Folding Luggage Cart, $19.73 X 50 = $986.50

Magnetic Whiteboards and Supplies, Residential Apts.
(Amazon.com) Quartet Prestige Total Erase Dry-Erase One-Month Calendar, 4 x 3 Feet, Graphite Frame (CP43), $249.38 ea. X 20 (2 per apt) = $4,987.60
(magnatag.com) Magnatag® 12” plastic-laminated Magnet Strips, Yellow, 6 packages, 3/8th in width, 12 in length, for task assignments inside the apt. $40 ea. X 20 = $800
(magnatag.com) Magnatag® 12” plastic-laminated Magnet Strips, Orange, 6 packages, 3/8th in width, 12 in length, for task assignments outside the apt. $40 ea. X 20 = $800
(magnatag.com) Magnatag® 12” plastic-laminated Magnet Strips, Green, 6 packages, 3/8th in width, 12 in length, for shower/bath locations, $40 ea. X 20 = $800
(magnatag.com) Damp Erase Pens (for writing on magnet strips), $18.03 (per pkg. of 6), 3 pkg. X 3 = $54.09
(ultoffice.com) Whiteboard Markers, Broad-Tip (set of 4), Assorted, $8.95 ea. X 4 = $35.80
(ultoffice.com) Magnetic Eraser & 10 Replacement Felts, $16.95
(Target.com) 4-pk. 75-lb. Picture Hangers (for hanging boards and art work) - Chrome, $2.29 ea. X 36 = $82.44

Bunk Beds, Extra Clothing Racks and Bedroom Accessories
(Walmart) Premium Bunk Beds, 79W x 42D x 68H in. $179.10 ea. X 300 = $53,730
(Walmart) Mainstays 6” Coil Mattress, Twin, $89 X 2 bunks = $178 X 300 = $53,400
(Target) ThresholdTM 300 Thread Count Ultra Soft Fitted Sheet, Twin, White, $12.59 (X 2 bunks = $25.18 X 300 = $7,554
(JCPenney.com) JCPenney Home™ Ultra Soft Micro Fleece Blanket, Twin, Color: Linen $16.99 X 600 = $10,194
(Productdisplaysolutions.com), Single Rail Black Beauty Clothing Rack, 48 in height X 60 in length, $29.75 X 1200 = $35,700
(Walmart) Mainstays Twill Brownstone Accent Pillow Color: Brownstone $4.88, 4 per bed, 620 X 4 = 2480 X $4.88 = $12,102.40
(Amazon) Misslo Hanging Bedside Storage Caddy for books, and shoes color = black, $13.45 X 620 = $8339 (Note: These attach to bunk bed rails for storing personal items, residents in the top bunks need to wear shoes to climb, then tuck their shoes in this caddy
(Amazon.com) Hearos Ultimate Softness Series Foam Earplugs, 20-Pair, $4.28 ea. X 2 = $8.56
(www.ntl.com) ABINGDON SOLID BIRCH WOOD LARGE STOOL, (White or Birch for an alarm clock next to the bottom bunk, 4 per apt), $129 ea. X 240 = $30,960
**Path to Ascension**

**Height Adjustable Folding Utility Tables (& Chairs), Shared Dining Areas**
(Walmart.com or Amazon.com) Lifetime 4’ Fold-In-Half Adjustable Table, White Granite
(height: 24 in, 29 in and 36 in), $41.39 X 130 = $5,380.70
(Specialtystoreservices.com) Square Back Stack Chairs, Black, Item#: 5942B, $135.99 ea. X 420 = $57,115.80

**Small Appliances For Shared Dining Areas**
(Walmart) Mr. Coffee 12-Cup Switch Coffee Maker, CG12, White, $16.88, 1 per apt., X 400 = $6752
(Walmart) Oster Designed for Life Convection Toaster Oven, Silver, $39.92 X 100 = $3992
(Walmart) KRUPS KH734D Breakfast Set 4-Slot Toaster, $49.88 X 100 = $4988
(Walmart) Fellowes Seven-Outlet Power Strip, 125V, 12ft Cord, Black/Silver, $17.52 ea. X 50 = $876

**Disposables for Shared Dining Areas**
(Kmart) Natural Brew Basket Coffee Filters, 200, $1.39 X 50 = $69.50
(Walmart) Diamond Daily Multi-Purpose 20 Snack Cups with Lids, $2.97 X 500 = $1485
(Walmart) Eco-products Wooden Stir Stick - 7” Length - Wood - 1000 / Pack (ntstc10c), $6.96 X 10 = $69.60
(Walmart) Great Value Sized-4-Spills Double Roll Paper Towels, White, 168 sheets, 12 rolls
(5th place winner consumer reports), $14.97 X 500 = $7485
(Walmart) White Cloud Ultra Soft & Thick Toilet Paper Rolls, 12 Ct, $6.27 X 500 = $3135
(DollarTree.com) The Home Store White Premium 2-Ply Paper Napkins, 50-ct. Packs, case of 36, $36 X 100 = $3600
(Webstaurantstore.com) Creative Converting 56000B 9 oz. White Poly Paper Hot / Cold Cup - 240/Case, $17.76
(Webstaurantstore.com) Choice 8 oz. Printed Coffee Cup Sleeve / Jacket / Clutch - 1200/Case
ITEM #: 500COLLAR8, $32/case (10+ price) X 10 = $320
(Webstaurantstore.com) Choice 8 oz. White Paper Frozen Yogurt Cup (for egg salad) - 1000/Case,
$44.30 (10 or more price) X 10 = $443.00
(Webofficemart.com) Paper Plates, 9” Diameter, White, 100/Pack, $1.93 X 60 = $115.80
(Webofficemart.com) Genuine Joe Heavyweight Plastic Forks 100 / Box - 4000 Piece(s),
$73.22 ea.
(Webofficemart.com) Genuine Joe Heavyweight Plastic Spoons 100/Box - Polystyrene - White,
$1.97 ea. X 48 = $94.56
(Webofficemart.com) Genuine Joe Heavyweight Plastic Knives 1 Piece(s) - 4000/Carton, $70.82 ea.
(uiline.com) Tork® Xpress® Tabletop Towel Dispenser - White (for shared dining, outdoor sinks & SIG apartments), $16 ea. X 40 = $640
(uiline.com) Tork® Xpress® Deluxe Interfolded Towels, 6 cases, $67 ea.

**Shelving**
(Home Depot) Trinity 48 in. W x 18 in. D 5-Tier NSF Chrome Wire Shelving Rack Decorative Shelf, $71.87 X 80 = $5,749.60.
(Officesupplyinc.com) Hirsh Riveted Shelf Unit Part Number: HID17126, 36” x 16” x 60”, $98.67 ea.
(Globalindustrial.com) Hirsh Industries® 30”W x 16”D x 60”H, Riveted Steel Boltless Shelving Unit, 4-Shelf,, $61.95 ea.
(Walmart) Plano 4-Tier Heavy-Duty Plastic Shelves, White, $14.97

**Club Car Electric Vehicle, Carryall**
(http://www.jeffreyalleninc.com) Carryall 710 LSV, Qty. 30
Club Car Electric Vehicle, Villager 8
(http://www.jeffreyalleninc.com) Villager 8 Club Car, Qty. 20

Club Car Electric Vehicle, Carryall 300
(http://www.jeffreyalleninc.com) Carryall 300 Club Carr (for the Tradewinds Project), Qty. 4

Toyota Vehicles
Corolla 4-door X 12
Toyota Pickup X 6

School Buses (Red)
(Greenpowerbus.com) EV300, for driving the perimeter of BCC
Two Thomas Built School Buses, New or Used, 40+ passenger

Supplemental Wheeled Vehicles for Moving Products and Boxes (Coral)
Mennonite assembly instruction will be required in three planned sessions. Apprentice assembly/installer group will need to douse if the assembly is correct.

(Homedepot) 1/4 in. x 1-1/4 in. Black Neoprene Washer
(Homedepot) 4-Hole Flat Straight Bracket, Gold Galvanized, for attaching acrylic mirror, 1/2 in. Dia holes, 7.25 in X 1.5 in, $1.94 ea.
(Homedepot) Harper™ PGCSK19 Ultra Lite Nylon Hand Truck 10” Pneumatic Wheels, $59 ea. X 4 = $236
(Homedepot) Harper™ PJD2223A Ultra Lite Nylon 2-in-1 Convertible Hand Truck, Item #: T9F585281, $65.95 ea. X 4 = $263.80
(Homedepot) Harper™ PGDK1935P Ultra Lite Nylon 2-in-1 Convertible Hand Truck, Item #: T9F585282, $87.95 X 4 = $351.80
(Toysrus.com) Womens 26 inch Huffy Good Vibrations Classic Cruiser Bike, $139.99 X 12 = $1679.88
(Kohls.com) Men's Huffy 26-Inch Good Vibrations Classic Cruiser Bike, $149.00 X 12 = $1799.88
(Walmart) Tipke Foldit 2200 Utility and Garden Cart, $228.98 X 24 =$5495.52
(www.westmarine.com) TIPKE MANUFACTURING, Bike Utility Cart Hitch for Foldit Marine Cart, $49.99 X 24 = $1199.76
(Bed Bath & Beyond) Mama & Papas Sola2 Stroller in Black with Bassinett, 4 per 3 apt. dining $2000 X 10 = $20,000
(http://www.medicalsupplydepot.com) 100% Waterproof Plush Throw - 36” x 52”, COLOR=SAND, machine washable, Accessories (for strollers):$48, $200 X 10 = $2000
(Walmart) MASTER LOCK 3039DAT Adjustable Bungee Cord, Hook, 40”L (to secure Harper hang trucks and pram strollers), $3.29 X 100 = $329

Tools for Assembly/Installers
(Walmart) 24 GE Indoor/Outdoor Grounded Extension Cord, 15’, 12 1.25” x 15 ft.
(Walmart) 4 T-Handle Ratchet Tie-Down Straps (Pair)
(Walmart) 24 Stanley Heavy-duty Steel Staple Gun, TR110S
(Walmart) 24 Stanley 3/8” Heavy-Duty Staples, TRA706T/R- TO-041
(Walmart) 24 Stanley Hand Tools 42-468 24” High Impact ABS Level, 24 in length
(Walmart) 24 Stanley Tools Carpenter's Square, Steel, 12”
(Walmart) 24 Kc Professional 90112 12ft Monster Tape Measure
(Walmart) 24 Bostitch 14” Tool Bag, Yellow
(Walmart) 24 Stanley 51627 20 Oz.Gray Fiberglass Rip Claw Hammer
(Walmart) 24 Stanley Hand Tools 60-060 6 Piece Set Slotted & Phillip Screwdrivers
(Walmart) 24 Irwin 2-Pack Vise-Grip Slip Joint & Long Nose Pliers, 2078702
(Walmart) 24 Channellock 6”, Adjustable Wrench, Chrome Vanadium Steel, 806W
(Walmart) 5 gallon paint sticks QTY 60
(Walmart) 24 Retractable Blade Quick-Change Utility Knife
(Walmart) 60 Sharpie Permanent Markers Chisel Point Set of 12, Black


(Walmart) 24 Channellock 6”, Adjustable Wrench, Chrome Vanadium Steel, 806W
(Walmart) 60 Sharpie Permanent Markers Chisel Point Set of 12, Black
Path to Ascension

(Amazon) Flip-N-Lite 300-Pound Duty Rating 5-foot Stepladder with Platform, $69.47 X 12 = $833.64

**Graphics Team Startup Project**

(FedEx Office) Self-Serve Copier Pre-Paid Card, $200 X 12 = $2400
(Walmart) XACTO #1 KNIFE W/CAP, $2.97 ea. X 48 = $142.56
(Walmart) X-Acto #11 Refill Blades, 15-Pack, $4.03 ea X 48 = $193.44
(Walmart) 18 Inch x 12 Inch Small Self Healing Double Sided Thick Cutting Board Mat, $13.88 ea. X 12 = $166.56
(Walmart) Goody Ouchless No Metal Elastics Storage Pack - 70 CT, $6.84 ea. X 24 = $164.16
(Walmart) Acme Stainless Steel Rulers, $3.56 ea. X 48 = $42.72
(Staples) 3M Scotch TM 4 Roller Thermal Laminator, 3 - 6 mil Pouch, $42.59
(Staples) Staples Letter Size Thermal Laminating Pouches, 5 mil, 100 pack, $54.99

**Books, DVDs and Games**

Note: The following selections are approved at startup (dowse additions)

**Books**

*Accidental Cure*

*Iodine: Why You Need It, Why You Can’t Live Without It*

*It’s All in Your Head: The Link Between Mercury Amalgams and Illness*

*Nourishing Traditions*

*Eat Fat Lose Fat*

*The Whole Soy Story*

*Rescued by My Dentist: New Solutions to a Health Crisis*

*Saying No to Vaccines: A Resource Guide for All Ages*

*Seeds of Deception*

*The Untold Story of Milk*

*Modern Civility*

*Chess for Dummies*

*Chess Openings for Dummies*

*The Ultimate Guide for Understanding Chess: Learn How to Play Chess in 5 Minutes*

*Complete Idiot’s Guide to Chess*

*Complete Idiot’s Guide to Chess Openings*

*Guide to Chess Improvement*

*Chess Player’s Bible*

*Raising Goats for Dummies*

*Storey’s Guide to Raising Dairy Goats: Breeds, Care, Dairying, Marketing*

*The Backyard Goat: An Introductory Guide to Keeping and Enjoying Pet Goats*

*Goat Song: A Seasonal Life, a Short History of Herding, and the Art of Making Cheese*

*Extraordinary Goats: Meetings With Remarkable Goats, Caprine Wonders & Horned Troublemakers*

*The Small-Scale Dairy: The Complete Guide to Milk Production for the Home and Market*

*The Complete Beginner’s Guide to Raising Small Animals: Everything You Need to Know About Raising Cows, Sheep, Chickens, Ducks, Rabbits, and More*

*Cheese for Dummies*

*Artisan Cheese Making at Home: Techniques & Recipes for Mastering World-Class Cheeses*

*Organic Hobby Farming: A Practical Guide to Earth-Friendly Farming in Any Space*

*Stockpole Books Natural Soap Making*

*The Definitive Guide to Canadian Artisanal and Fine Cheese*

*The Guide to West Coast Cheese: More Than 300 Cheeses Handcrafted in California, Oregon, and Washington*
The Worm Book For Beginners: 2nd Edition (Revised): A Vermiculture Starter or How To Be A Backyard Worm Farmer And Make The Best Natural Compost From Worms (Backyard Farm Books)
Worm Farming: How to Start a Worm Farm: Learn About Vermiculture and Vermicomposting
Vermiculture Technology: Earthworms, Organic Wastes, and Environmental Management
Organic: Composting: Made Easy: How To Create Natural Fertilizer At Home (Fertilizer Plants, Do It Yourself, Guide, Urbane Gardening, Herb, Fertilizer Nitrogen) ... For Plants, Fertilizer Plants Book Vermitechnology
The Complete Guide to Working with Worms: Using the Gardener's Best Friend for Organic Gardening and Composting (Back to Basics)
Commercial Vermiculture: How to Build a Thriving Business in Redworms by Peter Bogdanov, Bogdanov, Peter (1998) Plastic Comb
Vermiculture Technology: Earthworms, Organic Wastes, and Environmental Management (2010-12-20)
Recycle With Earthworms: The Red Wiggler Connection

Videos
IAOMT Video, Fluoridegate An American Tragedy - Feature Documentary
IAOMT Video, Is Your Water Safe? Discover the Facts
IAOMT Video, Rooted
IAOMT Video, Challenges and Protocols of Effective Mercury Detoxification
IAOMT Video, Thimerosal & Neurodevelopmental Disorders
IAOMT Video, Quecksilber: The Strange Story of Dental Amalgam
IAOMT Video, Mercury Toxicity and its Relationship to Neurological Disorders
IAOMT Video, How Mercury Causes Brain Neuron Degeneration
IAOMT Video, Smoking Teeth = Poison Gas
Public Exposure: DNA, Democracy and the "Wireless Revolution"
Vaccine War [US-Version], Frontline DVD
Judging Amy (Complete Season 1) - 6-DVD Box Set
Little House on the Prairie Season 1 (Deluxe Remastered Edition DVD + UltraViolet Digital Copy)
Little House on the Prairie Season 2 (Deluxe Remastered Edition DVD + UltraViolet Digital Copy)
Little House on the Prairie Season 3 (Deluxe Remastered Edition DVD + UltraViolet Digital Copy)
7th Heaven: The Complete Series
THE COSBY SHOW Complete Series Bundle SEASONS 1-2, 3-4, 5-6, 7-8 1-8 NEW 20 DVD's
Ballykissangel: Complete Collection
Waltons, The: Seasons 1-9 & The Movie Collection (10 Pack)
Blue Hope: Exploring and Caring for Earth's Magnificent Ocean
Who Killed the Electric Car?
The World According to Monsanto
Hoxsey: When Healing Becomes A Crime
Hoxsey: The Quack Who Cured Cancer
First Do No Harm...
The Future of Food
The Corporation
How to Save the World
Northern Exposure The Complete Series
Marple: The Classic Mysteries Collection (Caribbean Mystery / 4:50 from Paddington / Moving Finger / Nemesis / At Bertram's Hotel / Murder at Vicarage / Sleeping Murder / They Do It with Mirrors / Mirror Crack'd from Side to Side)
Prime Suspect: The Complete Collection, PBS, Helen Miren
Prometheus
Blade Runner
Adjustment Bureau

(bizchair.com) Pro-Line II Prado 60" 4-Shelf Bookcase - Black [PRD3260-BLK-FS-OS], $136.99

(Amazon) Atlantic 38435714 Oskar CD Cabinet Espresso, holds 504 DVDs
**Path to Ascension**

- Lawrence of Arabia
- The Sound of Music
- Monk: The Obsessive Compulsive Collection (Seasons One - Four)
- The Fletch Collection
- Beverly Hills Cop Collection (Beverly Hills Cop / Beverly Hills Cop II / Beverly Hills Cop III)
- Star Trek: The Next Generation, Complete Series
- Star Trek Deep Space Nine - The Complete Series (dowse episodes)
- Star Trek Voyager: The Complete Series (dowse episodes)
- Baby Boom
- City Slickers ( Collector's Edition)
- City Slickers 2 - The Legend of Curly's Gold
- Independence Day
- Stargate SG-1: The Complete Series Collection (dowse episodes)
- Remember the Titans

**Games**

- (toysrus.com) Pavilion Games Chess Teacher includes pieces indicate which directions each can move, $16.99 ea. X 20 = $339.80
- (http://learningherbs.com/wildcraft) Wildcraft! The cooperative board game that explores healing herbs, $37 ea. X 20 = $740
- (Walmart) The Game of Life, $10.75 ea. X 20 = $215

**Lending Library Project (DVDs, Books)**

- Note: This lending library needs to be located in an apartment
- Walmart 42 inch Flat Panel TV and DVD Player $250 X 38 = $9500
- Walmart South Shore City Life Corner Chocolate TV Stand, TVs up to 50" $168 X 38= $6384
- (bizchair.com) Pro-Line II Prado 60' 4-Shelf Bookcase - Black [PRD3260-BLK-FS-OS], $136.99 each X 4 = $547.96
- (thelibrarystore.com) Band Dater - Month, Day & 6-Yr, 1/8" x 3/4", Item #51-0100, $9.95 ea.
- (thelibrarystore.com) Memories Re-Inker, Black, Item #52-0550, $5.95 ea.
- (thelibrarystore.com) Stamp Cleaner, Item #51-0320, $6.95 ea.
- (thelibrarystore.com) Laser Printer Catalog Cards - 3-Up, Light Weight, 1000/Pkg, Item # 44-0255, $59.95 ea.
- (thelibrarystore.com) Poly Catalog Card Guides, A-Z 1/5 cut, Item #48-0103, $7.95 ea.

(NOTE: THESE PLASTIC DIVIDERS WILL NEED TO HAVE A SMALL HOLE PUNCH USING A EURO TOOL SMALL HOLE PUNCHER FROM Jet.com -- USE A PAPER CARD WITH A HOLE --- AS A GUIDE)

- (Jet.com) Eurotool EuroPunch 1.8mm Round Hole Punch Pliers, $10.85. ea. X 2= $21.70
- (demco.com) Hardwood Charging Tray Single 3-5/8"H x 4"W x 14"D Item #: WS13871300, $72.99
- (demco.com) Demco® Book Cards - Author/Title, Date Loaned, Borrower’s Name, Date Returned, $3.09 ea.

FOR CHECKING OUT VIDEOS AND BOOKS FROM THE LIBRARY. See also: Coin envelope #7
- (Walmart) Universal Kraft Coin Envelope, #7, Light Brown, 500 per Box, $21.63
- (demco.com) DEMCO Durable Clear Book Pkt 4-3/8"H x 3-1/2"W 100/Box Item #: WS13602950, $12.14 ea.
- (demco.com) Gaylord 5-Tray Card Catalog Cabinet 5-3/8" x 33 1/2" x 17" Item #: WF20454840, Natural Maple, $1219.99
- (dollardays.com) Wire Notebook- 70 sheets One Subject, Wide Ruled School Supplies, case of 48, $37.92 X 12 = $455.04
**Path to Ascension**

**Hanes, Jockey & Fruit of the Loom Clothing & Nylon Zipper Jackets**

(Hanes.com) Hanes Ultimate™ Men's FreshIQ™ ComfortSoft® Briefs 7-Pack, Color: Black/Grey, Size: L, $19.50 X 12 = $234

(Hanes.com) Hanes Ultimate™ Men's FreshIQ™ ComfortSoft® Briefs 7-Pack, Color: Black/Grey, Size: XL, $19.50 X 12 = $234

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size XL, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size XXL, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size 3XL, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size 4XL, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size LT, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size XLT, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size XXLT, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size 3XLT, $5.99 X 24 = $143.76

(Hanes.com) Hanes Beefy-T Crewneck Short-Sleeve T-Shirt, Black, Size 4XLT, $5.99 X 24 = $143.76

(Hanes.com) Hanes Men's Ultimate Cotton® Heavyweight Full Zip Hoodie, Black, Size 3XL, $14.99 X 12 = $179.88

(Hanes.com) ComfortBlend® EcoSmart® Crew Sweatshirt, Black, 4XL, $11.99 X 12 = $143.88

(Hanes.com) ComfortBlend® EcoSmart® Crew Sweatshirt, Black, 5XL, $11.99 X 12 = $143.88

(Hanes.com) Hanes ComfortBlend® EcoSmart® Men's Sweatpants, Black, 3XL, $7.99 X 12 = $95.88

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 46 X 6 = $135

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 48 X 6 = $135

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 50 X 6 = $135

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 52 X 6 = $135

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 54 X 6 = $135

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 56 X 6 = $135

(Jockey.com) Jockey® Big Man Classic Brief - 2 Pack, $22.50, Color: Black, Size: 58 X 6 = $135

(Hanes.com) Hanes Shaper Brief 2-Pack, Black, Size XL, $7.70 X 20 = $154

(Hanes.com) Hanes Shaper Brief 2-Pack, Black, Size 2X, $7.70 X 20 = $154

(Hanes.com) Hanes Shaper Brief 2-Pack, Black, Size 3X, $7.70 X 20 = $154

(Hanes.com) Hanes Shaper Brief 2-Pack, Black, Size 4X, $7.70 X 20 = $154

(Hanes.com) Hanes Shaper Brief 2-Pack, Black, Size 5X, $7.70 X 20 = $154

(Hanes.com) Hanes Shaper Brief 2-Pack, Black, Size 6X, $7.70 X 20 = $154

(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size S Color: White/Black, $8.99 X 40 = $359.60

(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size M Color: White/Black, $6.99 X 40 = $279.60

(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size L Color: White/Black, $7.99 X 40 = $319.60

(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size XL Color: White/Black, $6.99 X 40 = $279.60

(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size 2X Color: White/Black, $6.99 X 40 = $279.60

(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size 3X Color: White/Black, $7.99 X 40 = $319.60

(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women's Tee, Black, Size 1X, $6.99 X 40 = $279.60

(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women's Tee, Black, Size 2X$6.99 X 40 = $279.60

(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women's Tee, Black, Size 3X$6.99 X 40 = $279.60

(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women's Tee, Black, Size 4X$6.99 X 40 = $279.60

(FYI: Sprinkle fresh Thyme on foods such as plain yogurt.)
**Path to Ascension**

FYI: Publix sells Cliff Energy bars (on the list for the Peanut Butter Shop). Find a place to store these "extras" for people who get hungry. Distribute them at a later date when the flow of regular food orders is in place.

40 = $279.60
(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women's Tee, Black, Size 5X, $6.99 X 40 = $279.60
(Hanes.com) Just My Size Slub-Cotton Full-Zip Lightweight Women's Hoodie, Black, Size 1X, $9.99 X 40 = $399.60
(Hanes.com) Just My Size Slub-Cotton Full-Zip Lightweight Women's Hoodie, Black, Size 2X, $9.99 X 40 = $399.60
(Hanes.com) Just My Size Slub-Cotton Full-Zip Lightweight Women's Hoodie, Black, Size 3X, $9.99 X 40 = $399.60
(Hanes.com) Just My Size Slub-Cotton Full-Zip Lightweight Women's Hoodie, Black, Size 4X, $9.99 X 40 = $399.60
(Hanes.com) Just My Size Slub-Cotton Full-Zip Lightweight Women's Hoodie, Black, Size 5X, $9.99 X 40 = $399.60

(bettymills.com) Dickies Men's Snap Front Nylon Coach's Jacket, Item # DKI 76242-BK-XL by Dickies (Mfg. Part # 76242BK XL), $31.99 X 20 = $639.80
(bettymills.com) Dickies Men's Snap Front Nylon Coach's Jacket, Item # DKI 76242-BK-2X by Dickies (Mfg. Part # 76242BK 2X), $31.99 X 20 = $639.80
(bettymills.com) Dickies Men's Snap Front Nylon Coach's Jacket, Item # DKI 76242-BK-3X by Dickies (Mfg. Part # 76242BK 3X), $34.99 X 20 = $699.80
(bettymills.com) Dickies Men's Snap Front Nylon Coach's Jacket, Item # DKI 76242-BK-4X by Dickies (Mfg. Part # 76242BK 4X), $34.99 X 20 = $699.80
(bettymills.com) Dickies Men's Snap Front Nylon Coach's Jacket, Item # DKI 76242-BK-5X by Dickies (Mfg. Part # 76242BK 5X), $34.99 X 20 = $699.80

**Mennonite Clothing, Preparation for Trip to Horse Progress Days, PA**

Men
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt, Chestnut, Size 3XL, $8.54 X 12 = $102.48
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt, Chestnut, Size 4XL, $8.54 X 12 = $102.48
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt, Prairie Dust, Size 3XL, $8.54 X 12 = $102.48
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt, Prairie Dust, Size 4XL, $8.54 X 12 = $102.48
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt, Kiwi, Size 3XL, $8.54 X 12 = $102.48
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt, Kiwi, Size 4XL, $8.54 X 12 = $102.48
(www.thedealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt,
Antique Cherry Red, Size 3XL, $8.54 X 12 = $102.48
(pathdealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt,
Antique Cherry Red, Size 5XL, $8.76 X 12 = $105.12
(pathdealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt,
Indigo Blue, Size 3XL, $8.54 X 12 = $102.48
(pathdealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt,
Indigo Blue, Size 4XL, $8.54 X 12 = $102.48
(pathdealrack.com) Gildan 2000 Short Sleeve 6.1 oz Preshrunk Ultra Cotton Blank T-Shirt,
Indigo Blue, , Size 5XL, $8.76 X 12 = $105.12
(Amazon) Wrangler RIGGS WORKWEAR Men’s Big & Tall Chambray Work Shirt, Light Blue,
Size: 4XLargeTall, $32.88 ea. X 20 = $657.60
(Amazon) Wrangler RIGGS WORKWEAR Men’s Big & Tall Chambray Work Shirt, Natural,
Size: 4XLargeTall, $32.88 ea. X 20 = $657.60
(Round-house.com) #45 Made in USA Vintage Hickory Stripe Bib Overalls, Size: 54 X 32, $39.95 X 40 = $1,598
(gardenshoesonline.com) Muck Boots Women’s Muckster II Waterproof Gardening Shoe Black,
Size 12, $79.95 X 40 = $3,198
(Amazon) Wigwam Men’s At Work 3-Pack Crew Socks, Black, XLarge (Shoe Size 12-15), $13.79 X 40 = $551.60

Women
(Allusaclothing.com) Union Line 10975 Mechanics Shirt Left Chest Pocket 100% Poplin Short
Sleeves, Black, Size 3X, $39.74 X 12 = $476.88
(Allusaclothing.com) Union Line 10975 Mechanics Shirt Left Chest Pocket 100% Poplin Short
Sleeves, Beige, Size 3X, $39.74 X 12 = $476.88
(Dillards.com) Gold Label Roundtree & Yorke Big & Tall Short-Sleeve Solid Button-down Collar
Sportshirt, Light Green Aqua, Size 4XLT, $69.50X 20 = $1,390
(Womanwithin) Flared ponte knit skirt, Black, Size 28W, $9.89 X 40 = $395.60
(Modestapparelusa.com) ADULT LONG TWILL UNIFORM SKIRT WITH POCKETS, Size 26,
Khaki, Adjustable Waist, 27 in length, $35.95 X 20 = $719
(Modestapparelusa.com) ADULT LONG TWILL UNIFORM SKIRT WITH POCKETS, Size 26,
Navy, Adjustable Waist, 27 in length, $35.95 X 20 = $719
(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women’s Tee, Process Blue, Size
3X, $6.99 X 20 = $139.80
(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women’s Tee, Process Blue, Size
4X, $6.99 X 20 = $139.80
(Hanes.com) Just My Size Cotton Jersey Short-Sleeve Crewneck Women’s Tee, Process Blue, Size
5X, $6.99 X 20 = $139.80
(Hanes.com) Hanes Women’s Plus Low-Rise Stretch Brief with ComfortSoft® Waistband 3-Pack,
Color: Assorted, size 10, $11.50 X 12 = = $138
(Hanes.com) Hanes Women’s Plus Low-Rise Stretch Brief with ComfortSoft® Waistband 3-Pack,
Color: Assorted, size 11, $11.50 X 12 = $138
(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size
XL Color: White/Black, $6.99 X 20 = $139.80
(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size
2X Color: White/Black, $6.99 X 20 = $139.80
(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size
3X Color: White/Black, $7.99 X 20 = $159.80
(Gardenshoesonline.com) Muck Boots Women's Muckster II Waterproof Gardening Shoe Green,
Size 8, $74.95 X 12 = = $899.40
(Gardenshoesonline.com) Muck Boots Women's Muckster II Waterproof Gardening Shoe Green,

FYI: DollarTree sells napkins that have a Vanity Fair quality. Look for a brand called "The Home Store."
FYI: (Kohls.com) Big & Tall Croft & Barrow Classic Fit Tropical Button-Down Shirt, Navy Print, $18.69 ea.

(Amazon.com) RJC Women's Bird of Paradise Display Shirt, $46.80

(Amerimark.com) Packable Raincoat, Solid Fuschia, Size S to 4X, $18.74 ea.

Path to Ascension

Size 9, $74.95 X 12 = $899.40
Gardenshoesonline.com Muck Boots Women’s Muckster II Waterproof Gardening Shoe Green, Size 10, $74.95 X 12 = $899.40
Gardenshoesonline.com Muck Boots Women’s Muckster II Waterproof Gardening Shoe Green, Size 11, $74.95 X 12 = $899.40

(Amazon) Wigwam Men’s At Work 3-Pack Crew Socks, Black, Medium, $12.08 X 20 = $241.60

(https://shop.eaglecreek.com) Pack-It Original™ Garment Folder Medium, Black, $28.95 X 40 = $1,158

Clothing (1/6th of Budget)

Men

(Hanes.com) Men’s Tank Undershirt, 3-Pack, White, Size XL, $12.50 X 20 = $250
(Hanes.com) Men’s Tank Undershirt, 3-Pack, White, Size 2XL, $12.50 X 20 = $250
(Hanes.com) Men’s Tank Undershirt, 3-Pack, White, Size 3XL, $12.50 X 20 = $250
(Hanes.com) Men’s Tank Undershirt, 3-Pack, White, Size 4XL, $12.50 X 20 = $250

(Hanes.com) Men’s Beefy T-Shirt, Long Sleeve, XL, Black $7.99 X 20 = $159.80
(Hanes.com) Men’s Beefy T-Shirt, Long Sleeve, 2XL, Black $7.99 X 20 = $159.80
(Hanes.com) Men’s Beefy T-Shirt, Long Sleeve, 3XL, Black $7.99 X 20 = $159.80

(Hanes.com) Man’s Beefy T-Shirt, Long Sleeve, XL, Deep Red, $7.99 X 20 = $159.80
(Hanes.com) Man’s Beefy T-Shirt, Long Sleeve, 2XL, Deep Red, $7.99 X 20 = $159.80
(Hanes.com) Man’s Beefy T-Shirt, Long Sleeve, 3L, Deep Red, $7.99 X 20 = $159.80


(Allusaclothing.com) Camber 710 Polo, Sizes XL, Black, $32.99 X 20 = $659.80
(Allusaclothing.com) Camber 710 Polo, Sizes 2XL, Black, $36.99 X 20 = $739.80
(Allusaclothing.com) Camber 710 Polo, Sizes 3XL, Black, $38.99 X 20 = $779.80
(Allusaclothing.com) Camber 710 Polo, Sizes 4XL, Black, $41.99 X 20 = $839.80
(Allusaclothing.com) Camber 710 Polo, Sizes 5XL, Black, $44.99 X 20 = $899.80
(Allusaclothing.com) Camber 710 Polo, Sizes 6XL, Black, $38.99 X 20 = $779.80
(Allusaclothing.com) Camber 710 Polo, Sizes 7XL, Black, $39.99 X 20 = $799.80
(Allusaclothing.com) Camber 710 Polo, Sizes XL, Burnt Orange, $32.99 X 20 = $659.80
(Allusaclothing.com) Camber 710 Polo, Sizes 2XL, Burnt Orange, $36.99 X 20 = $739.80
(Allusaclothing.com) Camber 710 Polo, Sizes 3XL, Burnt Orange, $38.99 X 20 = $779.80
(Allusaclothing.com) Camber 710 Polo, Sizes 4XL, Burnt Orange, $41.99 X 20 = $839.80
(Allusaclothing.com) Camber 710 Polo, Sizes 5XL, Burnt Orange, $44.99 X 20 = $899.80
(Allusaclothing.com) Camber 710 Polo, Sizes 6XL, Burnt Orange, $38.99 X 20 = $779.80
(Allusaclothing.com) Camber 710 Polo, Sizes 7XL, Burnt Orange, $39.99 X 20 = $799.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XX Large Tall, Color: Olive, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XXX Large Tall, Color: Olive, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XXXX Large Tall, Color: Olive, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XXXXX Large Tall, Color: Olive, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XX Large Tall, Color: Dark Khaki, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XXX Large Tall, Color: Dark Khaki, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XXXX Large Tall, Color: Dark Khaki, $29.99 X 20 = $599.80
(Amazon) Boulder Creek Men’s Big & Tall, 9” Renegade Cargo Shorts w Elastic Waist, Sizes XXXXX Large Tall, Color: Dark Khaki, $29.99 X 20 = $599.80
(Amazon) La Leela Hawaiian Shirt For Men Short Sleeve Front-Pocket Tropical White Red, Size XL, $20.95 X 20 = $419
(Amazon) La Leela Hawaiian Shirt For Men Short Sleeve Front-Pocket Tropical White Red, Size 3XL, $18.95 X 20 = $379
(Amazon) La Leela Hawaiian Shirt For Men Short Sleeve Front-Pocket Tropical White Red, Size 4XL, $18.95 X 20 = $379
(Amazon) La Leela Hawaiian Shirt For Men Short Sleeve Front-Pocket Tropical White Red, Size 5XL, $16.95 X 20 = $339
(Kohls.com) Big & Tall Croft & Barrow Classic Fit Tropical Button-Down Shirt, navy print (see photo at left), Size 2XB, $18.68 ea. X 20 = $373.60
(Kohls.com) Big & Tall Croft & Barrow Classic Fit Tropical Button-Down Shirt, navy print (see photo at left), Size 3XB, $18.68 ea. X 20 = $373.60
(Kohls.com) Big & Tall Croft & Barrow Classic Fit Tropical Button-Down Shirt, navy print (see photo at left), Size 4XB, $18.68 ea. X 20 = $373.60

Women

(amazon) RJC Womens Bird of Paradise Display Shirt (photo at left), Rayon, size 2X, $46.80 X 20 = $936
**Path to Ascension**

<table>
<thead>
<tr>
<th>Path to Ascension</th>
<th>Path to Ascension</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Amazon) RJC Womens Bird of Paradise Display Shirt (photo at left), Rayon, size 3X, $46.80 X 20 = $936</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 14W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 16W, $9.98 X 40 = $399.20</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 18W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 20W, $9.98 X 40 = $399.20</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 22W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 24W, $9.98 X 40 = $399.20</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 26W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 28W, $9.98 X 40 = $399.20</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 30W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Hannahlise.com) Challis Skirt, Crystal, Sizes 20W, $19 X 30 = $570</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 32W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Hannahlise.com) Challis Skirt, Crystal, Sizes 22W, $19 X 30 = $570</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 34W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Walmart.com) Mens' Fruit of the Loom heavy cotton tank, black, Size 2XL, $7.49 X 30 = $224.70</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 36W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Wordans.com) Mens' Fruit of the Loom heavy cotton tank, black, Size 3XL, $8.29 X 30 = $248.70</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 38W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Hanes) Just My Size Cotton Jersey Tank, Black, Size 2X, $6.99 X 30 = $209.70</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 40W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Hanes) Just My Size Cotton Jersey Tank, Black, Size 3X, $6.99 X 30 = $209.70</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 42W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Hanes) Just My Size Cotton Jersey Tank, Black, Size 4X, $6.99 X 30 = $209.70</td>
<td>(Womanwithin) Flared ponte knit skirt, Black, Size 44W, $9.98 X 40 = $399.20</td>
</tr>
<tr>
<td>(Hanes) Just My Size Cotton Jersey Tank, Black, Size 5X, $6.99 X 30 = $209.70</td>
<td>(Hanes) Hanes Women's Plus Low-Rise Stretch Brief with ComfortSoft® Waistband 3-Pack, up to Size 10, $11.50 X 30 = $345</td>
</tr>
<tr>
<td>(Hanes) Hanes Women's Plus Low-Rise Stretch Brief with ComfortSoft® Waistband 3-Pack, up to Size 11, $11.50 X 30 = $345</td>
<td>(Hanes) Hanes Women's Plus Low-Rise Stretch Brief with ComfortSoft® Waistband 3-Pack, up to Size 12, $11.50 X 30 = $345</td>
</tr>
<tr>
<td>(Amerimark.com) Packable Raincoat, Solid Fuschia, Size 5X, $24.99 X 20 = $374.80</td>
<td>(Amazon) Fruit of the Loom Women's Santoni Seamless Sport Bra, 2 Pack, 93% nylon, 7% spandex, Size 3X, $7.99 X 30 = $239.70</td>
</tr>
<tr>
<td>(Globalindustrial.com) Howard Berger Wordlock Combination Cable Lock CL-422-BK - 72”L Resettable 4-Dial, Black - Pkg Qty 4, $34.40 ea.</td>
<td>(Walmart) OP Big Men’s Elastic Waist Solid Color Cargo Swim Trunk, Color: Greystone, Sizes: 3XL, 4XL and 5X, $13.93 ea. X 6 = $83.58</td>
</tr>
</tbody>
</table>
| Combination locks will be distributed for each Rubbermaid Shed. The locks have four letter dials for making up word combination keys instead of numbers. | **Extra Clothing**

(Walmart) OP Big Men’s Elastic Waist Solid Color Cargo Swim Trunk, Color: Greystone, Sizes: 3XL, 4XL and 5X, $13.93 ea. X 6 = $83.58 |

**Rubbermaid Storage Shed Project**

<table>
<thead>
<tr>
<th>Rubbermaid Storage Shed Project</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Lowes) Rubbermaid Roughneck Storage Shed. 4.33 ft. X 4 ft. $429 X 60= $25,740</td>
</tr>
<tr>
<td>(Globalindustrial.com) Howard Berger Wordlock Combination Cable Lock CL-422-BK - 72”L Resettable 4-Dial, Black - Pkg Qty 4, $34.40 ea. X 30 = $1032</td>
</tr>
<tr>
<td>(Homedepot.com local) ShelfTrack 24 in. x 1 in. White Standard $3.78 X 2 = $7.56 X 60 = $287.28</td>
</tr>
<tr>
<td>(Homedepot.com local) Rubbermaid 11-1/2 in. White Twin Track Shelf Bracket $3.78 X 2 = $7.56 X 60 = $287.28</td>
</tr>
<tr>
<td>(Homedepot.com) SuperSlide 48 in. W x 12 in. D White Ventilated Wire Shelf $5.98 X 120 = $227.24</td>
</tr>
<tr>
<td>(Lowes) DPI Hardboard Pegboard, SHED (Actual: 47.75-in x 95.75-in), $17.98 ea. (store needs to cut into three 31 inch pcs.), need 30 X $17.98 = $539.40</td>
</tr>
<tr>
<td>(Lowes) Rubbermaid Silver/Steel Storage SHED Anchor (for hanging pegboard inside sheds), $9.99 ea. (2 per shed) $9.99 X 120 = $1198.80</td>
</tr>
<tr>
<td>(Diamondlifegear.com) Peg Hook, Single Hook 12” HN180-012, $0.88 ea. X 210 = $184.80</td>
</tr>
<tr>
<td>(Diamondlifegear.com) Peg Hook, Curved Hook 1-1/2” HN180-661, $0.43 ea X 600 = $258</td>
</tr>
<tr>
<td>(Sears.com) National Hardware N180-016 V2296 Peg Locks (watch Martha Stewart's Peg board video, URL in this document), Black, 25 pcs. $1.99 ea. X 25 = $49.75</td>
</tr>
<tr>
<td>(Target.com) 4-pk. 75-lb. Picture Hangers (for hanging art work) - Chrome, $2.29 ea. X 36 = $82.44</td>
</tr>
</tbody>
</table>
BCC Needs a Bolt Cutter

The following Home Depot stores are from the Lowes-Home Depot Shop:

(1) Home Depot, 1701 W Oakland Pk Blvd, Oakland Park, FL 33311, Store: (954) 733-3030
(2) Home Depot, 1195 S State Road 7, North Lauderdale, FL 33068, Store: (954) 971-2743
(3) Home Depot, 2901 N University Dr., Sunrise, FL 33322, Store: (954) 747-8226
(4) Home Depot, 750 N University Dr, Coral Springs, FL 33071
(5) Home Depot, 4450 N State Rd 7, Coconut Creek, FL 33073

OLYMPIA
48 in. Heavy Duty Bolt Cutters
Plenty of leverage with 48 in. of handle space available.
Heat treated blades and handles for added quality
Can cut wire, bolts, chain, and steel cable
$69.97 /each

Outdoor Convertible Benches for User Group Meetings
(Walmart.com) Lifetime Wood Grain Convertible Bench, converts to a half picnic table (see photos in the margin), $139.16 X 20 = $2,783.20

Outdoor Bath Canopies
(ecanopy.com) Craft Show 10x10 Canopy Package Deal + 4 Sidewalls & Weight Bags. $319.95 ea. X 20 = $6399
(Rubberflooringinc.com) 5/8” Premium Soft Tiles, Approved color = olive, $5.76 ea., 20 needed per canopy = 115.20 X 20 = $2304
(Homedepot) Intex 103 in. Swim Center Family Pool, 103 in. length 69 in. width 22 in. height $28.61 ea. X 20 = $572.20
(Walmart) Intex Quick Fill AC Electric Pump For Inflatables, $12.85 ea. X 6 = $77.10
(Amazon) Lifetime 60064 Adirondack Chair, $129.99 ea. X 20 = $2,599.80
(Target) Gumball Machine Shower Curtain Hooks, $14.99 for set X 15 = $224.85

Outdoor Sink Project
(Amazon) Tricam MT-2 Outdoor Fish and Game Cleaning Table with Quick-Connect Stainless Steel Faucet, 150-Pound Load Capacity, $68.49 ea. X 18 = $1,232.82
(Schooloutfitters.com) Children’s Factory, Rectangle Mirror (12” W x 48” L), $39.88 ea. X 18 = $717.84
Soap, Sponges and Items for the Distribution Event (Purple)

Office Depot Baumgartens Clip-Style Name Badge Kit, 4” x 3”, Clear, Box, 50, Item # 555167, $36.79 X 5 = $ 183.95

(DollarTree) Pears Transparent Glycerine Soap, 3.5-oz. Bars, case of 48, $48 ea. X 100 = $4,800

(DollarTree) All-Purpose Scissors, 8 in., case of 48, $48 ea. X 100 = $4,800

(DollarTree) Plastic Oval Crystal-Cut Platters, case of 36, $36 ea. X 20 = $720

(Walmart) Purex Natural Elements Linen & Lilies Liquid Laundry Detergent, 72 oz, $3.97, 3 per apt. = $11.91 X 60 = $714.60

(Walgreens.com) method Foaming Hand Wash Sea Mineral 10.0 oz., Triclosan free, Biodegradable, Naturally derived No animal testing, $4.19, 3 per apt. = $12.57 X 60 = $754.20

(Walgreens.com) method Refill, 28 oz., $5.99, 4 per apt. = $23.96 X 60 = $1437.60

(Walmart) Bon Ami All Natural Powder Cleanser 14 Oz Shaker, $7.30, 2 per apt. = $14.60 X 60 = $876

(Walmart) Seventh Generation Natural Automatic Dishwasher Detergent SEV22818PK, 2 per apt. X 2 = 21.98 X 60 = $1318.80

(Walmart) Simoniz Soft-Scrub Micro fiber Sponge Pads, 2 count (machine washable and dryable), $2.97 X 4 = $11.88 X 60 = 712.80

(Walmart) Scotch-Brite Stay Clean Scrubbers, 2 count, $3.97 X 50 = $198.50


(Walmart) Good Cook 3-Piece Jumbo Kitchen Scrubber Set, $3, X 150 = $450

(Walmart) Great Value Bowl Brush Plunger & Caddy $9.97 ea. X 60 = $598.20

(Walmart) Great Value Distilled White Vinegar, 1 gal, $2.48 X 500 = $1240

(vitacost.com) C powder Thompson 8 oz Powder, removes stains $4.42 X 200 = $884 (transfer to pint sized Mason jars for 38 apses. + 10 dining)
(thrivemarket.com) Newman’s Own Spelt Pretzels, $2.45 ea.
(Luckyvitamin.com) Newman’s Own Spelt Pretzels, $2.99 ea. (BACKUP)

**Sandals**

(campmor.com) TEVA HURRICANE XLT SANDAL - WOMEN’S, Walnut, $59.95, Size 8 X 50 X 2=$59996
(campmor.com) TEVA HURRICANE XLT SANDAL - WOMEN’S, Walnut, $59.95, Size 9 X 40 X 2 =$4796
(campmor.com) TEVA HURRICANE XLT SANDAL - MEN’S, Wavy Trail Olive, $59.95, Size 10 X 40 X 2=$4796
(campmor.com) TEVA HURRICANE XLT SANDAL - MEN’S, Wavy Trail Olive, $59.95, Size 11 X 40 X 2=$4796
(campmor.com) TEVA HURRICANE XLT SANDAL - MEN’S, Wavy Trail Olive, $59.95, Size 12 X 40 X 2=$4796
(campmor.com) TEVA HURRICANE XLT SANDAL - MEN’S, Wavy Trail Olive, $59.95, Size 13 X 30 X 2 = $3570

(www.cars-blog.us) Sandals Womens Cheap Fisherman Sandals WR4049-3635, Color= Brown, $49.99, ORDER ONE PAIR TO TRY X 1 = $49.99

**Blankets, Towels, Pillows, Pillow Cases and Shower Curtains**

(Walmart) Mainstays Plush Blanket, Twin, Grey, $10.46 X 420 = $4393.20
(Target) Performance Solid Bath Towels - Threshold, Color: Foraging Brown, $6.99, X 620 = $4333.80
(Target) Performance Solid Hand Towels - Threshold, Color: Foraging Brown, $5.99, X 620 = $3713.80
(Target) Performance Solid Wash Cloths - Threshold, Color: Foraging Brown, $4.99, X 620 = $3093.80
(Target) Performance Solid Bath Towels - Threshold, Color: River Birch, $6.99, X 620 = $4333.80
(Target) Performance Solid Hand Towels - Threshold, Color: River Birch (apt. set 60 X 12 = 720), $5.99, X 720 = $4312.80
(Target) Performance Solid Bath Towels - Threshold“, Hand Towel, $5.99, Color: Xavier Navy
(Target) Performance Solid Bath Towels - Threshold“, Wash Cloth, $4.99, Color: Xavier Navy
(Walmart) Mainstays 18 Pack Washcloth Collection, $3.92, 4 per apt. = 15.68 X 60 = $940.80
(bettymills.com) McKesson Bed Pillow 20” x 26” White Disposable, Size: 20” x 26”, Color: White $3.00 ea. X 600 = $1800
(bettymills.com) GF Health Pillow Case, Size : 21” x 27” Vinyl; Zipper Closure, $1.49 ea. X 600 = $894
(Target) Shower Hook Plastic V Glide - White - Room Essentials, $4, 2 per apt. = $8 X 60 = $480
(Target) InterDesign Shower Curtain Liner, $15, 2 per apt= $30 X 60 = $1800

**Furniture for SIG Apartments**

(Walmart.com or Amazon.com) Lifetime 4’ Fold-In-Half Adjustable Table, White Granite (height: 24 in, 29 in and 36 in), $41.39 X 400 = $16,556
(Specialtystoreservices.com) Square Back Stack Chairs, Black, Item#: 5942B, $135.99 ea. X 500 = $67,995
(Bizchair.com) 60” Round Height Adjustable Granite White Plastic Folding Table [RB-60-ADJUSTABLE-GG], $109.95 ea. X 300 = $32,985
(Target.com) Adjustable 3-Bulb Floor Lamp - Threshold” (Lowest Adjusted Setting: 50”, Highest Adjusted Setting: 63.5”), $47.49 ea. X 300 = $14,247

FYI: IceCreamSource.com, a division of eTailer, Inc., in Door County, Wisconsin, is a supplier of single serve HaagenDazs Vanilla ice cream plus other flavors, $24.99 (case of 12).
**Path to Ascension**

**FYI:** God is assigning one clone from each 4-member clone group to the Rife Special Interest Group (SIG). They will need to teach their clones how to use a Rife device (all clones will want to use a Rife device).

Dr. Royal Raymond Rife (1888-1971) was harmed because he invented the Rife device, see p. 89-90 in my slide presentation created for the Disclosure Network New York (DNNY) at:


Hulda Clark killed parasites using 40 KHz of sound energy (in 20 minutes) and Dr. A.H. Mahvi and colleagues killed nematodes using 42 KHz of sound energy (in 12 minutes, see: “Inactivation of Nematodes by Ultrasonic,” A.H. Mahvi, Journal of Medical Sciences, 2005, Volume: 5, Issue: 2, 75-77). This research provides clues about the proper setting on the Rife device.

The Rife SIG will provide a forum for co-op members to share their success stories.

Note: There is one apartment for Rife SIG meetings. Four sections will be needed #1, #2, #3, and #4 (dowse your section). Meetings will need to be scheduled at separate times.

**Equipment, User Groups (Cyan)**

(Rifedigital.com) Rife Model: UPC 690311802365, (Qty 5+ price) $483.65 X 100 = $48,365

(Jet.com) The Worm Factory® 5-Tray Worm Composter - Terra Cotta, $99.95

(DollarTree) Large Plastic Bowls, 11¼", $24 per case, X 1 = $24


(Lowes.com) Edsal 26.75 inch Utility Cart, $132.99

(eBay.com) 10lb purina worm chow Red Worms & European NightCrawler Repacked, $27 ea.

(Walmart.com) Black & Decker Long-Handled Tool Set, Set of 4, $70.26 for the set.

(Homedepot.com) Fiskars Softouch Garden Tool Set (3-Piece), $15.77 ea.

(Acehardware.com) Imperial 6in Furnace Pipe (GV0381), length 24 inches, for 40 Permaculture Garden Plants plus 15 God-created BCC plants, $6.99 ea.X 55 = $384.45

(Officesupplyinc.com) Charles Leonard Ball Bearing Compass With Safety Pointed Tip, 12” Maximum Diameter (for drawing circles), $.64 ea.

(Gemplers.com) Galvanized Steel 7” x 5” Sign Holder with 30” Stake, $2.95 ea. X 400 = $1180

(Vistaprint.com) 7 in X 5 in postcards (upload PDF files), $15 per order (for 40 Permaculture Garden Plants plus 15 God-created BCC plants, 50 cards per order), see: http://articles.x10.mx/plant_signs_permaculture_garden_02_27_16.pdf, $15 X 55 = $825

(Thomson.com) Scotch® TL1306 Thermal Laminator, $189.99 ea.

(Staples.com) Staples Letter Size Thermal Laminating Pouches, 5 mil, 100 pack, $54.99 ea. X 12 = $659.88

(FedExOffice) Order two large vinyl banners (see: Chapter 6):

Order a 4 ft. X 6 ft (landscape format), $139.99

Order a 4 ft. X 10 ft. (landscape format), $219.99

(Dollargeneral.com) Imagine Zipper Binder Pouch - Assorted Colors, (L) 9.5 in (W) 7.25 in. $1 ea. X 300 = $300

(Webofficemart.com) IBusiness Source Round Ring View Binder 3” Binder Capacity - Letter - 8 1/2” x 11”, (for storing Vistaprint cards) $3.09 ea. X 100 = $309

(bizchair.com) Pro-Line II Prado 60” 4-Shelf Bookcase - Black [PRD3260-BLK-FS-OS], for Vistaprint binders, $136.99 X 6 = $821.94

(steinmart.com) HOTEL COLLECTION 4 Piece Microfiber Sheet Set, King, Color: Indigo, $19.99 ea. X 40 = $799.60

(steinmart.com) HOTEL COLLECTION 4 Piece Microfiber Sheet Set, King, Color: White, $19.99 ea. X 40 = $799.60
FYI: Sponsors need to dowse quantities.
**Path to Ascension**

FYI: Sponsors need to dowse quantities.

(Target.com) Singer 20-pk Safety Pins - Size 3, Each safety pin is approximately 3.75L"x2.5W", $1.79 per package X 15 = $26.85
(pricefalls.com) Dritz Non-Roll Elastic 1"X2-1/2yd-White by Dritz, $2.26 ea. X 100 = $226
(qualitylogoproducts.com) Best Selling Natural Yardsticks [Blank] (change), Item# Q11446, $.43 ea., minimum order 125 = $161.25
(Joann.com) Dritz 1.5" Aluminum Cover Button Kit, Size 45 (1 1/8" = 29mm), $2.39 ea. X 100 = $239
(Joann.com) Polyfil Polyester Fiberfill 32oz, Care: Machine wash on gentle with warm water. Air dry or tumble dry on air or low heat setting. Fiber may shift during laundering. Gently massage the project with fingertips to move the fiber back into place. $7.49 ea. X 100 = $749
(Amazon.com) Westcott All Purpose Value Scissors, Straight, 8-Inch, Color Varies, 3-Pack (13404) $9.14 X 3 = #27.42
(Baypressservices.com) Schaedler 18" Combo D #18-IM Inch/Metric/Decimal/Pica Ruler, $39 X 18 = $702
(Michaels.com) Disappearing Ink / Mark B Gone Fabric Pen, Michaels.com, $4.19 ea. X 60 = $251.40
(Walmart.com) Pilot FriXion Ball Erasable Gel Pen, 3/pkg, $4.16 X 60 = $249.60
(https://shop.buttons.com) White 7/8 in (22mm) - 3 Packages, $2.88 ea. X 20 = $57.60
(Joann.com) Quarters Cotton Fabric-Solids White, $1.87 X 60 = $112.20

**Port Royale TV Viewing Apartment**

(Walmart) Mainstays Arm Chair, Multiple Colors, $104.80 ea.
Walmart 42 inch Flat Panel TV and DVD Player $250
Walmart South Shore City Life Corner Chocolate TV Stand, TVs up to 50" $168

**Personal Products, General (Dark Green)**

Personal necessities coordinators (a supplemental roles) will need to plan and implement (through dowsing) at least three distribution events.

(Greenbagco.com) Tall Bag-Fully Customizable, Size: Jumbo, Dimensions: 17.5 x 18 x 6.5, Pantone 802C, ask if there are any bags this size in stock, 415.693.0189, 5,000 is the minimum on a custom bag—but they have 1200 plain in stock. Note: 802C is bright green. Dowse the available colors that they have in stock. This bag is almost 3 inches longer/taller than the Walmart Neighborhood Market bag—that is a tall bag. A tall bag will be needed to carry pillows
(Walmart) Colgate 360 Degree Soft Fresh 'N Protect Toothbrush, 1.0 CT, $2.86 ea. X 600 = $1,716
(Walmart) Tom’s of Maine Botanically Bright Whitening Toothpaste Spearmint, 4.7 OZ, $5 ea. X 600 = $3,000
(Walmart) Edge Shave Gel For Men Sensitive Skin - 7 oz, $2.97 ea. X 500 = $1,485
(Walmart) Gillette Sensor2 Men’s Disposable Razors, 18 count, $10.78 ea. X 600 = $6,468
(Walmart) Garnier Fructis Triple Nutrition Conditioner for Dry, Damaged Hair, 13 fl oz, $3.42 ea. X 300 = $1,026
(Walmart) 6 Pack - Aussie Instant Freeze Hair Spray Non-Aerosol Maximum Hold 8.50 oz, $31.27 X 200 = $6,254
(Walmart) Cantu Shea Butter for Natural Hair Coconut Curling Cream 12 oz. Jar, $5.97 X 240 = $1,432.80
(Walmart) Cantu Shea Butter Leave-In Conditioning Repair Cream 16 oz. Jar, $5.97 X 240 = $1,432.80
(Nubianheritage.com) Nubian Heritage Deodorant - All Natural - 24 Hour - Indian Hemp and Haitian Vetiver - with Neem Oil - 2.25 oz, $8.99 ea. X 600 = $5,394
(Amazon.com) Ace Classic Dressing Hair Comb, 7.5-in., Black, $6.34 ea. X 600 = $3,804
(Amazon.com) Tangle Teezer Hair Brush, Panther Black, 2.5 Ounce, $10.99 X 240 = $2,637.60
(Amazon.com) uxcell 2 Pcs Hairstyle DIY Wide Coarse Tooth Plastic Curly Hair Care Handgrip Comb 9 inches, $4.43 ea. X 240 = $1063.20
(Amazon.com) Goody Ouchless Hair Scrunchie, 8 count, Black, $5.22 X 300 = $1,566
FYI: Sponsors need to dowse quantities.

(Amazon.com) Caldesene Baby Care Powder, 5 Ounce, $6.11 X 600 = $3,666
(Jet.com) Zodaca 12 in 1 Pedicure / Manicure Set Nail Clippers Cuticle Clippers Grooming Kit Travel Case Beauty Care, Qty 10 + $11.35 ea. X 400 = $4,540
(Amazon.com) Pentel Side FX Automatic Pencil with Eraser Refill, 0.7mm, Color may vary, 2 Pack (PD257E8P2), $11.77 ea. X 600 = $7,062
(Amazon.com) Pentel Super Hi-Polymer Lead Refill, 0.7 mm Medium, HB, 90 Pieces of Lead (C27BPHB3-K6), $4.19 ea. X 600 = $2,514
(Jet.com) Refill Eraser For Pentel Twist-Erase Series Pencils 3 pcs/Box, 12 Count (Pack of 12), $5.58 ea. X 600 = $3,348
(Amazon.com) CASIO F91W-1 Casual Sport Watch (1974), $10.97 ea. X 600 = $6,582
(Pharmapacks.com) Scunci Effortless Beauty Thick Hair Mini Jaw Clips 18 ea., $0.89 ea. X 1200 = $1,068
(Pharmapacks.com) Scunci Jaw Clips, Assorted Colors 3 ea., $2.26 ea., 100 = $226.00
(Target) Garnier® Fructis® Style Curl Scrunch Extra Strong Hold Controlling Gel 6.8 oz, $3.49 X 600 = $2,094
(Anypromo.com) Custom 48 Arc Umbrella (48 in diameter?), Colors: black, red, tan, 2 per apt., $4.45 X 600 = $3,270
(Anypromo.com) Custom Spiral Notebook With Pen, colors: orange, red, white, green, $1.56 X 600 = $936.00
(www.qualitylogoproducts.com) Travel Toothbrush Holder, Plastic, White, Frosted - 1.375H x 1.375W [Blank] Qty 125 for $9.02 X 10 = $90.20

**Personal Items, Separate**

(Walmart) Depend Fit-Flex Underwear for Women Maximum Absorbency XL 15 Count, $11.97 ea. X 1 = $11.97
(Walmart) Depend Real Fit for Men Maximum Absorbency Briefs L/XL, 52 count, $53.99 ea. X 1 = $53.99
(Wigs.com) Jon Renau Playmate Straight, JR611A, Hair Addition, Color: 16/22 BANANA CRÉME | Light Natural Blonde and Light Ash Blonde Blend (16/22), $93.03 ea. X 20 = $1,860.60
(Amazon.com) Centaur Helmet Bag (for wiglets), $11.79 X 10 = $117.90
(Amazon.com) T-Pins for pinning wigs on foam head, $4.99 ea. X 10 = $49.90
(Amazon) ACE 32mm/35mm/40mm/45mm/50mm/55mm/65mm/75mm/95mm Single Prong Metal Alligator Hair Clips Hairpins Korker Bow 50pcs in 1 Set, Size: 32 mm, $2.48 per package X 1 = $2.48
(Amazon) LARGE AQUA Waterproof Double Layer Shower Cap Made With Eco-Friendly EVA Exterior & Pure Satin $14.95 X 25 = $373.75
(Amazon) Epica Anti-Slip Machine Washable Anti-Bacterial Bath Mat 16” x 28” Natural Rubber, $10.50 ea. X 100 = $1,050.00
(Amazon.com) Dearfoams Women’s Textured Knit Twist Vamp Slide Slipper, Pink, Size Small, $22 ea. X 1 = $22
(Amazon.com) Dearfoams Women’s Textured Knit Twist Vamp Slide Slipper, Pink, Size Medium, $22 ea. X 20 = $440
(Amazon.com) Dearfoams Women’s Textured Knit Twist Vamp Slide Slipper, Pink, Size Large, $22 ea. X 30 = $660
(www.shopnational.com) Lightweight Nylon-Pima Cotton Footies 6-pk, Color: Nude, $9.95 X 10 = $99.50
(http://store.goldenmartbeautysupply.com) Stryo Wiglet Foam Dome for Hair Pieces, $5.99 ea. X 10 = $59.90
(Amazon) Lanz Women's Cotton Flannel Nightgown, Size Small, 100% Cotton, Color/Pattern = Red Plaid, $33.16 ea. X 2 = $66.32
(Frenchtoast.com) Plaid Pleated Skirts, several plaids available, Size 14, length = 21.5 inches, $19.98 ea. X 20 = $399.60
Hair Salon Project
Two apartments will be needed: one for caucasian hair (for 40 BCC women) and one for black hair (for 20 BCC women). The caucasian hair salon will need 6 part-time people and the black hair salon will need 2. These people will be employed elsewhere, but they can add a part-time job that pays $500 per week. A budget of $20,000 will be needed to pay for furniture and supplies. An additional sum will be needed for plumbing costs to hook up a sink in each apartment. Women who need to use the hair salon should dowsed when to schedule their appointments.

WiFi and AT & T Service for Landlines
Device independent WiFi and AT& T service are needed.

Notebook Computer and Cell Phone Project
(Best Buy) Asus - Q304UA 2-in-1 13.3" Touch-Screen Laptop - Intel Core i5 - 6GB Memory - 1TB Hard Drive - Sandblasted aluminum silver with chrome hinge, $599 X 580 = $347,420
(Best Buy) Mac Book Pro, $1350, X 20 = $27,000
(Outlandusa.com) Luna LED Light - 3 Pack, $29.97, 3 per person (580 X; PC only) = $17,382.60
(http://www.aroundtheoffice.com) Olympus E-102 Headset, - OLY141567, Headset’s long cord plugs into computer’s sound card, 13 Feet $17.50 X 620 = $10850
(Walmart) Targus Laptop Skin w/ Handle, for ea. resident, store at under shopping bag on Plano shelf, $11 X 600 = $6600
(Metro PCS) ZTE Cymbal Z-320 Cell Phone, $29 X 600 = $17,400
(Metro PCS) $30/month plan X 12= $360 X 600 = $216,000

Dishes, Mugs, Flatware & Toaster Oven for the Residential Apts.
(Walmart) Better Homes and Gardens Round Porcelain Dinner Plates, White, Set of 6, $25, 4 per apt., $100 X 10=$1,000
(Walmart) 10 Strawberry Street 7.5" Round Dessert Plates, Set of 12, $38, 4 per 3 apt., $ 152 X 10 = $1,520
(Walmart) 10 Strawberry Street 6.25" White Cereal Bowls, Set of 12, mostly used to check eggs for black spots $31, 3 per 3 apt, $93 X 10 = $930
(Walmart) 10 Strawberry Street White Mugs, White, Set of 12, $40, 2 per 3 apt., $80 X 10 = $800
(Walmart) Better Homes and Gardens 18 oz Latte Mug, Set of 6, $16, 2 per 3 apt., $32 X 10 = $320
(Amazon) Farberware Poppy Mirror/Pebble 20-Piece Flatware Set, 18/0 Stainless Steel, $20.99 per set X 6 per apt. = $125.94 X 10 residential apts. = $1294 Note: Bestreviews.com “This entry level set is a bargain for those who only require four sets of flatware. The value per dollar is the best available.”
(Walmart) Oster Designed for Life Convection Toaster Oven, $32.92 ea X 10 = $329.20

Over-the-Fence to Explore Port Royale Project (Red)
An advance team will be need to climb over BCC/Port Royale fence to (a) check to see if the new building and apartments are open (b) If the apartments can be accessed, the refrigerators need to be turned on — to refrigerate food from the Peanut Butter Perishable Food Shop. Choose a person to take notes and record Floor Numbers, Apartment Numbers and status. The result of this project will determine the timing of the Peanut Butter Perishable Food Shop (a contingency plan may be needed).

Bolt Cutter Shop (Red)
A bolt cutter is needed to remove (dowsed) sections of the fence separating BCC and Port Royale opposite BCC buildings 17 and 18. (Home Depot) See Bolt Cutter below. This team will also need to purchase 2 large garbage cans and liners for the discarded packaging at the personal products distribution (see: Chaper 7: Other Apartments)
(continued on next page)
Path to Ascension

Matco Stone Center, Inc. Large White River Rock (for creating a grade to drive vehicles through the section in the fence, Matco Stone Center, Inc., 1263 Hammondville Rd., Pompano Beach, FL 33069 954.946.5567

Water (Bright Pink)
(Luckyvitamin.com) Just Water Spring Water, 500mL, (94 ea) X 800 = $752 (one delivery)
(Jet.com) Just Water Spring Water, 500mL, (Pack of 12), $13.80 X 800 = $11,040
(Walmart) Spring Water 1 Gal (Pack of 6), Deer Park, $52.98 ea.

Large and Small Appliances for Shared Dining
(Sears.com) Kenmore Elite 51773 28 cu. ft. Side-by-Side Refrigerator - Stainless Steel, $1499.99 ea. for Shared Dining X 20 = $29,999.80
(So-Low Environmental Equipment Company) Model: C40-17 Manufacturer: So-Low Temperature Range: -0°C to -40°C
(Homedepot.com) Haier 4.5 cu. ft. Mini Refrigerator in Virtual Steel, $149 ea. X 60 = $8940
(Homedepot.com) Haier 5.0 cu. ft. Chest Freezer in White, $169 ea. X 60 = $10,140

Shared Dining Equipment
(Webstaurantstore.com) Aarco 42” x 24” Cherry A-Frame Sign Board with Black Write On Chalk Board, two needed at each shared dining, one for chef and the other for the general manager, $89.99 ea. X 40 = $3,599.60
(Walmart.com) Crayola LLC Formerly Binney & Smith BIN510404 Crayola Colored Drawing Chalk, 24 S, $4.52 ea. X 20 = $90.40
(Walmart.com) Cra-Z-art White Chalk, 16ct, $.98 ea. X 30 = $29.40
(OfficeSupply.com) O-Cel-O Stay Fresh Sponges, $1.69 ea. X 30 = $50.70
(Restaurantequipmentclub.com) Metalfrio MSC-49C Curve Top Ice Cream Freezer 14.7 cu. ft. with locks, $917, 3 per 3 apt. dining X 15 = $13,755
(Walmart, In-Store) PROfreshionals Ice Cube Trays, $3, 20 per 3-apt group, $60 X 10 = $600
(eBay) Onyx White Ice Cube Tray Stand, $14.17, 6 per 3-apt group, 18 X 14.17 = $255.06
(amazon) 6-Tier NSF Wire Shelving Rack with Wheels, Chrome (FOR WATER AND VINEGAR JUGS, 2 ea. food apt) ($171 X 30 = $5,130)
(www.us-appliance.com) WET4027EW Whirlpool Combination Washer/Electric Dryer - White, $1,164.10 X 10 = $11,640
(www.acitydiscount.com) Undercounter Glasswasher High Temp 30 Racks/ Hr, CMA Dishmachines, Model: CMA-181 GW, Web Price: $5,354.00 $5,354.00 X 10 = $53,540
(webstaurantstore.com) Bunn Axiom APS Twin Airpot Coffee Brewer 120/240V, Fits 1.9 to 3 liter airpots, sold separately, Output 15 Gallons Per Hour, Overall Dimensions: Width: 16” Depth: 18” Height: 23 1/2”, $1,159.00 X 10 = $11,590
(webstaurantstore.com) Choice 2.5 Liter Glass Lined Stainless Steel Airpot with Lever, $18.15 ea., 10 per 3 apt. dining, $180 X 10 = $1800
(www.webstaurantstore.com) 9 3/4” x 4 1/2” Unbleached Natural Coffee Filter 12 Cup - 1000/Case, $8.49/Case, 3 per 3 apt. dining, 25.17 X 10 = $250
(Walmart) BUNN G2 HD, 2-Pound Bulk Commercial Coffee Grinder, Black, 22102, $928.09 X 10 = $9,280
(http://www.industrialstoragedepot.com) Small 3 Shelf Utility Cart: Top and Bottom Tub, Middle Flat $123.00 (Black or Gray) for moving trays of coconut custard cups to a storage refrigerator, $162.79, 1 per 3 apt., $1630
(Uline.com) Uline Utility Cart - 45 x 25 x 33”, Black, $129 ea. 3 per 3 apt., $129 X 10 = $3,870
(Dillard.com) Southern Living Charleston 45-Piece Flatware Set, 6 per 3 apt., $149, $894 X 10 = $8,940
(Dillard.com) Lenox Vintage Jewel Traditional Stainless Steel Flatware, 4 pc. Hostess Set, (18/10), $60, 4 per 3 apt., $240 X 10 = $2,400
Path to Ascension

(Amazon.com) Artaste 59311 Rain 18/10 Stainless Steel Teaspoon, 6.25-Inch, Set of 12, $17.18, 1 per 3-apt., $17.18 X 10 = $170

(Amazon.com) Fortessa Lucca 18/10 Stainless Steel Flatware Solid Handle Steak Knife, Set of 12, 2 per 3 apt., $119.95, $240 X 10 = $2,400

(http://www.bedbathandbeyond.com) WMF TYPE Long-Handled Spoons (Set of 4), 18/10 Stainless (for Cream Soups), $14, 4 per 3 apt., $56 X 10 = $560

(http://www.surlatable.com) Sur La Table Stainless Steel Colanders, 18/10 stainless steel, order all three 9.5 in, $24.95, 4 per 3 apt., $100 X 10 = $1,000

(http://www.surlatable.com) Sur La Table Stainless Steel Colanders, 18/10 stainless steel, order all three, 11 in., $29.95, 4 per 3 apt., $120 X 10 = $1,200

(www.williams-sonoma.com) Williams-Sonoma Thermo-CladTM Stainless-Steel Stock Pot, 8-Qt. (18/10 stainless), 8-qt. cap.; 10 1/4” diam.; 5 3/4” high. 6 lb. 7 oz. with lid, $380, 3 per 3 apt., $1140 X 10 = 11,400

(www.surlatable.com) Sur La Table’ Nylon Pancake Turner (or spatula) made from 18/10 stainless steel and nylon, $15, 3 per 3 apt., $45 X 10 = $450

(www.surlatable.com) Sur La Table’ Nylon Slotted Spoon made from 18/10 stainless steel and nylon, $11, 4 per 3 apt., $44 X 10 = $440

(www.surlatable.com) Sur La Table’ Large Nylon Spoon, $11, 4 per 3 apt., $44 X 10 = $440

(www.surlatable.com) Sur La Table Nylon Ladle, 6 oz. , $14, 3 per 3 apt., $42 X 10 = $420

(www.fishseddy.com) Diner White Cereal Bowl, 5 3/4 in. diameter (for Egg Drop Soup with or without chicken pieces), $8, 30 per 3 apt., $240 X 10 = $2,400

(www.fishseddy.com) Monaco Soup Plate 12 oz (for Egg Drop Soup with or without chicken pieces), $14, 24 per 3 apt., $336 X 10 = $3360

(www.surlatable.com) Oval Bistro Platter 20”, $43, 4 per 3 apt., $172 X 10 = $1,720

(eBay.com) NEW WMF Grand Gourmet Cromargan 18/10 Stainless Steel Knife & Block Set 5P, $340, 1 per 3 apt. $340 X 10 = $3,400

(amazon.com) Nostalgia Electrics Retro Series 60-Can Party Cooler Fridge, Red, Adjustable thermostat ranges from 39 to 61 degrees F Transparent lid 2 interior removable shelves, Dimensions: 22”L x 22”W x 34.65”H, 1 per 3 apt., $297 X 10 = $2,970

(Walmart) Oster Designed For Life 6-Slice Digital Toaster Oven (L, W, H) 21.46 x 17.13 x 14.37, 12 per 3 apt. $67, $804 X 10 = $8,040

(amazon.com) 1 X 9” x 13” Quarter Size Sheet Bake Pan, $8.60, 4 per 3 apt., $34.40 X 10 = $350

(Walmart) Mainstays 5-Compartment Mesh Cutlery Tray, $8, 4 per 3 apt., $32 X 10 = $320

(Walmart) Camco Cutlery Tray, White, Extra cutlery tray for use in Utility Carts, Compact 7 in X 12 in size, $5, 6 per 3 apt., $30 X 10 = $300

(kng.com) 3 Pocket Chalk Stripe Bib Apron, 27 inch Rounded Corners, 20, $5.75 ea., 115 X 10 = $1150

(www.walmart.com) Cuisinox Chef Knife, 18/10 Stainless, $35, 1 per apt., $35 X 10 = $350

(www.walmart.com) Cuisinox Bread Knife, 18/10 Stainless, $35, 3 per apt., $105 X 10 = $1050

(www.walmart.com) J.A. Henckels International Stainless Steel Large Whisk, $10, 2 per 3 apt., $20 X 10 = $200

(walmart.com) Cuisinox Cuisinox 3.5” Paring Knife, $20, 4 per 3 apt., $80 X 10 = $800

(amazon.com) Zyliss Swap It Peeler/Knife Combo, Green, $10, 2 per 3 apt., $20 X 10 = $200

(hotelrestaurantsupply.com) Valco Stainless 9-218G Saturn TM Water Pitcher, 70 ounce, without ice guard, 18/10 stainless steel
$46, 2 per 3 apt., $92 X 10 = $920

(www.dillards.com) Southern Living 11-Piece Stainless Steel Tri-Ply Clad Cookware Set, $300, 1 per 3 apt., $300 X 10 = $3,000

8” and 10” fry pans
3-quart covered Deep Saute Pan with helper handle (lid)
2-quart covered sauce pan and lid
3-quart covered sauce pan and lid
8-quart covered stock pot and lid
Steamer insert (fits 3-quart sauce pan)
(Amazon) Culina 12-inch Frying Pan Tri-ply Bonded 18/10 Stainless Steel Cookware with Helper Handle and Lid, $80, 1 per 3 apt., $80 X 10 = $800
(Amazon) Cuisinart 7194-20 Chef’s Classic Stainless 4-Quart Saucepan with Cover, $51, 1 per 3 tpt., $51 X 10 = $510
(www.amazon.com) All Clad SS Tongs, Stainless Steel, 12”, 18/10 stainless for grabbing oat bran covered vegetables from a half-gallon Mason jar after shaking to apply the oat bran), see: oat_bran_dredged_vegetables_04_29_16.pdf, $26, 2 per 3 apt., $52 X 10 = $520
(Walmart) Better Homes and Gardens Round Porcelain Dinner Plates, White, Set of 6, $25, 4 per 3 apt., $100 X 10 = $1,000
(Walmart) 10 Strawberry Street 7.5” Round Dessert Plates, Set of 12, $38, 4 per 3 apt., $152 X 10 = $1,520
(Walmart) 10 Strawberry Street 6.25” White Cereal Bowls, Set of 12, mostly used to check eggs for black spots $31, 3 per 3 apt, $93 X 10 = $930
(Walmart) 10 Strawberry Street White Mugs, White, Set of 12, $40, 2 per 3 apt., $80 X 10 = $800
(Walmart) Better Homes and Gardens 18 oz Latte Mug, Set of 6, $16, 2 per 3 apt., $32 X 10 = $320
(Walmart) 10 Strawberry Street Tid Bit Set, Red Box 3.25”, 3 oz Milk Jugs, Set of 4, White, 3 per 3 apt., $17.12, $51.36 X 10 = $514
(www.webstaurantstore.com) GET B-45-DW Diamond White 10 oz. Bouillon Bowl - 24 / Case, Dimensions: 3 per 3 apt., $97 X 10 = $970
(Amazon) Anchor Hocking 10-Ounce Oval Custard Cups, Set of 4, $13.09, 9 per 3 apt., $117.81 X 10 = $1,178.10
This is an unusual 10-oz size that has a lip suited for holding a rubber band (to secure wax paper)
(Staples) Alliance Rubber Sterling Rubber Band - Size: #32 - 3” Length X 0.12” Width X 0.03”, $10, 2 per 3 apt., $20 X 10 = $200
<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
<th>Quantity</th>
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<tr>
<td>Walmart Cast Iron Fleur De Lis Trivet, $10, 6 per 3 apt., $60 X 10 = $600</td>
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<td>Macy’s Chilewich Bamboo Woven Vinyl Placemat Collection, Cranberry, $20, 24 per 3 apt., $480 X 10 = $4800</td>
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<td>Walmart Vanity Fair Everyday Napkins, 300 count, $14, 12 per 3 apt., $168 X 10 = $1680</td>
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<td>Walmart Ozark Trail 36-Can Cooler with Removable Hardliner, $18, 3 per 3 apt., $54 X 10 = $540</td>
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<td>Walmart Fit &amp; Fresh Cool Cooler Ice Pack (Set of 8), $26, 3 per 3 apt., $78 X 10 = $780</td>
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<td>Walmart Brawny Paper Towels, Pick-A-Size, White, 3 XL Rolls, $6, 30 per 3 apt., $360 X 10 = $3600</td>
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<td>Walmart Mr. Coffee 12-Cup Switch Coffee Maker, CG12, White, This device should be used to make Neem Iced Tea and also used in how-to classes., See: <a href="http://articles.x10.mx/neem_iced_tea_and_thyme_water_instructions_04_22_15.pdf">http://articles.x10.mx/neem_iced_tea_and_thyme_water_instructions_04_22_15.pdf</a></td>
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<td>$2025.60</td>
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<td>Walmart Rubbermaid Commercial Brute Recycling Round Gray Plastic Container, 32 gal., $36, 2 per 3 apt. X 10 = $360</td>
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<td>Walmart Hefty Extra Strong Extra Large Trash Can Liner Drawstring Bags, 33 gallon, 48 count, $12.72, 12 per 3 apt. X 10 = $1526.40</td>
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<td>Walgreens.com method Foaming Hand Wash Sea Mineral 10.0 oz., Triclosan free, Biodegradable, Naturally derived No animal testing, $4.19, 24 per 3 apt. X 10 = $1005.60</td>
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<td>Walmart Seventh Generation Natural Automatic Dishwasher Detergent SEV22818PK, $10.99 12 per 3 apt., X 10 = $1318.80</td>
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<td>Walmart Simoniz Soft-Scrub Micro fiber Sponge Pads, 2 count (machine washable and dryable), $2.97, 24 per 3 apt. X 10 = $712.80</td>
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<td>Walmart Spectrum Luna Paper Towel Holder, Bronze, $16.49, 4 per 3 apt. X 10 = $659.60</td>
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<td>Walmart A Greener Kitchen OM002 Organic Cotton Oven Mitt - Garden-Natural, $19.69, 6 per 3 apt. X 10 = $120</td>
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<td>Walmart Ziploc Slider All Purpose Quart Storage Bags, 42ct, $4.46, 6 per 3 apt., X 10 = $267.60</td>
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<td>Walmart Ziploc Pinch and Seal Snack Bags, 90 Ct, $2.98, 4 per 3 apt., X 10 = $119.20</td>
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<td>Walmart Playtex HandSaver Gloves Large, 1 Pair (Pack of 2), $5.94, 8 per 3 apt., X 10 = $712.80</td>
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<td>Walmart Taylor 5806 Digital Timer, $4.56, 3 per 3 apt. X 10 = $136.80</td>
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<td>Walmart Reynolds Non-Stick Parchment Paper, 45 sq ft, $3.50, 24 per 3 apt. X 10 = $1260</td>
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<td>Amazon Beessential Natural Sulfate Free Lavender with Bergamot Body Wash 8 fl. Oz. Pump Bottle by Beecology, PEG, Paraben &amp; Sulfate Free, $9, 24 per apt X 10 = $2340</td>
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<td>Walmart Swiffer Mop, Green, $15, 4 per 3 apt., X 10 = $900</td>
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<tr>
<td>Homedepot Sweeper Wet Cloth Refills with Open Window Fresh Scent (12-Count) 12-Pack, $62.82, 2 per 3 apt., X 10 = $1884.60</td>
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<td>$1884.60</td>
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<tr>
<td>Note: Publix-brand refills are also available</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Target Mac Sports Folding Wagon - Red, $70, 1 per 3 apt., X 10 = $700</td>
<td></td>
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</tr>
<tr>
<td>Target Mrs. Meyer’s Dish Soap Lavender - 16oz, $10.79, 12 per 3 apt. X 10 = $1942.20</td>
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<td>$1942.20</td>
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FYI: Placeholder text here to show the approximate size and position of type.
<table>
<thead>
<tr>
<th>Description</th>
<th>Quantity</th>
<th>Unit Price</th>
<th>Total Price</th>
</tr>
</thead>
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<tr>
<td>(Walmart) American Tourister Folding Luggage Cart</td>
<td>1 per apt.</td>
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<td>$200</td>
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<tr>
<td>(Walmart) RUBBERMAID FG8316AFarberware 11” x 14” Poly Cutting Board</td>
<td>3 apt.</td>
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<td>(Walmart) Honey Can Do 24pk Suit Hanger, Cherry</td>
<td>10</td>
<td>$20</td>
<td>$1800</td>
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<td>(Walmart) Purex Natural Elements Linen &amp; Lilies Liquid Laundry Detergent</td>
<td>3 apt.</td>
<td>$3.97</td>
<td>$360</td>
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<tr>
<td>(Walmart) Pears Soap Bars Transparent 4.4 oz, 3 bars</td>
<td>10</td>
<td>$17</td>
<td>$6120</td>
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<tr>
<td>(Walmart) White Cloud Green Earth Triple Roll Bath Tissue</td>
<td>3 apt.</td>
<td>$4.18</td>
<td>$360</td>
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<tr>
<td>(Walmart) Lysol Bowl Brush &amp; Caddy</td>
<td>10</td>
<td>$9</td>
<td>$180</td>
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<tr>
<td>(Walmart) Bon Ami All Natural Powder Cleanser 14 Oz Shaker</td>
<td>3 apt.</td>
<td>$7.30</td>
<td>$438</td>
</tr>
<tr>
<td>(Walmart) Norpro 2 Cup Plastic Measuring Cup</td>
<td>3 apt.</td>
<td>$4.64</td>
<td>$278.40</td>
</tr>
<tr>
<td>(Walmart) United Solutions 12-Quart Round Wastebasket, White</td>
<td>10</td>
<td>$13.52</td>
<td>$271.04</td>
</tr>
<tr>
<td>(Bedbathandbeyond.com) Harmon* Face ValuesTM Cotton Swabs &amp; Accessory Case</td>
<td>3 apt.</td>
<td>.99</td>
<td>$120</td>
</tr>
<tr>
<td>(Amazon.com) Amazon.com, 4Pcs x Black and White Famous Building Motivational Office Picture Photo Wood Black Frame Safe Lighter Plexiglass + White Mat Wall Modern Art</td>
<td></td>
<td>$59.50</td>
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<tr>
<td>(walmart) Purex Natural Elements Linen &amp; Lilies Liquid Laundry Detergent</td>
<td>3 apt.</td>
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<td>10</td>
<td>$13.52</td>
<td>$271.04</td>
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<td>(Bedbathandbeyond.com) Harmony Face Values Cotton Swabs &amp; Accessory Case</td>
<td>3 apt.</td>
<td>.99</td>
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<tr>
<td>(amazon) Quartet Prestige Total Erase Dry-Erase One-Month Calendar</td>
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<td>$59.50</td>
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<td>(Gat Caperton) 82050 Lateral Panel Bed - Single W45” x L79 1/2” HdBd H50” FtbD H21” Slat H9 1/2”</td>
<td>2 apt.</td>
<td>$250</td>
<td>$500</td>
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<td>(magnatag.com) Magnatag* 24” plastic-laminated Magnet Strips, Yellow</td>
<td>10</td>
<td>$342</td>
<td>$3420</td>
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<tr>
<td>(magnatag.com) Magnatag* 24” plastic-laminated Magnet Strips, Tan</td>
<td>10</td>
<td>$342</td>
<td>$3420</td>
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<tr>
<td>(magnatag.com) Damp Erase Pens (for writing on magnet strips)</td>
<td>10</td>
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<td>(Target) Performance Solid Hand Towels - Threshold, Color: Foraging Brown</td>
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<tr>
<td>(Target) Performance Solid Wash Cloths - Threshold, Color: Foraging Brown</td>
<td>3 apt.</td>
<td>$4.99</td>
<td>$1200</td>
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<td>(walmart) Avery Heavy-Duty Reference EZD View Binders and Sparco A-Z Black Leather Tab Index Dividers Bundle (includes 3-ring binder)</td>
<td>3 apt.</td>
<td>$9.52</td>
<td>$18.00</td>
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<td>(<a href="http://www.zoro.com">www.zoro.com</a>) Card File Covered Tray, Petite, Black (Rolodex, for phone #)</td>
<td>1 apt.</td>
<td>$197.92</td>
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<td>(walmart) Sauder Edge Water Mobile Lifestyle Desk, Estate Black, Desk for chefs</td>
<td>3 apt.</td>
<td>$156.31</td>
<td>$468.93</td>
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<td>(Walmart) Sauder Edge Water Printer and Utility Stand, Estate Black</td>
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<td>$1150.40</td>
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<td>(Houzz) Masters Collection Mesh Strainer, 18/10, Colanders &amp; Strainers, by CIA</td>
<td>10</td>
<td>$16.75</td>
<td>$167.50</td>
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<td>(amazon) Anchor Hocking 15-Ounce Heavy Base High Ball Beverage Set, Set of 12, 4 per 3 apt.</td>
<td>10</td>
<td>$21</td>
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</tbody>
</table>

**Closet Supplies**

(Retailresource.com) Clothing Rack Size Dividers with Insert Window, White, 10 per package, Accepts 3 1/4” x 2 1/2” (W x H) inserts, $8.89 per package X 40 = $355.60

(Retailresource.com) Divider Insert Cards, Blank, 100 per package, $29.99 ea. X 40 = $1,199.60

(DollarTree.com) Large Rectangular Slotted Plastic Storage Baskets, $36 per case X 1 = $36
Path to Ascension

**Accessories for the Bathroom**
- (kmart.com) Exquisite Small White Waste Basket, $12.99 ea. X 30 = $389.70
- (Uline.com) Uline Coreless Trash Liners - .23 Mil, 4 Gallon, 2000 for $37
- (Amazon) InterDesign Mildew-Free Water-Repellent Fabric Shower Curtain, 72-Inch by 72-Inch, White, $8.99 ea. X 30 = $269.70
- (Target) S Shape Shower Hooks Chrome - Threshold", $10.49 X 30 = 314.70
- (Bedbathandbeyond.com) Harmon® Face ValuesTM Cotton Swabs & Accessory Case, $.99 X 30 = $29.70

**Miscellaneous Furniture for Apartments**
- (Walmart) Drop-Leaf Utility Cart, White $208.49 ea. X 30 = $6,254.70
- (Usplastic.com) Sterilite® 13.2 Gallon White SwingTop Wastebasket - 17-1/4" L x 13-1/2" W x 27" H, $16.89 ea. X 30 = $506.70
- (Usplastic.com) Sterilite® 13.2 Gallon Black SwingTop Wastebasket - 17-1/4" L x 13-1/2" W x 27" H, $16.89 ea. (for recycling) X 30 = $506.70
- (Quill.com) GLAD 78526 Drawstring Trash Can Liner, 13 gal., PK100, $13.99 X 60 = $839.40
- (Officedepot.com) Panasonic KX-TSC11B Integrated Telephone System in Black Item # 747184, $25.99 ea. X 60 = $1,559.40
- (http://www.uline.com) 3 Step Rolling Safety Ladder with 10" Top Step, $212 ea. X 30 = $6,360
- (kmart) Essential Home Full- Length Door Mirror, Item # 021W005315291002P Model # 10356-12K-KT, $5.99 ea.X 30 = $179.70

**Clocks**
- (Superwarehouse.com) Whisper Quiet Clock, 12", Black, for every room in the shared dining apts. and main rooms of the SIG apts., requires 1 AA battery $7.59 ea. X 100 = $759
- (Walmart.com) La Crosse Technology Equity Quartz Travel Alarm, requires 1 AA battery. I love this travel alarm, $5.64 ea. X 60 = $338.40
- (Walmart.com) Energizer Max AA, 8 Pack Household Batteries, $6.37 ea. X 100 = $637
- (Amazon) Equity by La Crosse 30416 0.9” Led Dual USB Alarm Clock, $26.95 X 30 = $808.50
Gasoline
(ExxonMobil Gift Cards) $200 X 200 = $40,000
(Shell Refillable Cards) $200 X 200 = $40,000

Vehicle Maintenance and Parts
(Deerfield Toyota) $20,000 prepaid
(http://www.jeffreyalleninc.com) $20,000 prepaid
FYI: God wants Mennonite farmers in Realm 12 to attend Horse Progress Days for 3 years until graduation while planning (and dowsing) the Tradewinds project.

Horse Progress Days Event, June 30-July 1, 2017

Realm 8 will have a Chinese tractor manufacturer, but no mechanical tillage. The Tradewinds project has pasture that will need tilling and the solution is horse-drawn equipment (Tradewinds has a stable with 10 horses, 6 are suitable for an agricultural project). Sponsors interested in the Tradewinds project will need to attend an annual Horse Progress Days Event held in Gordonville, PA (http://www.horseprogressdays.com). David Stoltzfus Jr. is the Teamster contact (717-768-3622).

The Mennonite group at BCC will need to become acquainted with Tradewinds ahead of this event (3 visits). A group of 4 will need to go to Gordonville (1 sponsor and 3 Mennonites). Equipment will need to be (dowsed) and purchased.
Dowsing helps me to understand that there will be no spreaders demonstrated at Horse Progress Days. The soil at Tradewinds will need Dolomite (a natural calcium/magnesium fertilizer). Baker Lime in York, PA (45 minutes West of Gordonville, PA) sells Dolomite Lime in 40 lb bags or 1,500 lb. “Supersacs.” An Agri-Fab 45-0301 175 Lb. Spiker / Seeder / Spreader is a heavy duty spreader that is available from stores such as Walmart, Lowes and Home Depot for about $340-380. Electric Club Car utility vehicles come with tractor hitches and can be used to pull the Agri-Fab spreader (Carryall 300 Club Car). Dolomite Lime is pellitized but the pellets or granules would need to go through the holes in the Agri-Fab Spreader.

When I dowse the question, "Should the group traveling to Gordonville also visit Baker Lime in York, PA?" The response is "Yes." One Agri-Fab 45-0301 175 Lb. Spiker / Seeder / Spreader has been added to the advance preparations list, but 3 will be needed for the Tradewinds project (to spread lime after tillage and before planting). Detailed videos for assembling the Agri-Fab spreader are available on the Agri-Fab site. Contact Baker Lime, describe the Agri-Fab spreader and ask them to send a sample of their lime (if they are not familiar with the spreader). The spreader should be assembled and tested before the trip to Pennsylvania.
Truck Rental in Fort Lauderdale

Truck rental companies are not very visible in Fort Lauderdale. Google is only partially helpful because listings include gas stations that may have one or two trucks.

After searching on Oakland Park Highway and Dixie Highway without success, I passed a large U-Haul dealer on Andrews Avenue. My notebook that contains scribbled details that I wrote at a stop light says that the location is in the 700+ block. Here is a U-Haul dealer that matches my notes:

U-Haul of Pompano Beach
801 S. Andrews Ave
Pompano Beach, FL 33069
(954) 782-0474

Wilfredo and his crew install 7 days a week. The Web says "Need to get hitched?" Please call Wilfredo, Victor, or Pop at (954) 782-0474.

FYI: I asked a Walmart employee about ordering products from large suppliers that is not on their shelf (e.g. Quaker Oat Bran Hot Cereal). She said the product's "UPC" code is the key. A Walmart staff member can check the store's ability to order a product with the item's UPC (the number printed next to the bar code).
At the time of this writing, all of the apartments at Bay Colony Club are residential. The development, owned by Warren Buffett’s Berkshire Hathaway, has 640 units that are mostly two bedroom apartments. At startup, only 35 of these apartments will be empty. It will take approximately 3 months to prepare 168 apartments needed for the 400-member co-op (or, 84 for two, 200-member groups).

Landing in Realm 12

This landing party in Realm 12 will be a special case because there will only be 10 people in each residential apartment. God's original plan was for 15.

Understanding the Difference Between Realm 8 and Realm 12

To understand the difference between the apartment layout in Realm 8 and Realm 12, I had to create a block diagram with God’s 84-apartment cluster. Compare the following diagrams:


There are fewer residential apartments in Realm 12 because there are more people in each apartment.

Bunk Beds

Bunk beds make a 10-person living arrangement possible. You'll find a floorplan at http://housing.x10host.com/two_bedroom_realm_8.pdf. There will not be a lot of space between bunks because they are 79 inches long x 42 inches wide. Every bunk will have a Misslo Hanging Bedside Storage
Caddy for storing books and other items (popular in dorms and attached with velcro). People in top bunks can climb the ladder in their shoes and then store their shoes in their caddy. Many people may want to use their Solar Powered Camping Lantern, Solar LED Camp Light & Handheld Flashlight that they used outdoors, or their Luna LED Light that plugs into their Asus notebook computer. Device independent WiFi is planned so TV viewing will be possible on your notebook with a supplied Olympus headset. Four Mainstays (Walmart's brand) accent pillows are planned for each bunk in addition to your pillow.

**Shared Closet Space**

Clothing dividers used in retail stores will be used to divide the closet rods equally. Easy-to-assemble Black Beauty racks will be available if additional space for hanging clothes is needed. Whitmor Hanging Shoe Shelves will be arranged in the closets (three compartments each). The Whitmor product has zippered compartments along the side of the shoe shelf for socks or small items.

Hangers include plastic, wood and snapper styles. Each person will receive two new bath towels, two hand towels and two wash cloths (Target's Threshold brand in chocolate brown). A birch color (slightly lighter shade) will be the apartment set that is stored in the linen closet. Birch hand towels are for the bathrooms and a set of bath towels are available as an extra towel for wiping up shared baths and showers. Cotton bath mats will also be available in the outdoor canopy baths that are planned. Two storage bins are planned for each canopy: one for clean mats and one for soiled (so you don't have to use your own towel in the outdoor canopy). Indoor bathroom floors need to be kept clean with Swifter mops. Because of the limited linen closet space, you will need to fold your towels vertically and hang them over your wooden hanger. An additional wooden hanger will provide a place to hang your Earth Tote, a 17-inch tall canvas tote bag that is very strong for holding heavy items.

Closet shelves will have bins for storing extra soap, toothpaste and hair products. Closet floor space will be storage for a vacuum cleaner, and an ironing board. Any extra space will need to kept clear in case there is a need to store extra items.
**Storage for Personal Items**

Four-shelf Plano shelf units will be built up to form 6-shelf towers. Each person will have 4 shelves.

**Magnetic White Boards for Apartment Hallway**

Two four foot magnetic white boards will be hung in the hallway for displaying God's task assignments (on moist-erase magnetic strips in three colors). One color will be used for assignments inside the apartment (mostly cleaning), a second color will be used for assignments outside (e.g. assisting chefs). These two types of assignments are week-long in duration. A third color will be used for assignment of shower/bath locations that will be a month-long in duration. The white boards will be imprinted with a generic monthly calendar that will need to be labeled with dry-erase markers. God will assign the task of dowsing assignments to one of the apartment residents and this job will last for a month.

**Kitchen**

A set of dishes and flatware is planned for every kitchen. Mugs are planned instead of glasses at this time (12 oz. and 18 oz). A Oster 6-slice toaster oven is planned for the kitchen. Snacks may be prepared, but there is no cooking allowed. Residents must attend shared meals prepared by the chefs (unless there is dowsed permission, you will be expected to attend all shared meals).

**Soap (and White Vinegar) for Kitchen, Bath and Laundry**

Environmentally friendly soaps (e.g. with high scores from the Environmental Working Group) are hard to obtain. Pears glycerin soap is environmentally friendly and it has a neutral pH that will not harm your body's acid mantle (Note: Pears will not create streaks on mirrors). Method hand foamers and dish foamers are planned to supplement Pears bars. Purex Natural Elements is planned for the laundry at this time. White vinegar is an addition for laundry loads because it is a disinfectant (2 cups per medium to large load). When larger machines are purchased, this number will need to be re-dowsed.

FYI: Check for marks (or crumbs) on floors and splash marks on mirrors every time you enter a room. Clean these surfaces yourself even though someone else may be assigned this task. Do not leave any task for someone else. This approach will make weekly cleaning easy for everyone.
**Anticipated Timetable to Complete Residential Apartments**

Movers will be boxing existing apartment contents and moving contents to other apartments. When the apartments are cleared, some floors will need to be repaired. All apartments will be painted and commercially cleaned. If you look at the diagram at:


the apartment blocks in my diagram that are dark green are wash/activity apartments that have extra showers, washers and dryers and space for activities such as TV-viewing, work on computers and other tasks (in separate rooms). The shared dining apartments (3 per each dining group) are peach colored blocks. These apartments will need to be cleared at the same time residential apartments are cleared. I dowse six months for the move-in timetable.

**Inventory Form for a Any Apartment**

Due to the time required to order supplies, it is important that residents pay attention to levels of supply. This also applies to food (e.g. vanilla ice cream or Food for Life loaves of bread).

God has set the re-order level at 30% and a form has been developed to communicate stock levels that drop below 30% to management.

The form will need to be printed (e.g. at the apartment used by the Novice Computer Users' SIG).

Stock levels need to be checked every three days to see if anything has dropped below the required 30% level.

Dowse to determine the required stock level. God likes the number 12. In this example, if you see 4 items or less, you will need to add the item to an inventory form and give it to management.

To access the form, go to the following URL:

http://housing.x10host.com/form_food_supplies_to_order_apt_04_27_16.pdf

Supplies outside of the apartment will also need to be inventoried. This task may show up on the magnetic white board in apartments (e.g. the food inventory for the co-op).
Chest Freezer with a Temperature Range to -40 Degrees Celsius

Hulda Clark wrote that most parasites die in a deep freeze temperature of -20 degrees Fahrenheit (or -30 degrees Celsius) if left in the cold temperature for at least 24 hours.

Each shared dining group will need three large freezers and two refrigerators.

So-Low Environmental Equipment Company in Cincinnati, Ohio manufactures freezers that can be set to -40 degrees Celsius. This is a hard item to find. Average freezer compartments of refrigerators have a low setting of 0 degrees. Many freezers that do advertise "deep freeze" temperatures stop at a setting of -15 or -20 degrees Celsius.

Model: C40-17
Manufacturer: So-Low
Temperature Range: -0°C to -40°C
Capacity: 17 Cubic ft. / 480 Liters
Inventory Rack Capacity: 36
Dimensions:
- Exterior w x d x h (inches): 81" x 34.5" x 49"
- Exterior w x d x h (cm): 205.7 x 87.6 x 124.4
- Interior w x d x h (inches): 69" x 20" x 21"
- Interior w x d x h (cm): 175.2 x 50.8 x 53.3

So-Low Environmental Equipment Company
10310 Spartan Drive
Cincinnati, OH 45215
Phone: 513-772-9410

When food arrives in cases it will need to be quickly moved to an apartment that has a "receiving" function or "staging" area for dividing food orders up between 10 shared dining teams. This apartment could be at BCC or at Port Royale.

Cases of food could arrive by carrier, or picked up from local suppliers. This plan will need to be put in place almost immediately (as soon as bulk foods orders are placed with local grocery managers).

A refrigerated truck will be needed to move food.
Breaking Sugar Habits

Strangely, I douse that only three (the three who are asleep) and their clones—a total of 12 people, are the only co-op members who have a sugar habit.

For some time, I have suspected that Sirians can "program" a sugar addiction. A couple of years ago, I was eating alone in Panera next to a group of 4 people. Two of the people, about my age (early 60s) wheeled an elderly man into the restaurant (for lunch) and assisted an elderly woman. They bought food and I noticed the two younger adults suddenly realized that the two seniors had eaten sugar cookies before they had their sandwich. I thought about my mother and her sugar cravings. She complains when a food is "not sweet enough."

The only sweet food in the items that are planned is cheesecake. God considers this to be a healthy dessert and it's approved for a snack. Stevia (the raw green variety) is planned.

When I was in my early 20s, I became addicted to sugar. I ate a pastry for breakfast and that food became my habit. I developed a hypoglycemia problem and it took 6 months to break the addiction. When you do transition away from sweets, you lose a desire for a sweet taste. You know that you've broken the habit when you taste sugar and it's too sweet.

After studying nutrition for many years, I now realize that sugar puts a burden on your pancreas. Too much sugar leads to insulin resistance which is a pre-diabetic condition. The incidence of diabetes worldwide, has increased by a factor of 4 since the 1950s. There are also parasites involved in diabetes.

Resisting a healthy change in diet will have consequences related to graduation to lower numbered realms.
At startup, the 35 empty apartments that are available will need to have shared functions. These apartments will need to be shared dining spaces as well as wash/activity apartments. As a shared dining space, these apartments will seat 40 instead of 20 (the number planned for the new apartments).

Chefs will need to use the kitchens at Port Royale in this beginning time period for refrigeration and space to prepare food. They will need rented vans for the 6 month startup period to move food from Port Royale to BCC shared dining spaces (each group will need a separate van). Food storage will be at Port Royale and a food storage apartment at BCC (when the apartments are ready, each shared dining area has two extra apartments for food prep and storage).

Extra Bedrooms in the 35 Apartments at Startup

Because the 35 apartments have several functions, the extra bedrooms will be needed for seating (six 48” tables in the main room and four in the large bedroom). The smaller bedroom will have tables for toaster ovens. One long table will be placed along the wall for coffee makers in the main room.

Television and Other Activities

One television is planned for each shared dining area (in the main room). In between meals, the seating in the large bedrooms will be used for quiet tasks such as computer work or reading. A lending library for books and DVDs is planned for a separate apartment. Spiral notebooks for study projects will be added to the library items (a large order that will need to be partially stored elsewhere).
Tables Selected for Shared Dining

The tables selected for shared dining are LifeTime 4-ft. folding tables that have adjustable heights: 24 in, 29 in and 36 in. The lowest level will be appropriate for tailgate chairs if they ever need to be taken outdoors, 29 inches is a standard table height and 36 is standing height (good for food prep). Lifetime also makes an interesting bench that converts into a picnic table. I dowsed a "Yes" for this bench/table, but I have not dowsed any locations on the property.

Carts and Coolers Needed to Move Food From Port Royale

The box on the next page shows a partial list of frozen and refrigerated foods that will need to be moved from Port Royale freezers and refrigerators to BCC shared dining spaces.

The Ozark Trail folding wagon (see: "Ozark Trail Folding Wagon" at https://www.youtube.com/watch?v=TUioa5BqU28) is a lightweight wagon that can be used to retrieve frozen and refrigerated foods from apartments at Port Royale. Coolers shown on the next page fit into the wagon with extra space for items such as paper cups.

Apartment assignments at Port Royale will correspond to the shared dining groups (40 people, and later, 20). The dowsed quantity of Ozark folding wagons should be sufficient to move foods to a van on the first floor. I've added the American Tourister cart only as a backup. I've used this cart to move very heavy objects and it is very sturdy.

First Three Days

Serving food to 400 people will be challenging during the first three days prior to setup.

Day 0
The day of the landing is really Day 0 because it's not a full day. This is the day that a non-refrigerated snack needs to be distributed (peanut butter and shredded coconut on DollarTree dishes and Aak Mok crackers). These foods need to be distributed with personal items arranged on cots.

Before the end of the Day 0, the 48 inch Lifetime adjustable height folding tables need to be set up in rows between Building 9 and Rec #2 (see Google Maps photo in this chapter). The chairs planned for the
Ozark Trail and Coleman Cooler Sizes for Carrying Foods

**Pizza**
- GreenWise 10.5 in X 10.5 in
- Amy's box 10 in X 10 in
- Newman's Own 11.75 in X 11.75 in
- Montel Organic 11 2/8th in X 11 2/8th in

The Ozark Trail 36-Can Cooler with Removable Hardliner (Walmart, $17.97) is 15 in (L) X 10 in (W) X 12 in (H)

**Food for Life Frozen Bread and English Muffins**
The frozen loaves of sprouted grain bread are approximately 8 in (L) X 4 in (W) X 3 in (H).

I measured the interior dimensions of the Coleman Xtreme3 48-can, 28 Qt. Cooler: 15 in (L), 9.75 in (W), 12 in (H).

The actual cooler is a longer rectangle than the image in this photo. Eight loaves of bread (standing up) and possibly a few packages of English Muffins can fit. There should also be room for 16 oz. Breakstone's Cottage Cheese (whole milk 4%) on a top layer. The container is 3 in. high.

Twelve Galbani Ricotta Cheese, 32 oz (4.75 in W X 5.5 in H) would be able to fit in the Coleman Xtreme3 Cooler.

**Carts**
The Ozark Trail Folding Wagon (Walmart, $49.87) is 35.5"L x 18.9"W x 21.6"H (225 lb. capacity).

The wagon can hold 3 of the Ozark Trail zipper coolers or 3 of the Coleman Xtreme3 (with extra space for small items such as paper cups).

The American Tourister Folding Luggage Cart is a useful cart to have available.
FYI: Football is not an approved sport.

This afternoon, just before adding this margin note, I dowsed television content with a remote and was prompted to stop at *Friday Night Tykes: Steel Country*, a reality show in its second season on the Esquire Network (that moved to USA Network) covering youth football in western Pennsylvania’s Beaver County. Football is not an approved sport which is probably why I was prompted to take a look at the show.

I found the following articles about the show:

- A 2014 review of the show on Foxsports.com titled, "‘Friday Night Tykes’ is the most depressing show on television" see: http://www.foxsports.com/buzzer/story/friday-night-tykes-is-the-most-depressing-show-on-television-011514.


shared dining areas probably need to be assembled and there won't be enough time to do this. Instead, the residents will need to sit on their tailgate chairs. The Lifetime tables can be adjusted to accommodate these chairs. The assembler/installer team will need to begin the project of chair assembly. Even though a tailgate chair is comfortable, it is only temporarily suitable for sitting at a Lifetime table.

God wants coffee and Cliff Bars ready at 6:00 a.m. As a result, flyers need to be posted (or chalk boards used if they are unpacked) to communicate this information.

**Day 1**

*Breakfast*

Sous chefs will need to arrive 30 minutes early to set up Mr. Coffee makers, start brewing coffee. Inside the apartments, tables need to be arranged lengthwise to distribute cups, Cliff Bars, napkins and coffee.
Half and Half will need to be purchased locally (Walmart Neighborhood Market sells Half Gallon cartons). The Half and Half will need to be served in the carton. Green Stevia is the only sweetener.

**Note:** As soon as the sandwich chalk boards arrive, start using them to most messages about foods and meal times near Rec #2.

**Late Morning Snack**
This snack will need to be a non-refrigerated Aak Mok crackers and peanut butter. Residents can form a line to pick up this snack in the apartments that have been set up.

**Lunch**
Food for Life Sprouted Grain Bread slice of toast with Ricotta Cheese and Pearls Kalamata Olives to Go.

Toaster ovens and Krups 4-slice toasters will need to be set up in the empty apartments. There are enough olives in a To Go pack for 2 people. Sous chefs will need to work a buffet line inside the apartments serving toast and asking residents to spread Ricotta cheese (using serving spoons in cartons) and sharing To Go olives with another person.

**Late Afternoon Snack**
Peanut butter and Aak Mok crackers.

**Evening Meal**
Chapter 11 describes a cleaning project that will be needed to bring the 35 empty apartments up to par. Although the 10 shared dining apartments are high on the priority list for that project, it will be impossible for the cleaning to be completed in less than three days. This means extra simple food items need to be served.

All of the people assigned the role of sous chef will be needed to carry pizza slices from the apartments to people seated at the tables. One slice of pizza is planned. Since this is not enough food, frozen cheesecake slices will need to be served as a dessert (New York Cheesecake, cheesecake.com). After distributing pizza slices, the same group of sous chefs will need to continue — bringing cheesecake pieces on dessert-size plates. The only beverage option is bottled water.
Day 2
Breakfast
Coffee and Cliff Bars

Late Morning Snack
Fage yogurt (plain whole milk) or Noosa (Blueberry at the bottom). These food items will need to be sourced from a grocery manager at Publix or Walmart Neighborhood Market. Walmart sells Fage low fat yogurt and they may be willing to order the whole milk version. The Noosa 4-packs contain small servings that can be mixed in with Fage Plain yogurt (for those who are not familiar with the taste of plain yogurt).

Lunch
Food for Life Sprouted Grain Bread slice of toast with Ricotta Cheese and Pearls Olives to Go (Kalamata or Pimiento-Stuffed Green).

Late Afternoon Snack
Peanut butter and Aak Mok crackers.

Evening Meal
Amy's Pizza and New York Cheesecake.

Day 3
Breakfast
Coffee and Cliff Bars

Late Morning Snack
Fage yogurt (plain whole milk) or Noosa (Blueberry at the bottom). These food items will need to be sourced from a grocery manager at Publix or Walmart Neighborhood Market. Walmart sells Fage low fat yogurt and they may be willing to order the whole milk version. The Noosa 4-packs contain small servings that can be mixed in with Fage Plain yogurt (for those who are not familiar with the taste of plain yogurt).

Lunch
Food for Life Sprouted Grain Bread slice of toast with Ricotta Cheese and Pearls Olives to Go (Kalamata or Pimiento-Stuffed Green).

Late Afternoon Snack
Peanut butter and Aak Mok crackers.

Evening Meal
Amy's Pizza and New York Cheesecake.

FYI: In 2015, chronic traumatic encephalopathy (CTE), a degenerative brain disease, attracted press attention due to the movie Concussion, starring actor Will Smith.

Will Smith plays Dr. Bennet Omalu, a forensic pathologist who fights against the National Football League trying to suppress his research on chronic traumatic encephalopathy (CTE) brain degeneration.
By the end of the third day, it is possible that 10 of the 35 empty apartments will be cleaned and ready. The chairs may also be assembled. If so, this furniture will need to be moved inside the shared dining apartments. In contrast to the space outside Rec #2, the shared dining apartments will feel crowded. The shared dining groups will need to decide if they want to set up tables outside.

Sandwich boards will be set up to post foods and times (the schedule varies with the Prayer schedule—dowse all of the information). As for the foods, the only simple additions are:

- Grilled cheese (toaster oven food)
- Boar's Head Brie cheese half sandwich with Dijon mustard (slice a edge lengthwise and have residents make their own)
- Ice cream (as a snack)
- Cottage cheese & crackers (another snack).

The foods offered will depend on the comfort level of the staff (e.g. egg salad is a possible addition, but it will need to be prepared in advance at Port Royale and brought over in half gallon Mason jars).

**Equipment and Supplies for Shared Dining**

The equipment and supplies for the shared dining areas are similar to the items supplied in the residential apartments with some additions:

- Dinner plates
- Dessert plates
- Small bowls
- Mugs (12 oz and 18 oz)
- Flatware and serving spoons
- Toaster ovens
- Cheese graters
- Paring knives
- Chef's knives
- 4 Qt. Pyrex bowls
- Pans (for boiling eggs)
- 4-Slice Toasters
- Oven mitts
Path to Ascension

- Spatulas
- Parchment paper
- Bunn Coffee brewers (with air pots)
- Small chest freezers
- Small refrigerators
- Large chest freezers (for storage apartment)
- Large refrigerators (for storage apartment)
- Misc. supplies (e.g. towels, soap foamers)

The Lifetime tables can be raised to 36 in. and used as standing height prep tables. Dishwashers are extremely small and will influence food choices. Prams are planned to move dishes to other dishwashers. A large amount of disposable products are also planned. Although each shared dining area operates independently, the chef and sous chefs should plan monthly "best practices" meetings to communicate.

Unique Name Event

In the first few days while food is served outdoors, there will need to be a unique name event held to record everyone's name (entered into a spreadsheet). This event could be held in the same location outside Rec #2 as there is sound amplification equipment at Rec #2.

Residents choose their own wash groups, but God assigns:

- Shared Dining Group
- SIGs

Prior the event, a dedicated dowser will need to assist the general manager and create a list of apartments (from the 35) to be used as shared dining and their assigned shared dining number (#1 to #10). SIG assignments will be needed at this same event (apartment locations for SIGs can be announced at a later date).

Lifetime tables will be needed for the team collecting each person's unique name (and recording their prime's name in a spreadsheet column for reference). A dedicated dowser needs to sit next to the person who is entering spreadsheet information and give each person:

- The number of their shared dining areas (#1 to #10) as well as building number and apartment number.
- The name of their assigned SIG

Note: Although a chlorinated pool is unhealthy, it's an alternative to a shower if there's an impossible wait. Please read my article on chlorination first: http://articles.x10.mx/pools_foreverozone.html
Products Arriving for Shared Dining

When the general manager dowses a "Yes" in response to shared dining products to be brought from storage, the shipment boxes will need to go to the apartment called "central processing."

The shared dining teams of sous chefs will need to move dishes and other supplies from the central processing apartment to their shared dining apartment. This will occur when residents are still seated outdoors outside Rec #2.

The manager could use a sandwich chalk board (or microphone) to communicate which shared dining groups need to pick up dishes. Anyone from the shared dining groups can help move products from central processing to their shared dining apartment.

Large Appliances

Large appliances include freezers and refrigerators as well as large capacity washers and dryers (Note: A source for large capacity washers and dryers has been added to the very last chapter).

I tried to get a price estimate for 30 freezers from So-Lo Environmental Equipment that makes a freezer that can be set as low as -40 Celsius (see. previous chapter). Here is the response I received:

In order for us to provide the information you requested, we need the following details about your company:
- Your company name.
- Your full postal mailing address.
- Your phone number, in the case we need to contact you with any questions.

Regards,
So-Low Sales Department
So-Low Environmental Equipment Company
Phone: (513) 772-9410 | Fax: (513) 772-0570 | www.so-low.com
10310 Spartan Drive, Cincinnati, OH 45215 | sales@so-low.com

In the previous chapter, I also wrote about refrigerated and freezer space requirement for cases of food that arrive (carrier or from a local pickup). Each of the 10 shared dining areas will have requests for food orders that
the manager will combine in one large order. Management can not get involved in breaking up large food orders. It will also be impossible to summon sous chefs from the 10 shared dining groups on a moment's notice when the food arrives. It makes more sense to create a "staging area" apartment with large appliances where sous chefs from the shared dining groups pick up food for their groups. Food cannot linger in these appliances and this distribution will need to occur rather quickly.

When I dowed a location for this "staging" apartment, I discovered that it needs to be at Port Royale for 6 months (three apartments—not just one as there is a limit to how many appliances can draw power in a residential unit). The most economical large capacity refrigerators is a 28 cubic foot French Door stainless steel refrigerator from Home Depot.

Chest freezers can be purchased for $500-600. The So-Lo models that can be set to -40 degrees Celsius will be twice as expensive.

**Small Appliances**

Small refrigerators and freezers will be needed as temporary locations for foods such as frozen pizzas, Half & Half and other foods. Due to their small size, these appliances can even be moved outdoors when necessary. For example, it may be necessary to move small appliances outside when tables are set up across from Rec #2.
At startup, a few of the 35 empty apartments can be considered as "Other Apartments" because they have various functions. This chapter provides an overview of some of those functions.

**Management Team**

A general manager and three assistant managers will occupy an apartment that will be used as an office. As residents move into their apartments, the management team will move into the Berkshire Hathaway building that serves as a contact point with the outside world. The guard house will be closed and signage will be needed that says the office is open from 10:00 a.m. until 4:00 p.m. (when deliveries will be accepted). The assistant managers will need to doose and ask when they need to work in the front office. Mail will be delivered in the front office. Waste removal trucks will still drive around the perimeter of the property.

**Haircuts at Rec #2**

Twice a month, three haircutters will be hired to give haircuts at Rec #2. They can decide if they would like to work inside or outside.

**Storage Apartments for the First 12 Trucks**

The apartments identified as destinations for the first 12 trucks moving products from storage to BCC are examples of storage apartments. An important first event that involves the storage apartments involves the distribution of reusable shopping bags, personal items, iBed in a Box cots, blankets, pillows and clothing.

These items will be delivered in separate trucks, but to apartments that are close together. The teams assigned to help with these trucks and apart-
ments will need to do more than just move boxes into an empty apartment.
Distribution of products will need to occur outside. Open the iBed cots and
create a line of platforms for the products that need to be distributed. Resi-
dents should not be allowed to gather their own products. They will need to
line up single file and those who work at the event will need to put bags of
products (and clothing) together for them. Hanes items will be among the
items delivered the same day as personal items such as toothpaste. Organize
the Hanes clothing by type (e.g. sweatpants in one pile, hoodies in another).
You will need to make separate piles for women and men.
Dowse sizes for each person. Items should fit into the shopping bags
because they have a very wide gusset.

The team that drives to Home Depot to buy an Olympia Bolt Cutter should
purchase 2 large garbage cans and liners for the discarded packaging.

The iBed will probably be too heavy for some people to carry (26 lbs).
The beds can be arranged in the location where the distribution event was
held. Each person will have bedding, a pillow and Hanes items that are
warm. The next day, it will be easier to move beds. Dowse a Rec Center
location where He wants you to find a place for your bed.

Extra products will need to be carried into the apartment were they have
been assigned. Hirsh shelving will be needed to move items off the floor.

**Apartment for the Lending Library**

The lending library will need an apartment and a staff of 4 people who
will each need to work 4 hours per week. Each staff person will need to
dowse the hours that God wants them to work. Residents who need books
or DVDs will need to plan ahead to make sure the library is open—if they
need to check out a book, DVD or game. There will be no fine for late
items, but God is watching and He will expect mature behavior. The lend-
ing library will need to be a distribution location for spiral notebooks that
residents will need to take notes (48 cases are on the list of items to order
and boxes of spiral notebooks will also need to be placed in a storage
apartment). Furniture for the extra apartments is similar to the furniture for
the shared dining area (Lifetime tables and stacked chairs). Target's adjust-
able floor lamp (50" to 63") can provide task lighting.
Apartments for Special Interest Groups

Fifteen apartments will be needed for special interest groups.

Apartment #1 Rife SIG (4 sections; dowse your section)
Apartment #2 Dairy Goat SIG
Apartment #3 Vermiculture SIG
Apartment #4 Permaculture Garden SIG, BCC and Tradewinds
Apartment #5 Permaculture Garden SIG, BCC and Tradewinds
Apartment #6 Permaculture Garden SIG, BCC and Tradewinds
Apartment #7 Novice Computer User's SIG, 3 sections; dowse your section
Apartment #8 Novice Computer User's SIG, 3 sections; dowse your section
Apartment #9 Novice Computer User's SIG, 3 sections; dowse your section
Apartment #10 Weston A. Price SIG to share with Field Trip SIG
Apartment #11 Sewing SIG, section 1; dowse your section
Apartment #12 Sewing SIG, section 2; dowse your section
Apartment #13 Sewing SIG, section 3; dowse your section
Apartment #14 Table Tennis Apt for Sewing SIG (and table tennis players)
Apartment #15 Table Tennis Apt for Sewing SIG (and table tennis players)
Apartment #16 Table Tennis Apt for Sewing SIG (and table tennis players)
Apartment #17 Web Development SIG, section 1; dowse your section
Apartment #18 Web Development SIG, section 1; dowse your section

Furniture for the extra apartments is similar to the furniture for the shared dining area (Lifetime tables and stacked chairs). Target's adjustable floor lamp (50" to 63") can provide task lighting.

Extra Equipment for SIG Apartments

The following SIGs will need extra equipment for projects:

**Vermiculture**
The Vermiculture SIG will work on a Worm Factory 360 system described in Chapter 9.
**Path to Ascension**

Gemplers.com Galvanized Steel 7” x 5” Sign Holder with 30” Stake, $2.95 ea.

Vistaprint.com 7 in X 5 in postcards (upload PDF files), $15 for 50, see: http://articles.x10.mx/plant_signs_permaculture_garden_02_27_16.pdf.

Officedepot.com Scotch® TL1306 Thermal Laminator, $189.99 ea.

Staples.com (Staples) Letter Size Thermal Laminating Pouches, 5 mil, 100 pack, $54.99 ea.

Order a 4 ft. X 6 ft (landscape format), $139.99

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**Sewing**

The Sewing SIG sections will work on 10-Stitch Janome machines described in Chapter 9.

**Permaculture Garden**

The Permaculture Garden SIG's laminated plant signs will require plastic Sterilite Totes purchased for personal storage at startup. The lids will need holes cut with an Xacto knife to create openings for galvanized pipe sections that will hold up Gempler plant signs on 30 in. stakes.

This project is quite involved because it involves an upload of plant signs I created for 7 in X 5 in postcards (ordered from Vistaprint.com). Each of the postcard orders will include 50 cards (a minimum order) that need to be laminated and attached to the Gempler plant signs. A test will be needed to determine if the cards need to be trimmed (so the postcard is completely laminated). If trimming is required, it should be done with an Xacto knife, a metal ruler and a self-healing mat.

Two large vinyl banners are needed from FedEx Office (Imperial Square, 5975 N Federal Hwy (diagonally across the street). Order grommet holes to hang the banners.
With these two vinyl banners hung on the wall, you will be able to learn the names and locations of the Permaculture Garden plants while you're working on the Gempler signs.

I've dowsed that there will be a detailed study of the BCC property required that will take about 4 months.

At this point, there will be some possible overlap with the Vermiculture SIG because of the depleted soil at BCC. Chapter 9 has images of the Worm Factory 360 system and a utility cart that can be used to collect seaweed along the coast north of Fort Lauderdale (or, from Synder Park where the City of Fort Lauderdale has its seaweed composting operation).

You will need to dowse at this point to understand if God wants you to proceed with artificial plant removal and double digging

**Trading Skills**

There is a large laminating project that will be needed at startup that would provide practice for the lamination required for the Permaculture Garden Project.
The laminating group will need $300 on a card to use the self-serve machines at FedEx Office in the Imperial Square plaza nearby.

Because the co-op is so large, identification tags are needed for several items that are identical:

- Computer bags (Targus Laptop Skin w/ Handle)
- Plano shelf assignments inside residential apartments (4 shelves per person).
- Large tote bags for carrying laundry

There are three advanced computer people in the co-op and three advanced people who sew. This identification tag project will require an introductory level knowledge of a Word Processing program (e.g. Open Office), and printing to 8.5 in X 11 in paper (to be cut up and laminated to create tags). If these two groups traded skills, the computer people would learn to make scrub pants that can be worn with a Hawaiian shirt.

The tag project cannot begin until after a unique name event. At this event, the new names are collected and recorded in a spreadsheet.

Here are steps for making a set of tags with the Text Processor in OpenOffice (a copy of the spreadsheet developed at the Unique Name Event will be needed):

1. Open the spreadsheet created at the Unique Name Event.
2. Copy 4 names from the spreadsheet into the OpenOffice Text Processor.
3. If the names are last name first, re-arrange the name to first name followed by last name.
4. Press Return a few times to move the cursor down the page.
5. Select "Insert Table" from the Table pull-down menu.
6. Paste the names into the Table Cells.
7. Apply the Arial Black font, 36 Point.
8. To add space between the name and the edge of the table, select "Table Properties" from the Table pull-down menu.
9. Click on one of the up arrows in the "Spacing to Contents" area of the Table Format Dialog Box to increase the spacing from .04 in. to .24 in.
10. This page can be printed, laminated and then cut up. Holes will need to be punched for the elastics (Pony Tail elastics for totes and Headband elastics for shelf tags).
Each person will need 6 tags. When the tags are complete, 2 need to be attached with a rubber band and stored in a large 18-gallon Sterilite tote (the large totes used for personal storage) that is labeled "Tags to distribute at an event" (the computer bag and laundry bag tags) and 4 need to go into a Sterilite tote labeled "Manager: Plano Shelf Tags." The people who laminate need to add an Pony Tail elastic the manager (or assistant manager) can use to attack to computer bags or laundry bags).

The plastic totes (or bins) will need to be labeled with approximately 4 letters of the alphabet each (for last names). The last tote has more than 4 letters.

When this project is complete, the other items that need identification tags are the Rubbermaid Sheds. The Pony Tail elastics will be needed to attach this set of tags to one of the shed handles.
Path to Ascension

(Amazon.com) HP LaserJet Pro P1102w Wireless Laser Printer (CE658A), $190.99 ea. X 4 = $763.96 for the following locations:
• Manager's office
• One each in the apartments used by the Novice Computer User's Group

The three printers in the Novice Computer User's Group Apartments can be used by anyone.
(apple.com) 13.3-inch MacBook Pro 2.5GHz Dual-core Intel i5, $1099 ea.

There are 3 advanced computer people in the co-op group who will be responsible for (a) graphic design of letterhead and a mailing label (b) digital photography archives and Web site for the co-op that will provide a record of projects. This archive of photographs will most likely be needed for Powerpoint presentations in the future.

Although is is a large project, the Web site should have a directory of residents' names and contact information.
More Equipment for SIGs

The Web Developer's SIG is an important one because the housing co-op will need:

- A Web site for communication
- An archive of digital photographs for future presentations

Weebly or HTML should be used to create a co-op Web site. If this group is skilled with computer design software, the manager will also need a letterhead. I avoid printing #10 envelopes by mailing letters flat in a 9 X 12 envelope that has label I created using Avery 8.5 in X 11 blank labels (two of my labels per page). The following is a list of items that this SIG will need:
• 3 MacBook Pro Notebooks (instead of Asus machines)
• 3 Sony Cyber-shot DSC-RX100 Digital Camera
• 3 Adobe Suite
• 12 Flash Drives for archiving

Although I really like the FedEx flash drive, the Kingston has a loop at one end that I can mark with a piece of colored yarn to help me identify the content.
Path to Ascension

**FYI:** Placeholder text here to show the approximate size and position of type.
Roles are dowsed by the eighty percent who are awake prior to landing. A dedicated dowsing team helps those who are asleep dowse their roles after landing. Note: In approximately eighty percent of housing co-ops, everyone is awake.

God's Assignment of Roles

In most cases, roles will not overlap a person's life experience, but their skills and personality characteristics will be suited to a role. No one will have two roles (except for supplemental roles). God has a detailed plan for everyone and will match skill sets that will form a career path. Housing co-ops present an opportunity to grow into roles and acquire skills. Housing co-ops have a need for teams. In most cases, except for a general manager, roles will be given to more than one person who will be part of a team.

Supplemental Roles

A supplemental role is an additional role that is needed in a co-op. Examples include:

Bus driving

Personal Necessities Coordinator

This person works on assembling getting-started personal necessities such as soap (Pears), a terry washcloth to keep the Pears bar dry, a Goody Ouchless Pony Tail elastic to wrap around this wash cloth, a toothbrush, toothpaste, deodorant, shaving gel and razors, a blanket, a pillow, cloth shopping bags to distribute these items. A plastic Sterilite Tote will also be needed for storing personal items. These totes will be stored at the foot of cots used as beds, aboard boats where there are beds, or at homes in Bay Colony if bed assignments are located there.
Personal necessities coordinators will need to keep a record of whether co-op members received all of their personal necessities. There may be a need to make an additional shop, or purchase items online. Central processing, Non-food Products Specialists and Local Shop Product Trackers will have information about obtaining items that may be missing.

Plastic clothes hangers and Walmart Neighborhood Market shopping bags (made from recycled plastic) will be purchased during the first local shop called the Peanut Butter Shop. This shopping bag is longer than other shopping bags and it has long handles. The personal necessities purchased during this shop will need to be placed in shopping bags and hung along the tennis court fence at Rec #2 (more than one row). Residents who arrive for the first food distribution at Rec #2 can pick up a bag (it may take a few hours to make up the bags) and then get a pillow and blanket (these should probably stay on the truck until they are distributed). Coordinators need to help residents who may not understand that the shopping bag is for storing all of their startup items. The bags will need to have identical contents and men will need to pick up razors and shaving gel (from the location where pillows and blankets are distributed). There is also a plan for a map of bathroom locations on the BCC property. This will need to be added to the bags.

**Sleep Area Manager**
This person dowses a time and sets an alarm for the group, wakes people up and gets them moving.

**Pickup Truck Driving**
This group will need to drive to and from Public Storage with 2 freelancers hired to load and unload boxes from Public Storage to the central processing.

**Computer Software/Hardware**
This person will be needed to set up a spreadsheet set-up (OpenOffice) and data entry for unique name event (and possibly other applications). This person will also need to create a X10hosting.com account for storing files.

**Dedicated Dowsing Group**
This person helps those who are learning to dowse (e.g. to identify roles, apts. bedroom and bed assignments as well as other questions)

**Detail-oriented advance person**
This person has legible handwriting and will be needed to participate in an apartment walk-through (one person will need to prepare a list of 168 apts. and another will need a notebook record)
This person (or group) will also need to inventory apt. rooms ahead of labelers/packers to speed the packing, moving, cleaning of apts. Spiral notebooks will be needed. One spiral will hold hand-written contents (for later spreadsheet entry) of three apts. One person/apt. to avoid confusion. When this begins, label the first page with the building # (1-20), the apt. # and then begin a room. Small, medium and large boxes will be needed to pack an apt. Write the name of the room, example: Kitchen. Dowse the question and record (using hand rotations to obtain a number): How many small boxes? Response: “3” (write “3 small boxes”). How many medium? (record) How many large? (record). Then write a species for an animal that God created (24 will be needed, birds can be separate species).

Dolphin
Goat
Dog
Hen
Cow (in part)
Squirrel
Chipmunk
Robin
Cardinal
Turtle Dove
Nuthatch
Tufted Titmouse
Pelican
Egret
Muscovy
Palm Tree
Sea Grape
Elderberry
Hibiscus
Thyme
Lavender
Kiwi
Marigold
Katuk
Fig
Cranberry
Path to Ascension

FYI: Placeholder text here to show the approximate size and position of type.

Cypress
Rhubarb
Stevia

Note: Graphics group can print laser pages of these species, cut the labels and bundle them in an envelope.

Write: “Kitchen Drawer Contents” (dowse choice of box and record) “Small” then an animal or plant name (e.g. Katuk). Record the contents in legible writing. When you are finished with a spiral, write the apts. on the back (soft cardboard is easy to write on). Dowse whether you need to continue and record more apts. Give the spirals to a member of the management team. Large Sterilite bins will be needed to organize the spirals for the packers (in building/apt. order). When the packers dowse a list of apts. on a given day, they will need to obtain the spirals and envelopes of animal/plants (as well as boxes, packing tape and newspaper) from the management team. Ideally, the packer should work with the person who recorded. Spirals need to be returned to the management team (for later data entry).
Twenty of the residents in Realm 8 live in BCC. They can’t record their own apts. (with their clones), but they can organize and consolidate contents to make the advance person’s job easier (e.g. putting papers together in folders, small, fragile items in small boxes). Handwriting will need to be legible (dowse this—they may want someone from the advance person team to record if their handwriting is not legible for data entry later.

Packer/Labeler
Labeling/packing apt. contents to be moved/consolidated and warehoused for 3 years.

Clothing distribution (new clothes)

Parasite Eradication
Earth’s parasites can be eliminated with herbs and energy (e.g. sound or a Rife device). This role is supplemental because parasites will not exist indefinitely. Neem oil is the best natural pesticide for parasite eradication that will be needed for 3 years. Monterey is a brand of Neem oil sold in pint containers at Home Depot and Walmart. The company’s product has a hose-end nozzle for attaching a garden hose.
Space Utilization/Storage
Co-ops in upper numbered realms will have limited space because there will be more people in each apartment. As a result, there will be a need for creative use of available space.

Re-stock Team
This group checks the levels of products in the residential apartments, wash/activity apartments and apartments used for shared dining. I developed the following forms for this task:


These forms will help the management team understand when supplies are low and need to be re-ordered.

Detergent and vinegar stock team (need an elec vehicle)
Food/sleeping arrangements trouble shooter
This group will copies of the spreadsheets with sleeping assignments. At-a-glance they will be able to tell if anyone left the property. Note dowsing helps me to understand that there will be 50% attrition in Realm 8 (0% in Realm 4). This group will also need to watch the white boards in the Rec Centers that have tasks that are posted voluntarily. If there are tasks with no volunteers—the manager will need to ask dowsers to dowsse the entire list of residents and ask “Are we ok?” An “Are we ok?” event will be needed to read a list of names who had a “No” response to this question. A reminder about 50% attrition will be necessary (which means they need to dowsse —or, possible end up in Realm 12). This group will also need to converse with the residents to learn about any issues or concern.

Identifying Roles
This section provides a preliminary description of tasks in each role. Roles include:

Sponsor
Housing co-op groups of 200 have two sponsors (Sponsor #1 and Sponsor #2). A large property (such as Bay Colony Club described in this document) can have more than one housing co-op group. Because
resources on a property are shared, if there is more than one housing co-op group, additional Sponsors are identified as Sponsor #3 and Sponsor #4. Sponsors are Sirian who comprise 20% of Earth's population. They are affluent members of society who will be providing funding for housing co-ops in exchange for graduation to lower numbered realms.

**Co-Op Manager**
Each co-op property will have a general manager.

**Assistant Managers**
Each general manager will have a staff of three people who are general managers in-training.

**Graphics Group**
This person (part of a group) will need to work with management to create a co-op housing ID and select a name as well as letterhead for letter writing at a later date) and signage for the caterer and storage apts. There is also an immediate need for laminated tags on large numbers of items and the creation of flyers (until computers are purchased)
Each shared dining area will be a hub for communicating in person. To communicate to other shared dining groups, Weebly Web sites will be needed (with lists of contact information e.g. e-mail or cell phone).

Macs and SONY Cyber shots will be given to Cyborg members with advanced computer skills. Digital photos of people and projects will form a record (for later Powerpoint presentations and teaching). Cyborgs will need to archive photos and selected 72 ppi images can be uploaded to public server space with links to Weebly Web sites (Note: Weebly has a very large available selection of free stock photos and photos can also be uploaded to Weebly pages. Other documents cannot be uploaded to Weebly. If designers or residents need to share information in a PDF document, a Weebly link can be created to a file on a public server). Cyborgs will need to decide if they want to create HTML pages of their own for storage on public servers (to supplement Weebly pages). At a later date, there will also be need to advise placement of art.

**Species Identification**
About one third of the plant and animal life on Earth is artificial. God is adopting one species (cats). The others will be phased out. The Sirian
Encyclopedia of Life (eol.org) contains about one third of the life forms that exist on Earth. The artificial descendants of Earth's indigenous race (the group I've nicknamed "Mokos") are in Realm 2. They have access to a complete record. There is a need to understand (through dowsing) which species are God-created.

Central Processing

Central processing manages products that have been dowsed, then ordered by management and brought into the co-op by delivery (directly to BCC or, to public storage), or by local shop. There is a need for food and non-food central processors to keep track of products. Central processors need to know what has been purchased. Products delivered or purchased have the following destinations within a co-op:

- Management
- Residential
- Shared Dining

This group will need to maintain an electronic (e.g. spreadsheet) record of products ordered online or purchased locally—as well as a files containing packing slips (attached to product packaging), or sales receipts obtained during local shops. This group (or management) places online orders and dispatches team members to make local purchases using funds set up in co-op escrow accounts. In unusual circumstances (e.g. at startup), sponsors may need to purchase items directly. In this case, central processing will need to piece together a record with sales receipts.

At startup, examples of tasks in this group include:

*Central processing team, packing slips*

Removes, photocopies and returns packing slips to boxes (but does not reseal), writes the retailer’s name, date and “assembly” on the outside of the box if applicable. This group will also need to write “residential” or “food” (food=shared dining) on the outside of boxes. This team should log (either on a spreadsheet, or in a spiral notebook)—any partial orders, or any item marked ‘Out of Stock” or “Not Available.” The status of these items needs to be communicated to the product purchasing and services—as well as online ordering.
trouble shooter

Central processing team, storage
This group moves boxes from the central processing apt. to the six storage apts. This group will need one pickup truck. Boxes will need to be placed on the floor if Hirsh shelves have not been assemble

Assembly investigation team
Compares an alphabetized list of products needing assembly to boxes labeled “assembly” (may need to examine the packing slip) to determine if (a) the destination is a residential apt. or, (b) a shared dining apt., fills out form: http://housing.x10host.com/assembly_investigation_form_03_21_17.pdf and gives the form to management for coordination of a product assembly person. Note: Hirsh shelves in the bedroom of shared dining apts. are a priority because these will be needed by the shelf, cupboard, closet, and drawer team

Shelf, cupboard, closet, and drawer team
This group will need to (a) understand whether a temporary storage apt. contains residential or shared dining products and look for boxes that are not labeled “assembly” (e.g. dishes, mugs (12 and 16 ounce), flatware, cutlery trays, shower curtains, sheets, pillow cases, towels, soap, toilet paper, garbage bags, etc.). This group will need an electric vehicle to move boxes from the storage apts. to residential or shared dining apts. They will need 4 American Tourister luggage carts (purchases locally) and they will need their tailgate chairs and personal folding tables. They will lawn size garbage bags for collecting packaging to be discarded. Dividing up tasks, this group will need to work on washing dishes (apt. dishwasher) and washing new sheets, pillow cases and towels. Ironing boards and irons purchased locally will be needed to apply blank iron-on clothing labels and fine-point laundry markers (purchased locally and ordered online) to sheets, pillow cases and towels. Note: Place 3 laundry markers in the utility cart drawer in each apt. Remember to dowsge the locations for storing products in an apt. (God makes these decisions).This group will need to keep a detailed record in a 3-ring binder with 3 sets of Avery Big Tab Write-On Dividers, 8-Tab Set(s) labled “Building 1,” “Building 2,” “Building 3” (up to 20) with pages devoted to each apt. Return trips will be needed because products will not arrive at
the same time. Note: The shelf, cupboard, closet, and drawer team will be dowsing locations for supplies in the shared dining apts. Chefs will need to dowse if adjustments are necessary (e.g. Toasters and Mr. Coffee appliances get stored on shelves in large bedrooms of shared dining apts—if this space is needed for other items, the chefs will need to dowse this).

**Assembly complete (troubleshoot) team**

This group will need to keep a detailed record in a 3-ring binder with 3 sets of Avery Big Tab Write-On Dividers, 8-Tab Set(s) labeled “Building 1,” “Building 2,” “Building 3” (up to 20) with pages devoted to each apt. Return trips will be needed because products will not arrive at the same time.

This group will need to be available to help solve assembly/installation problems (missing pieces, broken pieces, electrical outlet not working, insufficient or incorrect tools to install, mixups of any kind (boxes moved to the wrong apts), requirement for a ladder, etc. Assembly/installation team(s), including freelancers, need to stop for 20 min, snacks and 39 min. lunch (this team may offer to bring these items to them). The assembly/installation team(s) need to dowse when they should end their day. The trouble shooters can also dowse for them.

**Non-food product specialist**

This person will need to get acquainted with the brands used/purchased by BCC, see: http://housing.x10host.com/two_bedroom_large_ver2.pdf. Using a notebook computer, or a 3-ring binder with alphabetic tab dividers, this person needs to learn (a) resources (e.g. local availability, or online) (b) In the event of a short supply, or a company going out-of-business, alternatives will need to be researched (and dowased) and samples purchased (to show to management, chefs, or residents). When a substitution is final, communicate new brand (e.g. “News” page on Weebly Web sites)

**Local Shop Product Tracker**

For each local shop trip, there will need to be a “local shop product tracker” for every product that needs to be purchased. This person needs to bring a spiral notebook with them on the shopping trip and pre-record the the desired number that needs to be purchased.
leaving BCC. Record the date in your notebook as well as a detailed description of the stores you visit (e.g. addresses) This person will need to ask a manager if store stock is insufficient and (a) ask whether they can contact another store (dowse this) (b) ask about re-stocking. This information will be vital to understanding the total number of return trips required. They will need to relay their findings to the BCC Non-food product specialist. Do not discard notes

Alternatively, on shops that are on a tight schedule, this person needs to work with the manager and non-food product specialist the day after (or shortly after) a shop to review sales tapes and study

- what was purchased
- what is still outstanding (that may need to be purchased locally or online)

**Online ordering trouble shooter**
This group will need to anticipate the need for products and supplies. In case there is an item ordered online that is needed right away—a local shop may be necessary. The reverse may also be true. Low priority items may become undesirable due to space constraints. Once the high-priority product have arrived, there will be a need for residents to decide whether they want low priority items. For example, living room furniture and decorative pillows (4) are all low priority items. Space issues in apartments may cause residents to decide they want pillows for their bunk beds instead of living room furniture (originally, there was a plan for both). This person (or group) will need to contact residents to determine their need for low priority products. This same person (or group) will also need to collect dowsed non-Hanes clothing sizes from each resident (from the clothing spreadsheet). Clothing that is ordered will need to be distributed with planned clothing distribution events similar to those held to distribute Hanes items.

This group will also need to have frequent conversations with chefs about food orders. The general manager will need to make arrangements with large suppliers such as Publix about foods that need refrigeration (possibly holding the items in Publix refrigerators/freezers for pickup—at a Publix store nearby e.g. McNab/Federal Hwy). This team will need to coordinate drivers for (a) a refrigerated truck or, (b) Pickup truck with large coolers. This team will also need to be looking at pacing slips comparing items received to items ordered (a spreadsheet at'
the time of ordering products is recommended) to see if there are any partial shipments (backorders). If an item is marked “Not available” or “Out of stock” (on a packing slip) there will need to be a substitute identified (and dowsed) and ordered. The group who work in central processing should be aware of the status of shipments without this team needing to look at every packing slip.

**Assembly/Installation**
This person is mechanically inclined and is needed to assembly of Rubbermaid sheds, beds, and other furniture. There is also a need for this group to develop woodworking skills to build trellises, plant stands for the Permaculture Garden Project. In the future, this person will most likely be involved in the creation of products that do not yet exist.

**Assembly/Installation Apprentice**
This person will need to rely on the mechanically inclined group and will need to learn basic skills to assist with the assembly of tables, chairs and other furniture.

**Waste Management, Biological Processing**
There are three types of garbage disposal methods presently in use (a) landfill (b) incineration and (c) recycling. A fourth category that is underutilized is called biological processing that includes composting. We should be composting food waste and PLA plastic, but we’re no where near where we should be. Only 3% of the food waste on the planet is composted.

Naturally present bacteria in the environment break down organic matter in a compost bin or compost pile. Earthworms (God's Creation, not parasitic worms) speed composting. The word vermicomposting is used to describe worm farming. The Worm Factory 360 is a composting system (available at Amazon) designed to house worms that can speed kitchen composting of food scraps. Search YouTube for videos recorded by Worm Factory enthusiasts. North Carolina State University (NCSU holds a vermicomposting conference every year, see: https://composting.ces.ncsu.edu/wp-content/uploads/2016/09/vermiculture-gains-momentum.pdf?fwd=no. Although the NCSU vermicomposting conference will not be held in Realm 8, there are schools in Realm 8 that compost. In Realm 8, BCC will not be able to obtain
Red Wiggler worms for The Worm Factory system unless a resource is located for buying them. Contact Cornell University and other schools. Commercial composting is handled by municipalities. Composting is only possible if a municipality has a composting infrastructure in place. Most people probably don’t know what a composting infrastructure is. There are plenty of discussions about waste…but very few initiatives. IFAT is the world’s largest tradeshow on water, sewage and waste

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**Developing An Interest in Your Assigned Role**

Realm 8 clones will find it difficult to develop an interest in subjects about Nature due to Sirian programming. Those who can overcome this programming will speed their development and "fast track" to lower numbered realms. Here are some suggestions for how to "fast track:"

- Learn everything you can about the subject. Everyone will be given a notebook computer and a cell phone.

- Plan one or more field trips (aboard school buses purchased or leased for the BCC Housing Co-Op) to learn about Nature. Examples include: (1) composting in Fort Lauderdale's Snyder Park (2) natural water purification in Palm Beach County's Wakodahatchee Wetlands (3) any of Broward County's Nature Centers (see: Bus Trip Banner section at http://articles.x10.mx).

- Contact specialists with questions. If you find a local expert, try to plan an educational event with one or more guests who can form a panel discussion.

- Volunteer to become a Weston Price Chapter Leader and hold meetings.

Realm 8 clones are the most awake. Although Realm 8 clones have Sirian programming to overcome, this group is positioned to fast track more than any other group. More time has been spent on your preparation than any other group.

It will take approximately 6 years for Realm 8 clones to feel connected to other life forms. It will take clones in realms above Realm 8 longer.
management (www.ifat.de). We should be networking with Europeans because they’re ahead of us. Fort Lauderdale is a very unusual city and very advanced because of a seaweed composting operation. Every day, and since 2007, 6 to 40 tons of seaweed is collected from the Fort Lauderdale beaches and taken to Synder Park where is is composted into soil.

Private companies can compost. For example the Sundance Theater in Madison, Wisconsin composts behind Hilldale Mall. Coffee shops in the Madison area compost coffee grounds.

**Waste Mangement, Recycling**

Although recycling and biological composting overlap somewhat, these specialties are each complex and need attention from separate groups (who confer). Most private properties are lax about recycling because municipalities are lax. A few cities in the United States are advanced. Dan Matsch and Cyndra Dietz, Eco-Cycle from Inc. Boulder, CO and Will Brinton from Woods End Laboratories Inc. in Mt. Vernon, ME have published articles that are available online.

God wants to use planks made from recycled plastic as edging around Permaculture Garden plots. (12’ X 12’ and 12’ X 24’). Contact Recycled Plastic Industries 3110 Market Street, Green Bay, WI 54304, Phone: 920-330-9050 | Fax: 920-330-9055, see: http://www.rpi2.com/gallery_porch.html

**Nutrition**

Nutrition is required by all of God's Creation: soil, plants, animals and people. This is a specialty separate from cooking and food preparation because it does span these difference categories of life. One of most difficult challenges in meeting daily nutritional requirements is daily protein for those who need to eat animal protein. As I've explained in my article titled, "Your Protein Requirement is Higher Than You Think," it is hard to reach daily totals even with the most efficient protein foods. Eggs and dairy are the most efficient forms of animal protein because they contain the highest number of essential amino acids. Meat, poultry and fish are much less efficient. This person or group will need to help chefs calculate daily totals and also help them search for foods. Goats, chickens, dogs and cats also need daily protein.
Chickens need to eat worms (or bugs). Goats, dogs and cats need to eat scrambled eggs (or baked custard). God did not create horses and they do not need to eat animal protein. Cows are a hybrid animal and their metabolism has adapted to grass (cows also "browse" woody plants and shrubs). When I dowse the question, "Will horses ever need animal protein?" The response is "No." When I dowse and ask, "Will cows ever need animal protein?" The response is "Yes/No" (this is a very rare "maybe" response). These details will be needed for those who are involved in the Permaculture Garden Project. With today's available information about nutrition, we are at 30%. There is much more to learn.

This group should try to purchase brix meters to measure nutrition in plants and the white of a egg. Brix meters and how to purchase them are both covered in my article titled "Is Disease Due to Neglect?" at http://articles.x10.mx/disease.html. As explained in my article, brix meters are also called refractometers and they can usually be purchased on eBay for about $20-25. They may not be available in Realm 8. A Weston Price Foundation Chapter Leader named Suze Fisher interviewed a brix expert named Rex Harrill for an article in the foundation's Wise Traditions Magazine (search on the word "brix" on the www.westonaprice.org Web site to find Suze's article. Rex explains that only 5% of the food in the United States is nutrient dense. This is due to low nutrition in soil.

Seaweed (both composted seaweed and seaweed used as mulch) can add nutrients to soil The term "soil amendment" is used to describe organic or inorganic material used to increase soil nutrition. Calcium is a valuable mineral because God can transmute this mineral into other minerals that are needed. This is explained in my 4-part article on Palms at http://articles.x10.mx.

If soil is remineralized, plants will have the nutrition they need to resist pests and disease (Neem oil is the best natural pesticide for parasite eradication that will be needed for 3 years).

Dowsing Roles
Dowse the roles described in this chapter to find yours. Include the list of supplemental roles. Dedicated dowsers will need to help those who are
asleep and those who are partially asleep if they need help. The next chapter explains that this group will need cyborg tutors and a salary.

**Recording Roles**

Every realm except for Realm 1 has clones. God did not clone. Sirians cloning occurred when God moved Earth's inhabitants to other realms. Cloning was a Sirian attempt to hide what was happening. As I explained in Chapter 1, Sirians made changes in personality traits with each new set of clones. Earlies clones are much more interested in an Ascension Path than clones created recently. What we have now, are large numbers of clones spread across several realms. Higher numbered realms have more clones per person. Everyone but Primes will need to invent unique new names. Shortly after landing, general managers will need to plan a unique name event that will be needed to record names. An OpenOffice spreadsheet needs to be used to record names. This same event will also provide an opportunity to record:

- Roles
- Prime's Name (for reference)
- Temporary Bed Assignment
- Apartment Assignment (added later)
- Bedroom Assignment (added later)
- Bed Assignment (added later)

Dedicated dowsing is a supplemental role. At landing dedicated dowsers will be needed to assist with communicating (God's decisions) and to help those who are asleep understand their roles.
FYI: Placeholder text here to show the approximate size and position of type.
The Sirian invasion that has occurred in the last 50 years has turned Earth's population into barbarians. This trait is particularly evident in Americans. The WikiHow site (the online instructional how-to site founded by Jack Herrick in 2005) has a "How to Have Good Manners" article with instructions that seem completely out-of-date because manners have disappeared, see: http://www.wikihow.com/Have-Good-Manners.

Etiquette is one of the topics in my article titled, "On Personal Behavior…," see: http://housing.x10host.com/personal_behavior_03_10_17.pdf

Golden Rule

The Golden Rule is God's simple framework for living that He gave to the Sirians' ancestors and eleven other older races. References to the Golden Rule still exist in older television, but it does not exist in modern content.

In September 2012, I watched M.A.S.H episodes the week of the show's 40th anniversary. I remember watching Harry's Morgan's Colonel Potter character scream at David Ogden Stiers' Charles Winchester character that he had forgotten the Golden Rule. Harry Morgan showed extreme anger and seemed put out that there was a need to have the conversation. The fact that this scene exists means that the writers and producers understand the Golden Rule and how fundamental it is. As I'm writing this, God is reminding me that as nice as M.A.S.H. is, the story is about the Korean War, one of many wars designed to eliminate the Muggle population. However, it is one of the few examples I can remember of hearing the words "Golden Rule" on television. The only other show where I heard a character refer to the Golden Rule was an episode of The Andy Griffith Show called "The Horse Trader" that aired in 1961. In the half hour episode, Andy reviews the Golden Rule with his son Opie. Andy
is annoyed with Opie's dishonest dealing with his friend and further annoyed that a second conversation is necessary.

Shows such as *Touched By An Angel* and *7th Heaven* have frequent references to "right thing to do" that seem to be related to the Golden Rule, but could also be humanism. By the 1970s, the Sirian invasion had started and it would explain why the words "Golden Rule" would never appear in any future script. I think God will expect to see these words put back.

**Loss of Manners**

If you Google the words "loss of manners," you'll discover articles written by writers who are noticing manners have disappeared. I don't think rude people care if anyone notices. I think they may enjoy being rude. We have shows called *Pretty Little Liars* and *Breaking Bad*. Rude is hip.

When I dowse, "Can this group change?" The response is a "Yes/No." I have learned that this type of response means "possibly."

**Connection to the STS Problem**

Rude behavior is clearly thoughtless disregard for others and it is related to the Service to Self (STS) problem. This problem is rooted in artificial life—that is not connected to God's Creation. The amount of artificial life on the planet has increased—which means this problem will get worse. An STS individual feels no remorse. This group needs training. God can convert artificial life to natural life, but this in itself, will not change behavior. In the Pygmalion stories, change is superficial. Deeper change is possible, but it will take time. God wants everyone's pace of change to be rapid. However, pace of change, or pace of development will depend on personal initiative. This is the reason to dowse the question, "Am I ok?" that I've nicknamed Tutoring Sessions With God (required a minimum of three times each day). He'll help you monitor your behavior (and reach the 50% STO minimum required for a soul).

**Research Etiquette From the 1940s (and Earlier)**

Books about etiquette in the public domain (published more than 75 years ago) can be downloaded for free from the Kindle library. About 50% of the content is inappropriate because the class of society who were concerned with
etiquette had servants (or slaves). Dowse topics to determine whether it is appropriate today. Watch behavior and manners in old movies and discuss this topic over shared meals. Films are dense with physical gestures, tones of voice and other details that relate to the story. Many are noticeable only if you watch films several times. Change will require study and characters in films are the next best thing to having a real life role model. Today's film industry is focused on franchise films that contain cinematic special effects. This may be due to the fact that they are incapable of producing anything else. When I dowse the question, "Are we stuck?" The response is a "Yes/No."

**Modern Etiquette Books and Classes**

There must be an increasing demand for proper etiquette because there is a group of modern authors and consultants dedicated to this study. Books include:


*99 Unspoken Rules of Social Etiquette: Are you rude and don't even know it?* (2012) by Nelly Odessa

Cynthia Lett is a Certified Etiquette Professional (CEP) and Certified Protocol Professional (CPP) who is internationally known as an etiquette and protocol authority. At the beginning of her *99 Unspoken Rules of Social Etiquette*, Nelly Odessa has a section titled, “The Golden Rule.” She says, “If you read this book and end up following only ONE rule, let it be this one...

“Do unto others as you would have them do unto you.”

“Treat others the way you want to be treated - kindly, politely, fairly, with respect, and with consideration. This one statement summarizes it all. This book and the unspoken rules that are to follow are just examples of how to do it.”

The consultant who I've noticed is Rachel Isgar, Ph.D., who received her degree in education from the University of Southern California. Rachel is an etiquette specialist who founded Please Pass the Manners for teaching businesses, adults and kids how to use proper etiquette. Etiquette protocol training classes are offered in El Segundo, California, and soon, Scottsdale, Arizona.
Anticipate Each Others' Needs Ahead of Time

Recent articles about the loss of manners all seem to mention rude behavior related to smart phones. Small Message Service (SMS) existed before smart phones, but it did not catch on until the introduction of smart phones. Texting may offer instant communication, but it encourages abrupt, rude behavior. Store and forward technology (e-mail) can also be rude, but it's generally less obtrusive. God does not approve of smart phones (or smart watches, smart cars, smart houses, or any other device that contains embedded artificial intelligence). E-mail may be old-fashioned, but it's all that will be practical right now (SMS is difficult on flip phones that are approved). God approves of advanced technology, but not if it is harmful. Smart devices are ramping us up to a future with artificial life forms who are slaves.

Those who are addicted to instant communication will need to train themselves to anticipate each others' needs ahead of time. If some form of communication is necessary, an e-mail or written form of communication will be all that is available.
I've learned that those who are being moved to Realm 12 won't be working on any projects until they graduate. After spending several days adding details about getting the domestic details settled at BCC, I dowsed the question, "How long will it take to get the domestic details settled?" The response was 6 months. I continued to ask about the projects because days and nights would be filled with meals, washing clothes, television as well as some reading and computer work. It seemed like there would be a boring gap—reading and research for those who may be interested in projects, but no hands on activities.

**Trying to Understand God's Change in Plan**

I asked if field trips to Nature Centers would be ok. The response was "Yes." I thought about composting at Snyder Park and wondered if seaweed collection on the beaches for use as mulch at BCC would be ok. The response was "Yes." Mulch would eventually decompose, but not have very much rapid benefit without the help of Earthworms. Vermiculture in Realm 12 would be limited because of the limited supply of worms. When I thought about this, I realized that Fort Lauderdale must have bait and tackle shops that sell worms. I found a list of bait and tackle shops in Fort Lauderdale and Broward (www.ftlauderdaleboating.com/watersports/fishing/bait_tackle_lauderdale.htm). When I dowse the list, most will not be in Realm 12, but there are a few that will exist. This makes vermiculture possible.

I also wondered if the Mennonites would be anxious to start projects. I asked, "Can the Mennonites go over to Tradewinds?" The response was "Yes." Then, "To study?" The response was a "Yes," I thought — if God wants the Mennonites to study, He must also want the others to study, and
prepare. When I study a new subject, I search for every book and every article. Next, I use spiral notebooks to take fairly detailed notes. If a book or article contains valuable information, I re-review my notes at least twice. I find that this routine helps me to remember information.

**Special Interest Groups (SIGs)**

I worked in the microcomputer business in New York City for over 20 years and joined several "SIGs" or special interest groups that meet regularly to share information. SIGs are a computer industry response to technology that changes rapidly. People who belong to SIGs share information much like law students and medical students in study groups. The pooling of information helps everyone. "User Group" is another expression that's used in the computer industry to refer to people who use hardware and software. There two expressions overlap because most SIGs can also be considered User Groups.

When I dowsed the idea, the response was "Yes." I thought of several possible SIGs for BCC. I dowsed the question, "How many SIGs is a good number?" The response was "6." Here are examples of SIGs that dowsed a "Yes:

- Rife User's Group (also considered a SIG)
- Dairy Goat SIG
- Vermiculture SIG
- Permaculture Garden, SIG, BCC and Tradewinds
- Novice Computers User's SIG

When I dowsed the question, "Would Realm 12 members form the SIGs?" The response was "No." I realized God's response meant that He would form the SIGs and assign people.

Sirians have been trained to lead isolated lives and SIG assignments would provide a vehicle for forming new habits.

In 1997, I took over a VRML SIG in New York for my friend Larry Rosenthal who moved to California. Larry had formed the SIG and it was a very nice group of people. I was interested in VRML because I wrote a book called *Web Publishers 3D & Animation Guide for Windows*, but I was not a 3D designer. I did not want the SIG to disappear, so I made a plan to invite guest speakers. I thought about the potential for SIGs at BCC and realized that guest speakers could be invited (to speak to large groups—possibly even 400!) in mild evening weather during the Winter 2017 when Sun Down is very early. I
thought about the expanse of parking lot near Rec #2 and Rec #4. The board of directors meets at Rec #2 and there is sound amplification equipment. There is a potential for large group presentations outdoors. Seating would be possible with tailgate chairs.

The Rife device makes me realize that they may be competition for AC power outlets at BCC. Computer notebooks and cell phones will also need to be charged. This won't be solved until there is a move indoors. The first guest speaker I thought of is Fort Lauderdale’s Advanced Green Technologies that the *Sun Sentinel* calls “Florida’s largest solar installer.” If the existing sound amplification equipment can be adapted for use outdoors and you figure out a way to hook up a projector and a large screen, you will not have a problem attracting guest speakers.

The SIGs could be the groups who could take the initiative and launch interesting events. Chicago has the Discovery Center, New York has The Learning Annex and there is clearly a gap in Florida that needs to be filled.

There is a potential for three more SIGs:

- Weston A. Price SIG
- Sewing SIG
- Field Trip SIG

To understand God's assignments—dowse all nine.

### Weekly or Monthly Meetings

Dowse whether God wants you to meet for weekly or monthly meetings. SIGs that involve hands-on learning (e.g. computers, Rife devices or Sewing) may want to meet weekly because a month is a long time to wait. The calendar software that comes with Windows 10 is a good place to keep track of dates. People with accumulated years of experience in computers and sewing may want to trade consulting time.

### Sewing Will Be An Important Skill

God will require Sirians to end slavery in Asian factories and clothing made in Asia may not be available for some time. Sewing is not a skill just for women. Men work as tailors.
My next sewing project that I have planned is making inexpensive men's scrub pants (in white) that can be worn with a Hawaiian shirt. I'm planning to buy a set of King Size sheets made of white microfiber and try a pattern I found at Walmart. I started sewing more than 40 years ago and I know that patterns tend to run very small. The pattern for the scrubs (at left) is easy to alter. There are YouTube videos of people making their own pattern pieces from Kraft paper. If the size 3X scrubs are too small, Kraft paper could be used to draw a larger size.

A year ago, I could not find a skirt I liked and bought a Janome 10-Stitch machine for $69. Many years ago, I worked with a Swiss Bernina machine. The Janome is praised for being a "poor man's Bernina." The small, lightweight model I bought online is quite remarkable considering the price. At some later point, I would like to try the Janome HD 1000. For now, the $69 machine is fine for simple projects.

**Microfiber Fabric**

I have been using microfiber King Sheet sets from Steinmart that cost about $20 (sometimes less). Microfiber is a polyester fabric that is probably uncomfortable to sleep on, but for a skirt, it is a very soft, durable fabric. The only supplies required for making a skirt with an elastic waist is a package of elastic (packages of Dritz 1 in. elastic are sold at Walmart or JoAnn Fabric) and thread.

**Beginner Sewing Supplies**

The box on the next page contains images of essential supplies that beginners will need to start sewing.

**Janome 10-Stitch Machine**

The Janome 10-Stitch machine does not have a light, but the Threshold floor lamps added to the apartment furniture items is adjustable to 53 inches and should be a good source of task lighting. You will notice a pen light and a wire loop needle threader among the margin photos that you will need to thread the machine. The Janome machine comes with a wire loop needle threader, but extras are needed because of the importance of this sewing tool.
The following document contains my drawing that show how to cut your King Sheets (read the captions). If you look at my diagram, you'll see that the contour sheet will need to be trimmed (see my reference to "wings"). Save this extra piece of fabric and use it for a test that will be requited to determine if your bobbin is working.

http://housing.x10host.com/dimensions_gathered_skirt_08_17_16.pdf

This document contains videos that have been made for the Janome 10-Stitch machine. Janome must have once called the machine a "Derby" because a few videos use this term.

http://housing.x10host.com/janome_setup_08_24_16.pdf

On this PDF document, look for a YouTube video titled "How to Thread a Sewing Machine" that contains a useful lesson on how to fill a bobbin. The two women in the video also thread the machine and cover a necessary step that involved pulling the bobbin thread up through the plate mechanism. The camera angle is not great for this step, but a lot can be gathered from listening to their conversation.

If the bobbin is not loaded correctly, you will notice you do not have nice even stitches on both sides of fabric that you sew. Use the "wings" you cut from the contour sheet as a test piece of fabric.

**Cutting Fabric on a Ping Pong Table**

Three extra apartments will have ping pong tables for the Sewing SIG to cut fabric. Paddles and ping pong balls will also be provided and stored in the apartments.

When I dowse and ask about how the tables can be shared, the responses I've received indicate that God will manage the Ping Pong games. If you want to play Ping Pong, you will need to dowse and ask, "Can I play Ping Pong?" If the response is "Yes," then ask "Are the tables free right now?" There will be a need for sewers to use the tables when their projects start. Once the fabric is cut, the tables will be free.
Beginner Sewing Supplies
The following essentials will be needed to start sewing.


(steinmart.com) J. QUEEN NEW YORK, 300TC 4 Piece Floral Sheet Set, King, Color: Grey, $19.95

(steinmart.com) JHOTEL COLLECTION, 4 Piece Hannah Spring Microfiber Sheet Set, King, Color: Orange Multi, $19.99

(Walmart) Dritz Sewing Gauge-6", $2.93 ea.
(Walmart) Dritz Satin Pins, $8.80
(Walmart) Dritz Tomato Pin Cushion with Emery Sharpener Multi-Colored, $5.57
(Walmart) Dritz Assorted Hand Needles, 45-Count, $2.43
(Walmart) Singer 96" Extra Long Tape Measure 1 ea., $5.14 ea.
(Walmart) Singer 20-pk Safety Pins - Size 3, Each safety pin is approximately 3.75L"x2.5W", $1.79 per package
(Walmart) Sharpie Ultra Fine Point Permanent Markers, Black, Set of 5, $4.34 package
(Pricefalls.com) Seam Ripper-3.5" by Dritz, $1.43
(Fiskars Classic 8" Multi-Purpose Scissors, Right Handed, $8.97 ea.
(Walmart) Singer 20-pk Safety Pins - Size 3, Each safety pin is approximately 3.75L"x2.5W", $1.79 per package
(Target.com) Singer Pacon Kraft Wrapping Paper, 48" x 200 ft, Natural, $22.33
Beginner Sewing Supplies (continued)
JoAnn Fabric sells Gutermann thread in the following colors for the King Size Sheets projects:

- (Joann.com) Gutermann Sew All Polyester Thread 110 Yards-Blues, Navy Blue #272, Item #2275485, $1.99
- (Joann.com) Gutermann Sew-All Thread 110 Yards-Neutrals, Bone, Item #7556343, $1.99
- (Joann.com) Gutermann Sew-All Thread 1000 Meter, #20 Nu White, Item #2279180, $8.99

- (Rifedigital.com) Rife Model: UPC 690311802365, $483.65.
- (imprint.com) Therm-O-Snack Insulated Bag (for storing sewing supplies), Color: Khaki, $2.75 ea.
- (pricefalls.com) Dritz Non-Roll Elastic 1”X2-1/2yd-White by Dritz, $2.26 ea.
Clues That You Have Correctly Loaded Your Bobbin Thread

The Janome manual contains black and white line art and it is an insufficient reference for learning how to load your machine's bobbin. Watch a woman named Karen in a YouTube video titled "How to Thread a Sewing Machine" at https://www.youtube.com/watch?v=n7SxLOq6sd4. She loads a bobbin into a 10-Stitch Janome machine. The machine in the photo below is my machine. I've learned to look for the thread at an angle (that you see below.

Before you begin to sew, you will also need to use a scrap piece of fabric to test the stitches.

The stitches in the photos on the next page were produced with the "C" stitch length setting on the machine. I would recommend picking a setting and then stick with it. I've used two different types of Singer machines and a Bernina. I know that stitch settings can cause thread tension problems that are hard to resolve. On a $69 machine, I'm happy with a straight stitch that is reliable.

The first photo on the next page shows small loops that are a clue that the bobbin mechanism is not working. The second photo shows even stitches without the loops. After sewing a few stitches on your test fabric, raise the machine's needle manually, pull your fabric away from the machine leaving 6-8 in. of
extra thread and cut your thread close to the fabric. Flip the fabric over and compare your stitches to the photos below.

Loops are a sign of incorrect bobbin thread loading.

Stitches in this sample are correct.

Note: Sewing apartments will require an ironing board and an iron.

Sewing apts. will need power strips because the Janome machines have power cords that do not reach very far.
Portable Sound Amplification
The sewing SIG groups will have more than one section and they will be popular. The Pyle Pro PDWM96 Belt-Pack Wireless Mic will solve any problems with sound amplification (Fullcompass.com, $13.61 ea).
Now that there is a group of 400 going to Realm 12 without their Cyborg slaves, it will be important to assess the skillsets in the housing co-op. Cyborg slaves have been managing their owners' lives for 10 years. If you were 10 years old when your family purchased a Cyborg slave, you may not have many important skills.

**Assembly/Installation**

One of the most important tasks in the housing co-op is assembling Rubbermaid Storage Sheds, furniture when products arrives and mounting white boards on walls. Mennonite men have the required skills, but there are only 3 in a group of 400.

Mennonites will need to provide instruction to people who have been given the supplemental role of assembly/installation apprentice. Unless this supplemental group learns how to use a set of tools, it will take weeks or months to have tables and chairs to sit on (50 Sandusky tables and over 400 chairs are needed). Rubbermaid sheds are more difficult to put together and the Mennonites will need to begin this much needed assembly after providing basic instructions for assembling simple pieces of furniture. The most challenging task for the Mennonite team will be assembling an Agri-Fab 45-0301 175 Lb. Spiker / Seeder / Spreader.

The Agri-Fab spreader is important for the Tradewinds project because it will be needed to spread Dolomite purchased in York, Pennsylvania. Agri-Fab has excellent video (on their Web site) that guide customers through installation. God will need to assign the supplemental task of accessing these videos for the Mennonites as well as the PDF file for the manual. The supplemental team who are assigned this task will probably learn a lot. Note: The Agri-Fab spreaders is sold at Home Depot and Walmart. There is some confusion in part numbers assigned to two 175 lb. spreaders.
ers that Agri-Fab makes. One has smaller wheels. Both of these models are suitable. The videos show the spreader pulled by a lawn tractor. The Tradeswind team will pull the spreader with an electric Club Car Utility vehicle (Club cars come with trailer hitches).

**Chefs and Sous-Chefs**

Most of the chefs who have been lined up to work at housing co-ops are salaried Cyborgs. Realm 12 will have one person who is a Major Race member (a former slave). Similar to assembly/installation, there is an extreme shortage of residents with cooking skills. God will need to assign residents in the supplemental role of sous-chef. Many separate tasks will require separate sous-chefs (God will assign specific tasks). The kitchen experience this group will acquire will be very valuable.

The Wash/Activity apartments will serve as locations for dining and laundry until the larger set of apartments are ready. The chef (and sous chefs) will use the kitchens in the Port Royale building. Some equipment will need to be stored in the wash/activity apartments. Food will need to be transported with electric vehicles, prams and Mac Sports Wagons.

I have learned from experience as a project manager, it is critical that the person in the managing role (in this case the single chef) does not get involved in food preparation herself (I dowsed that this person is a woman). The project will suffer if the manager is not vigilant. There will need to be a constant need to delegate. Note: God wants menus planned a month in advance. A white magnetic board with Magnatag moist-erase (labeled with markers from Magnatag) can be used to communicate food items to the entire team. Separate boards will be needed for each meal and one for snacks (morning and afternoon).

**Housekeeping in the Apartments**

The Wash/Activity apartments will serve as locations for both dining and laundry. Groups of 20 people are assigned to a dining area and small groups of 6 meet to wash clothes together (to expedite laundry). Each of the 35 Wash/Activity apartments will have two white erase boards mounted in the hallway that contain God's assignments for (a) location for showering for each person (b) tasks that include cleaning and assisting the chef. The supplemental role of dedicated dowser will need to provide these assignments on magnatag strips. Because of the heavy traffic, there will
be a need to keep these areas clean. The Beessential Natural Sulfate Free Lavender with Bergamot Body Wash 8 fl. Oz Pump Bottle by Beecology will not be available in Realm 8. I thought a pump bottle would be a cleaner alternative than sharing Pears soap (that gets gooey if the bar gets soaked). The only soaps that have the correct pH (either neutral pH or slightly acidic) are Pears, goat milk soap, Beecology, Miracle II soap and Dream Quest from Nature's Plus (the Vitamin company). You will need to use a personal bar you bring with you to the shower.

When tailgate chairs and personal folding tables are purchased, those assigned to a wash/activity apartment may decide to bring these items with them. This apartment will also have a long set of Sandusky tables for dining. Note: This morning during a research trip to Walmart, I noticed that the store sells regular tailgate chairs (called mesh sports chair) and an extra large size (those making the purchase will need to dowse how many of these larger chairs will be needed).

The Outdoor Sink planned for the BCC may or may not be available. The company is located in the Fort Lauderdale area ((Generalsuperstore.com) Portable outdoor sink, $249.99 each). Twenty have been planned to alleviate the congestion at bathroom sinks (washing dishes, brushing teeth, shaving, etc.). The sink uses water from an outdoor spigot and it needs to be placed near a drain. There are a few drains near the front of the property in the middle of the drive and drains are placed at the end of every building past the turn in the BCC property. The sinks are free-standing. Walmart also sells a mirror with a shelf. Pears soap is safe for the environment. Cabela's sells a "Mr. Heater" Portable Water Heater that heats water from an outdoor spigot.

Dishwashers are not realistic until the group moves indoors. Although disposables are planned, there are not a large number of paper bowls to choose from. Outdoor sinks could provide a place to wash cottage cheese or yogurt containers that a resident could take with them to a dining area. A few new "foamer" dish soaps are available for this purpose. A company called "Method" is a favorite of mine because the soap is environmentally friendly. Method dish soap foamers should be available at every sink. You will want to look carefully at the bottle the dish foamers look similar to Method hand soap (the dish soap bottles are larger). Walgreen's Web site sells Method as well as the 32 oz refill pouches.
A next-best soap for washing dishes is Publix's "Mild & Gentle" Ultra Dish Detergent. The soap is slightly environmentally friendly with less harsh ingredients. The bottle is easy to spot because the soap is opaque white. If Method hand foamers are not available, Walmart sells Dial hand soap foamers for $1.99. I did not see the refill for the Dial foamer.

Large 18 gallon Sterilite totes are planned for personal possessions. I noticed the 10 gallon size at the Walmart Neighborhood Market. This smaller tote may be useful for storing soap and cleanser next to outdoor sinks. The best cleanser is Bon Ami that does not scratch. Walmart's Simoniz Soft-Scrub Micro fiber Sponge Pads, 2 count is machine washable and dryable. I saw Wolfgang Puck 18/10 pans at Marshall's that are well suited for cooking eggs (e.g. the 11 inch "Versa"). Calphalon would be my next choice. Marshall's has replaced the Wolfgang Puck line with David Burke pans that are not 18/10. Dillard's Southern Living line of 18/10 pans will not be available in Realm 8. There seems to be a few Wolfgang Puck pieces still left in the stores and a tour of the kitchen departments at Marshall's and TJ Maxx will be needed (HomeGoods may not be in Realm 8). Hulda Clark used to say that ceramic was ok as a cooking surface. Marshall's has a "Bliss" Hydro Ceramic 9.5 inch frying pan that I need to research. Avoid the pans that are "indestructable" because they're made with nano particles.

This morning, Publix was almost sold out of single-serve vanilla ice cream. This container is 3.6 ounces. Publix sells a Zyliss ice cream scoop for $9.99. This ice cream scoop will be needed for dividing up a 14 ounce Haagen Dazs container (3 ways). There are two vanillas from Haagen Dazs: regular vanilla and vanilla bean. Walmart used to sell the single serve Haagen Dazs but they stopped. They still sell the 14 ounce containers (both types of vanilla) I saw a very large "Cook's" (conventional shaped 4-sided grater, 9 inches tall) at Marshall's with a substantial blade for slicing cheese. It has a black rubber handle and it looked like it would be efficient for preparing cheese for grilled cheese sandwiches. Marshall's has a nice selection of oven mitts (2 for $4.99) and a Kitchen Aid set of mixing bowls (melamine) fo $16.99.

**Cleaning**

A commercial cleaning company will need to clean the 35 wash/activity apartments and then the maintenance cleaning will need to be shared by residents. God will assign tasks such as:
Floors (Swifter products; Joan Fahey will need to provide a lesson on how to attach a swiffer cleaning pad to the Swiffer mop). The following professional floor cleaning items are on the list of items to purchase, but they are too bulky for storage in an apartment. They will need to be stored and used in Rec Centers. You should know they exist in case of an assignment, or a need to use a larger mop in an apartment:

- (Walmart) Rubbermaid Professional Plus Mop Bucket with Wringer, 31qt, $39.97
- (Walmart) Quickie Professional Heavy-Duty Wet Mop, 24 oz, $16.08

Kitchen and Dining Table Surfaces (wet yellow terry wash cloth with foamer dish soap as well as 3 moist paper towels and a few sprinkles of Bon Ami to scour the sinks.

Dishwasher Management (Seventh Generation's new "Dual Action Pack Ultra Power Plus" is the ultimate environmentally friendly dishwasher detergent). This Burlington, Vermont-based company's name refers to "The Great Law of the Iroquois" that states: "in our every deliberation, we must consider the impact of our decisions on the next seven generations." When I published my first environmental newsletter in 1992, I contacted this company by phone and talked to their research and development manager. I remember learning a great deal from the conversation. I also remember he said Europe is far ahead of us in producing products that do not harm the environment. This task involves running the dishwasher when it is full and putting clean dishes away. If the Seventh Generation product is not available, Publix makes power pack tabs for the dishwasher.

Mirrors (Pear soap does not streak)

Toilet Bowls, Seats and Tank Surface (Walmart's Great Value Brand has a new product called "Bowl Brush and Plunger" for $9.97. I use paper towel with soap and/or white winegar to wipe the surfaces.

Apartment Towels (the apartment hand towels will be a Birch color that is different than personal towels. There will be a need to wash these every third day. A clean towel needs to be added to towel racks every day and soiled towels will need to be temporarily stored until they are ready to be washed (e.g. over a hanger).
Garbage I find the garbage room recycling signs at BCC to be confusing. At startup, a 13 Gallon white kitchen garbage pail (for 13 gallon drawstring garbage bags) is planned for every apartment. There is a supplemental role for learning "best practices" that includes biological processing (composting) and grinding dried egg shells. Waste management needs to change. At startup however, due to the pressure of caring for 400 people, the routine will need to be the same—taking the garbage to the garbage rooms when the cans are full. This team should contact Fort Lauderdale to learn more about city recycling. Denver and San Francisco seem to lead the nation in setting goals for reaching "zero waste" (American cities are behind European cities in this area).

Laundry

Joan Fahey will need to provide lessons on how to separate colors for laundry loads so whites stay white and color do not run. Purex Natural Elements is an environmentally friendly choice for detergent (there are even better choices—graded by the Environmental Working Group (ewg.org), but they are not available. I add 2 cups of white vinegar to each load of laundry as a disinfectant. I also hang most clothing items up to dry so the fabric lasts longer.

Amazon's Household Essentials is a 2-Tier Tripod Air Dryer that can be collapsed and put in the closet. Those who need to travel (e.g. to Philadelphia, or to Horse Power Days in Gordonville, PA, or to Baker Lime in York, PA), the large Eagle Creek Pack-It Garment Folder in Large (Black) (http://shop.eaglecreek.com) comes with a helpful plastic guide for folding clothes similar to the plastic laundry tool that Jim Parson's Sheldon Cooper character uses in *The Big Bang Theory*. Google Large Eagle Creek Pack-It Garment Folder and watch video demonstrations.

If you need to press clothes, Joan Fahey can give an excellent class on how to press a blouse, a shirt, or pants. Martha Stewart has also made excellent how-to videos on ironing and folding towels. An ironing board and iron will be in every apartment (Mainstays board and the Shark Light Weight Professional Iron).

Using the Bathroom or Shower

Bathrooms and shower use will be difficult at startup, but as residents move indoors, daily showers and daily clothes washing/drying is expected
(while outdoors, wash bedding three times a week and indoors, once-a-week). Do not walk barefoot (ever) and inspect the bathroom carefully when you are done. Look for hair and footprints. Clean these if you see them and do not leave them for the people cleaning floors and surfaces. I believe God will speed the pace of development for those who are clean and considerate (this is a Golden Rule issue). When you leave a mess (e.g. food particles in the sink after brushing your teeth), you're imposing on others. Impose means to inflict something on someone else. This same concept relays to lights and noise in any space that you share.

God Scores and personal tutoring sessions with God (asking the question, "Am I ok?" are a requirement for an Ascension Path. God Scores are described in a bulletin at http://articles.x10.mx and Tutoring Sessions with God are described in the Muggle to Muggle Supplement that contains Prayers (look for this link at http://articles.x10.mx).

**Lending Library**

There is a plan to develop a professional lending library for DVDs, board games, chess sets and Rife devices. One bedroom apartments at Port Royale can be arranged to view two movies (one in each room), see: http://articles.x10.mx/port_royale_cove_one_bedroom_television.pdf

Equipment for old fashioned library card systems with charge trays are hard to find in a society that is trying to phase out printed books. There will be a need for a DVD collection because the content on television has reached an all-time low.


Duplicate cards are inserted into a paper or plastic sleeve that gets glued or taped to items in the lending library. One card stays with the item (date stamped when it is due back) and the other card gets filed in the charge tray. The team who manages the co-ops video collection (or books, or Rife devices) will know exactly where they are located. The only remaining issue is finding a location.
For those who are learning to play chess, Toys R' Us Pavilion Games Chess Teacher includes pieces indicate which directions each can move ($16.99).

A board game that seems to be sold out every time I go to the Web site is the American-made Wildcraft! The cooperative board game that explores healing herbs, see: http://learningherbs.com/wildcraft.

**Computer Graphics**

Computer graphics skills will be needed to communicate important information to 400 people. At startup, this may be in the form of flyers that will need to be photocopied at FedEx Office (closeby in Imperial Square, 5975 N Federal Hwy Suite 136, Fort Lauderdale, FL 33308, Hours: 7AM–9PM Phone: (954) 351-7066).

Dowsing helps to understand that there will be no one with computer graphic skills going to Realm 12.

An immediate solution is to hire the staff at the UPS Store nearby (The Promenade at Bay Colony, Fort Lauderdale, FL · (954) 491-6245, Open until 6:30 PM).

For example, due to the shortage of bathrooms (at startup), the manager and 4 dowsed team members need to do a walkthrough to identify the 35 apartments that will become the wash/activity apartments. Detailed notes regarding the building #, the entrance #, the floor #, and the apartment # will need to be recorded on this walkthrough and assembled in a list for people who are not familiar with the property.

I developed a PDF document with a map of the property by pasting together sections of Google Map images, see: http://crashlanding.x10host.com/bay_colony_map_plain_01_16_15.pdf.

People in the landing party of 400 will need to get acquainted with Rec Centers, the 36 wash/activity apartments and the approximate location of the connecting point to the Port Royale building at the end of the property. The person working on this map will need to visualize what it will be like for those who are in an entirely new environment.

Residents will receive computer notebooks. In an earlier plan, residents with computer graphics skills were going to create flyers, make labels for labeling shelves, beds, and computer brief cases, There's a 3M laminator planned—and now no one to use it.
There is also a plan for each dining area to have a Weebly Web site. Shared dining areas will become hubs for an exchange of information and a Web site that is dedicated to each dining group (20-24 people) is a helpful vehicle for communication between dining groups (in Realm 12, there will be 20 dining groups). The graphics person in each dining area received a Sony Cyber Shot camera and creates a record of people, project and even a directory or names and contact information. This will not be possible unless computer graphics skills are developed. Some day, members from your group will need to make a PowerPoint presentation that illustrates your group and your projects. Consider entering the The Florida Communities of Excellence Awards (the first and only comprehensive, independent recognition
program for the tens of thousands of community associations throughout Florida, see: http://communitiesofexcellence.net/about. This site’s previous year winners are very interesting.

**Sewing**

This valuable skill is critically important because Asian manufacturing will not be available below Realm 15. American clothing manufacturing will need to be developed. Brooks Brothers manufactures 85% of their line in the United States.

I worked in the microcomputer business in New York for more than 20 years and I’m familiar with incubators that cultivate young companies and help them grow. While researching the subject of American made products, I came across an article written by Shannon Whitehead who founded Factory 45, an "accelerator program that takes sustainable apparel companies from idea to launch, see:

SEW SHOP TALK: INTRODUCING THE CAROLINA TEXTILE DISTRICT, October 22, 2014/by Shannon at: http://factory45.co/sew-shop-talk-introducing-the-carolina-textile-district#

Shannon describes an interesting new development in Conover, North Carolina:

*The Carolina Textile District, a network of textile manufacturers, sewers, printers and professionals that help entrepreneurs start made in the USA businesses when they’re ready to go into production. I was able to also meet with Tanya Wade and Dan St. Louis who are two of the key players in making The District a long-term solution.*

To understand how the Carolina Textile District is working to revitalize the American textile industry, visit: https://www.carolinatextiledistrict.com.

I learned how to sew as a teenager and I became very interested in fabric. Recently, I found a round-up article published in *New York Magazine* about sewing classes available in Manhattan (published September 13, 1976). The article was scanned and I re-typed the text of this very interesting piece: http://housing.x10host.com/sewing_class_article_new_york_mag.pdf

Three Mennonite women in Realm 12 know how to sew. Sewing is a skill that can be developed by starting with a simple project. I took beginner classes at a Singer retail store in the 1970s and continued to take more ad-
advanced classes. My mother found a class in advanced tailoring that I really loved. We learned how to line suits and make bound buttonholes.

About 6 months ago, I bought a Janome machine for $69 from the Walmart Web site and it is remarkably sophisticated for the price. Dowse whether God thinks you would like to sew. McCall's Patterns has a pattern for a pillow called, "McCall's Patterns M3901 Rag Throw and Pillow, One Size Only." This pattern is available at Amazon.com for $6.71. Organize a group and try this simple project. Ask the Mennonite women for help if you get stuck. YouTube has an amazing collection of videos that demonstrate simple to advanced sewing projects.

Read my letter to Joann Fabrics and Crafts in Pompano Marketplace. I suggested that they help customers learn the names of classic fabrics with store signage, see: http://housing.x10host.com/Joann_manager_06_22_16.pdf.

I also wrote to several large retailers and asked them to consider a fabric and notions department (all large stores used to sell fabric and notions). I asked them to approach a large company such as Ralph Lauren and ask for a classic pattern such as a short sleeve shirt. In today's inflated economy, a Ralph Lauren short sleeve cotton shirt is about $100, yet this basic design has not changed in 50 years, see: http://housing.x10host.com/macys_manager_06_28_16.pdf.

When my Janome machine arrived, I decided I wanted to create a gathered skirt with a Lilly Pulitzer-like print. As I began to price fabric, I realized I would need many yards to make several panels (fabric comes in 45 inch widths). The cheapest fabric I could find was a polyester gingham at Walmart for about $2.50/yard. Walmart also carries floral prints but the price of fabric for my skirt climbed past $30.

Instead of 45-inch panels, I thought of the idea of using the fabric in a set of King Sized sheets. When you take out the hem in the flat sheet, the width is about 106 inches and there's enough fabric to make 2 mid-calf skirts (2 more in the contour sheet and fabric for 4 toddler skirts in the King size pillow cases). Many of the large retailers have mostly solid sheets. Steinmart has become my source for printed sheets. They're microfiber (not cotton). However, microfiber is a soft and comfortable fabric for a skirt. King size sets range from $9 to $19. The skirt has one side seem and the only extra sewing supplies are elastic for the waist and thread. This type of project is almost as simple as a pillow. It's a lot like sewing a curtain—only there's a piece of elastic sewn
into a hemmed portion for waist and the ends are sewn together. I wrote to Stacy Ritter, President of the Greater Fort Lauderdale Visitors and Convention Bureau and suggested the formation of 3-day sewing classes at area hotels to make Lilly Pulitzer-like skirts, see: http://housing.x10host.com/broward_tourism_mgr_1_06_30_16.pdf. It would also be nice to preserve information about talented designers like Lilly Pulitzer—before her story (and other stories) are lost.

**Wood Crafts**

The need for wood crafts came up as I researched the Permaculture Garden Project, God's selection of nutrient-dense plants for animals and people. There are 40 different plants that get planted in several different locations in a large garden, see: http://articles.x10.mx/garden_playground_layout.pdf.

Although many of the plants can be purchased as young starter plants, several need to be grown from seeds. Getting seedlings started requires a system of trays or holders for small pots and a method to label young plants.

While searching for trays to hold small pots, I found a blog written by a woman named Janet called *Today's Fabulous Finds*. In her blog, Janet has assembled directions for making wooden crates from 5 gallon paint sticks, see: http://todaysfabulousfinds.blogspot.com/2011/03/diy-paint-stick-crate-tutorial.html.

Walmart sells 5-gallon paint sticks for .98 and wood pieces for the project are available at Lowes. I bought an inexpensive miter box with a saw at Lowe's for $7. The store's staff in the lumber department can cut pieces of wood to size and the holes required for handles can be drilled with a hand drill called a Fiskars Craft Drill sold at Walmart (about $14.98). The Jute handles can be made from a package of Jute available at Walmart for $4 (Canvas Corp CRD4200 14 ft. Jute Rope, natural, pack of 3 $4 each). The slats in the crate are perfect for tying plant labels. For example, Walmart sells a package of Kraft paper labels with string (2” X 3.25”) for $4.09 (Blank Tags with String, 2” x 3.25”, 12pk, Kraft).

From here, wood craft projects for the Permaculture Garden get a lot more complicated. For example, a blogger named Julian who is a construction engineer, has created plans for a 60-inch outdoor plant stand, see: http://myoutdoorplans.com/furniture/plant-stand-plans. Julian has a plan for a
super-simple plant stand, but it is too small for the Permaculture Garden Project. The larger stand requires cutting notches in 2 X 4s. Julian's list of tools includes a power mixer, a miter saw, and drill machinery.

In the 1960s, my father's father gave him an elaborate workbench and tools that he had collected over his lifetime. There were no power tools. As children, my father taught us how to use a hand drill. In 2012, while tutoring a little boy, I asked a saleswoman at Lowe's if hand drills still exist. She said yes, they definitely exist and said customers occasionally ask for them.

For the notches, Home Depot sells a Klein Tools 12 in. High-Tension Hacksaw for $26.63.

Four of the Permaculture Garden plants need trellises. To find a trellis, I dowsed photos on the Web and found an image that I've added to an article I wrote about the project at: http://housing.x10host.com/bcc_permaculture_garden_plants_12_30_16.pdf.

When I searched for plans that resembled the trellis, I discovered Julian, the construction engineer, has a plan for a "Patio Pergola" that has a component side with a design that is similar, see: http://myoutdoorplans.com/pergola/ patio-pergola-plans. The hand tools can be used on this project that will also need cement and post anchors. Here are sources for the hardware Julian lists on his site:

(Walmart) U08305.037.0700 Carriage Bolt, Zinc, 3/8-16x7 L, Pk10, $4.95 X 4 = $19.80
(Walmart) 2XB19 Deck Screw, Flat Head, #10 x 4 In, PK 230, $23.97 X 2 = $47.94
(Walmart) SAKRETE 65200511 Crack Resistant Concrete Mix,Pail,50 lb. G7495126, $24.21 ea.
(www.fastenersplus.com) Simpson EPB44PHDG 4x4 Elevated Post Base Hot Dip Galvanized, Part #: EPB44PHDG, $13.41 ea. (The Strong-Tie EPB elevated post bases are designed to allow a 1" to 2-1/2" clearance above concrete)

These projects will help preserve knowledge of how to use simple tools.
Gardening

Plants need nutrition just like animals and people. The baby plants also need soft textured soil so their roots can become established. Earthworms do the work of improving soil texture, but Earth's Earthworm population have mostly been exterminated. The practice of raising Earthworms is called vermiculture.

While researching the subject of vermiculture, I came across an article published in the September 2010 edition of *Biocycle* Magazine called *Vermiculture Gains Momentum*. written by Janice Sitton who owns Good Green Graces and author of a book called *Field Guide to On-Farm Composting*. Janice's article in Biocycle is about North Carolina State University's (NSCU) Vermiculture Conferences that attract people from 28 states and five countries.

Unfortunately, the NSCU Vermiculture Conferences, organized by Rhonda Sherman, will only be in Realm 4. Rhonda is an extension specialist in the Department of Horticultural Science at NC State University, providing leadership for university outreach programs on solid waste management issues through the Cooperative Extension Service. She holds degrees in Environmental Studies and Urban/Regional Planning, and Environmental Resources Analysis with an emphasis in solid waste management, see:

https://composting.ces.ncsu.edu/about-composting/


I could not find a source for Earthworms even to do kitchen composting. For example, Amazon sells a very popular vermicomposting system called Worm Factory 360, but the worms (e.g. Red Wigglers) need to be purchased. If Earthworms become available, search YouTube for how-to videos for the Worm Factory (similar to Janome sewing machines, this product is so popular, several people have made useful videos).

The Mennonites will make the Permaculture Garden Project possible in Realm 12. They not only have experience in wood crafts, they also a lifetime of experience in farming.
Nutrition

The contemporary cookbook author whose work is important to God's project is Sally Fallon and her co-author, Dr. Mary Enig (1931 – 2014). Together, they wrote *Nourishing Traditions: The Cookbook That Challenges Politically Correct Nutrition and the Diet Dictocrats* that explains Dr. Weston A. Price's nutrition research and provides recipes of traditional foods. They also co-wrote *Eat Fat, Lose Fat* that promotes "good" fats, including fat from coconut, butter, cream, nuts, meat, lard, goose fat, and eggs. In the book, Enig argued that many who follow low-fat diets feel low on energy because they are "fat deficient". These books need to be included in the co-op's lending library.

In 1999, Sally formed the Weston A. Price Foundation (www.westonaprice.org) that disseminates the work of Dr. Price through a large international network of local chapters whose purpose is to help consumers find local sources of high-quality food. I was a Weston Price chapter leader in Madison, Wisconsin for 4 years and I'm presently the Weston Price chapter leader for Pompano Beach, Florida. Because Dr. Price promoted the consumption of dairy products, Sally's foundation is very popular with independent, alternative dairy farmers. There is another Weston Price foundation that was founded in California in the 1960s called The Price Pottenger Nutrition Foundation (https://price-pottenger.org). I met Sally in Madison in 2005 when the chapter was formed. She said she formed her Washington D.C.-based foundation because she felt that the California organization was not promoting the work of Dr. Price aggressively enough. It is remarkable that Sally has been able to grow a successful foundation in spite of food politics (the Washington D.C. Web site has been hacked several times). The foundation's work has focused on important issues such as the truth about fat and the dangers of soy. Dowsing helps me to understand that only ten percent of the population rejects the lies we've been told. There is still a significant amount of work to do to counter the brainwashing.

I have been writing books for alternative medical doctors since 2002, work that I started after the 9/11 World Trade Center event in New York City. Previously, I was a technical writer in the microcomputer business with an interest in nutrition. Most people do not understand that doctors do not study nutrition in medical school. The healthcare system and the food industry are in lockstep and it is often difficult to talk about Price's work.
Path to Ascension

The work I've done on God's project has helped me to understand that even the most knowledgeable are only 35% of the way to where we should be. In the years ahead, the goal will be to catch everyone up the 35% level and to continue to strive to reach 100%.
This chapter is devoted to questions such as "What time do I get up and what time do I go to bed? How will I know when to go to shared dining? Where and when can I shower? I'm supposed to join a wash group, but what time should we do laundry? How will I be able to remember my schedule? If I have a car, can I leave? Are snacks allowed? When will there be free time?

The most successful people will dowse every question that they have. I don't know the answers to any of the previous questions—which is why I'm writing this chapter. I'll dowse on your behalf and try to make the responses as clear as possible.

Everyone: Getting Up and Going to Bed

I get up very early because I like to have time to (a) eat breakfast before Prayers (b) have a little time to plan the day (by dowsing).

Prayers

If you have not started saying Prayers, it would be a good idea to begin as soon as possible. The general set of Prayers are called "Combination Prayers" and they're located in the very back of a PDF document called Muggle to Muggle Supplement at http://articles.x10.mx. A sponsor needs to provide a printed set of pages inserted in Avery plastic sheet protectors and arranged in a 3-ring binder. This is the method I use because I do not want to be dependent on an electronic version. I carry the binder with me wherever I go. My handbags are selected to hold a 3-ring binder. I never know if will need to say Prayers in an unexpected location. I have recited Prayers (very quietly) in restaurant booths, in the ladies' room in a restaurant, in my car, and in a food court at the Mall. You will need a location that is well lit (I've used flashlights...
outdoors). A noise-free environment is best, but it is possible to focus and recite Prayers in spite of noise. Dowsing locations to say Prayers is important. God will help you find a good location.

You will need to know the precise start time to recite Prayers. I use http://sunrisesunset.com to create calendars. Although I do not like relying on a computer for the actual Prayers, I do rely on these calendars for the correct start times. I make screen captures and store them in folder in my computer (Command + Shift + 3 on a Mac and Shift + Print Screen on a PC). Mac screen captures show up on the desktop and PC screen captures show up inside the free Paint software that comes with Windows. You will need to rename the Mac screen captures and give them filenames that correspond to each of the months. PC screen captures will need to be saved.

For a reason I do not understand, Prayers need to start at a 12 compatible time. The hour and minute numbers need to be added together and reduced. The reduced number must evenly divide into 12. Nine counts as twelve compatible because it evenly reduces to 3 and 3 evenly divides into 12. If the reduced number is not twelve compatible, I wait 1 or 2 minutes to start (this much of a delay always compensates for a number that is not 12 compatible).

In the Combination Prayers, Prayer 5 is optional. It is not required. It is a very short Prayer for people who need to make a gesture to God at the very last minute before they are arrested. The Prayer asks Him to accept them into his program. Prayer 11 is not a required Prayer. It is designed to review the format of Prayers in case you want to add your own Prayer.

Sun Rise and Sun Down take about 20 minutes.

Everyone knows that days are longer in the summer and shorter in the winter. This is in part due to Daylight Savings, but it is also due to the time the Sun Rises and Sets. The time also varies with geographic location.

It would be great if a sponsor arranged for the monthly calendars to be printed so that they could be stored in a sheet protector sleeve. I am constantly checking the time for Sun Rise and Sun Down.

In realms where your energy cannot be harmed, you can expect to be able to get up without any problems. The diet planned provides high
energy and you will not feel inclined to stay in bed. Set your alarm for about 5:00 a.m. and possibly earlier. On the East Coast, Sun Rise is never earlier than 6:15—so this will provide you with time to have something to eat.

**Early Morning Assignments**

Assigned sous chefs work three days a week. They will need to get up at least an hour earlier than everyone else because they will need to help set up breakfast items and coffee in the shared dining area. Breakfast will be over before Prayers. Snacks will always be available.

Bed time for me is calculated to provide at least 4 hours of sleep. Alarm clocks are planned in sleep areas near Rec #3 and Rec #4. At these locations, there are sleep manager assignments to help with alarms and wake-ups (due to the limited number of AC outlets). Battery operated clocks are hard to find these days. They would provide flexibility for locations of cots.

**Everyone: Chef Postings for Meals and Snacks**

At startup, meals will be limited due to the time spent outdoors. Each day, there will be three meals and two snacks (late morning and late afternoon; the best snacks are made of dairy e.g. yogurt, vanilla ice cream or cheese). Chefs are required to make a plan a month in advance. They will also need to post details about each day's snacks and meals (including the times). Everyone will be assigned to a shared dining area. These areas do not need to follow the exact same plan. At a later date, God wants dowsed rotations to other shared dining areas (for you to meet people He wants you to meet). This will not be possible for some time.

**Everyone: Shower Locations**

At startup, shower locations will not be assigned. However, after a move indoors (into apartments) there will be white board postings of assigned shower locations. The easiest place to shower is inside the apartment and this will not be possible for everyone. As a result, God will rotate people around to assigned shower locations that will last a month. If you hate your shower location, or, if there is a problem, dowse to find out if there are alternatives. At startup, the possible shower locations include:

(Officesupply.com) O-Cel-O Stay Fresh Sponges, $1.69 ea.

(Webstaurantstore.com) Aarco 42" x 24" Cherry A-Frame Sign Board with Black Write On Chalk Board, two needed at each shared dining, one for chef and the other for the general manager, $89.99 ea.

(Walmart.com) Crayola LLC Formerly Binney & Smith BIN510404 Crayola Colored Drawing Chalk, 24 S, $4.52 ea.

(Walmart.com) Cra-Z-art White Chalk, 16ct, $.98 ea.
Recreation Centers
There are a few showers indoors in the Recreation Centers. There are also showers outdoors, but it is usually cool in the morning. When it is warm, for those who are comfortable wearing a swim suit, an outdoor shower may be a way to avoid a wait (Pears soap is environmentally friendly).

Empty Apartments
The 35 empty apartments will have 2 bathrooms with showers. At startup, a detailed map will need to be provided as these apartments also function as shared dining areas. The fifty percent of the group who are familiar with the property will need to help the others get acquainted and find their assigned shared dining areas.

Strategy
Once you have discovered the location of your shared dining area, dowse and ask if you should locate your cot near one of the Recreation Centers, or one of the 35 empty apartments. Those who get up very early, will be able to get a shower before others get up.

Dowse "Is This Clean?" Before You Leave a Shower
It is horrible to take a shower after someone who leaves dirty footprints, or hair. After your shower, before you leave a location, dowse the question, "Is this clean?" If the response is "No," carefully inspect all the surfaces. Continue to dowse, "Is this clean?" until the response is a "Yes."

The color of your towels is called "Foraging Brown." An alternate color called River Birch (bath and hand towels) will be in every apartment. The hand towels are for the bathroom, but the bath towels are for taking along and wiping up after a shower—so you don't need to use your own towel.

Dark colors were selected to reduce the need for separating colors when you do laundry. The dark brown color, when washed with a black cotton top, will not shed any visible lint.

Everyone Except the Salaried Chef: Wash Groups
God is a big fan of clean—in every way including clean clothes. You probably will hear that He wants everyone to join wash groups of 6 people. This is to expedite laundry. Iron-on clothing labels will be provided and He will watch who expedites—to free up his/her time for activities such as SIG projects. At
start-up, wash groups will need to set a time to meet, and a location. You will
need to investigate machine availability. If you have not yet showered, you
may want to shower before meeting your wash group.

Everyone: Your Schedule

Almost all of those in the landing group are awake. If you’re reading this,
you’ve read the chapter on roles and the need to dowse a role. Your role
will require participation in specific locations at specific times. At first, this
schedule, as well as the schedule the chefs post, will need to be recorded in a
notebook. A small notebook with a pen is included with the personal items
to be distributed a few hours after landing. Later, you will receive a notebook
computer that has a calendar program. This may be a convenient location for
you to record your schedule.

Everyone: Leaving in a Car

If you dowse a question that asks if you can leave BCC in your car and the
response is "No," do not leave. In some circumstances, the response may be a
"Yes." If you’re sure you received a "Yes" in response to this question, then it
will be ok for you to take your car to do an errand.

Everyone: Snacks

Snacks are provided daily and they are the only snack foods that are allowed.
About 40% of the landing group will be addicted to sugar and it will be hard
for you to adjust to healthy foods. There are a few sweet foods to help you
get past this transition (e.g. cheesecake and Noosa yoghurt with fruit at the
bottom).

Everyone: Free Time

If you expedite laundry with your wash group, and try to beat the crowds at
showers, you will find that you have several blocks of three hour time inter-
vals during the week. God is assigning people to SIGs. Most people who
belong to SIGs consider them social events, as well as free-time activities.

From someone who has spent a lifetime acquiring skills through self-study, I
can say that there are incredible opportunities for accelerated learning embed-
ded in this plan. It is up to you to take advantage of what God's program has
to offer.

FYI: At night, before you
go to sleep, create a To-Do
list for the next day and
get as many small tasks
completed before you go
to sleep:

Don’t put off until tomorrow
what you can do today.
- Benjamin Franklin
Manager and Sponsors: Commercial Cleaning Service

When I dowse whether the 35 empty apartments need to be cleaned, the response is a "Yes." I dowse a need for:

- Flooring in one apartment
- Paint in two apartments
- Refrigerators in 18
- Toilets in 10
- Stoves in 10
- Dishwashers in 6
- Washer/dryers in 6
- Vertical blinds in 4

When I dowse contacting a commercial cleaning service, the response is a "No." I think this is because there will be no commercial cleaning services in Realm 12. The alternative would be to hire six part time people through a contact at Public Storage or some other storage company.

Cleaning will be needed after flooring (high end vinyl) and painting are completed. Two assistant manager will need to supervise and work with this group. Steps include:

1. Begin by removing the old appliances.
2. Distribute rubber gloves to 4 people as well as power drills with rotating scrubber brushes.
3. Fill the 2-gallon pails about 1/3 full of water.
4. Use the Soggy Doggy hand mops to wet surfaces in the bathroom and kitchen. Sprinkle Comet and use the drill.
5. To remove the grime left from the drill/brushes, have a second group of 4 people follow with buckets of water. This group should use Murphy's oil soap with wash cloths from Walmart's Mainstays 18 Pack Washcloth Collection wiping up with an economy hand towel. Pears soap can be used on mirrors.
6. Before completing this part of the cleaning, an assistant manager will need to look closely at the surfaces.
7. A Hoover High Speed Burnisher will be needed on 20% of the floors in 3 apartments. Begin this part of the job with a push broom (see: photo of the pop-up garbage can and liners).
8. Distribute knee saver mats for any work on the burnisher.

9. To remove the grime left from the drill/brushes on the floors, use the mop bucket and wringer with a wet mop.

10. At the conclusion of the cleaning job, dowse which apartment will be used as central processing. The drills belong in this apartment with other tools assembled in Bostitch bags for this team. Store the drills in a closet until shelves can be assembled.

11. Push brooms and dust pans will be needed in each of the apartments. This task will show up on magnetic white boards in apartments (see; Chapter 4).

**Manager and Sponsors: Developing Relationships with Vendors**

It will be impossible to do local shops for food to feed 400 people. There is an immediate need to develop relationships with grocery managers at Walmart and Publix and to place orders for cases of product in advance.

Refrigeration is a concern for moving food in Florida weather. There will be a need to purchase a small refrigerated truck so that frozen food does not defrost and refrigerated items do not spoil.

Crystal Geyser water, owned by a Japanese pharmaceutical company, is the least expensive option for bottled water, but the clear plastic bottles leach plastic and they are a problem environmentally.

I have dowsed whether it is acceptable to refill Nalgene bottles that do not leach, and the response is "No."

Just Water is sold in a bottle that is headed in the right direction (they're 90% of the way right now), but the water is more expensive than water sold in clear plastic bottles. An ideal situation would be to support Just Water and work with them to achieve an organic, fully compostable bottle with a bar code that makes collection easy.

**Manager and Sponsors: Dowse "Are We Ok?"**

I stumbled on the dowsed question, "Are We Ok?" and I've discovered it is an extremely valuable question for identifying any problems. You need to dowse this question every day. If you receive a "No" response to this
question, dowse topics such as "food, sleeping areas, showers, schedules, clothing, communication, and transportation" to isolate the subject area. Also dowse if you need to dowse the list of names of residents.

**Manager's Meeting**

Once a month, the general manager needs to call a "Manager's Meeting" to be held outdoors in front of Rec #2. The manager and sponsors need to investigate sound amplification equipment in this center (used for board meetings) and find out if the equipment can reach outside. Announce the (dowsed) time and location for this meeting on sandwich boards outside the shared dining areas. Dowse the topics in advance. Tell the residents that you will have a manager's meeting once-a-month and it provides an opportunity for suggestions. If you have any "Not ok" names from a dowsed list, tell the group about your dowsed question and the response. Provide the names of residents who are "not ok" and tell them to dowse. Remind them about God's "3 strikes and you're out" policy. Also remind them that strikes can be removed with volunteer work.

**Refrigerated Truck**

Refrigeration is necessary to transport food in Florida where the temperature can reach 95 degrees. For more details, contact Henderson, Kentucky-based Hercules Manufacturing included in this chapter.

**Wash/Activity Apartments (Future)**

As I've described, for the first three months, the shared dining apartments will also function as wash/activity apartments. This will not always be the case. As more apartments are prepared for your co-op, shared dining and wash/activity apartments will be in different locations.

When dedicated wash activity apartments are available, there will also be a need for large capacity machines.
Manager and Sponsors: Cleaning Supplies
The following essentials will be needed to clean the empty apartments

(Walmart.com) United Solutions 2-Gallon Plastic Industrial Pail with Handle, White, $3.04 ea.


(Toolauthority.com) 3M 49711 N95 Particulate Respirator 8511, $1.48 ea.

Jet.com) Comet Disinfectant Powder Cleaner With Bleach, Note: although this product contains toxic chemicals that should not be used on a regular basis, this cleaning project will require bleach, 21 Oz, $4.77 ea


(Walmart) Quickie Professional Heavy-Duty Wet Mop, 24 oz, $16.08 ea.

(Walmart.com) Hefty Extra Strong Extra Large Trash Can Liner Drawstring Bags, 33 gallon, 48 count, $12.72 ea.

(eBay.com) Sandusky FSC4021 Folding Shopping Cart, 110 lbs Capacity, for taking personal items to the shower, $29.70 ea.

This cart is included is "Landing Essentials" (20% of the residents will appreciate a cart).
Manager and Sponsors: Commercial Laundry Equipment
Aaxon Laundry Systems, on Powerline Road is a dealer for Huebsch cabinet washer extractors (below left) and the Huebsch Commercial Tumble Dryer (below right).

Aaxon Laundry Systems
6100 N. Powerline Rd. Ft. Lauderdale, FL 33309
TEL: 954-772-7100 or 800-826-1012
Manager and Sponsors: Refrigerated Truck
Henderson, Kentucky-based Hercules Manufacturing invented the first mechanically refrigerated insulated truck body in 1930,

Hercules Truck & Van Body Manufacturers
800 Bob Pose St.
Henderson, KY 42410
800-633-3031

(08/08/17) passed this refrigerated truck on Federal Highway.
See: Polar King Freezer Van
Manager and Sponsors: Living Room Furniture
When you are ready to add living room furniture, investigate the following features:

• Whether the fabric is machine washable
• Length of zippers on all of the cushions

When I wanted to wash the fabric covers on my mother's couch, I was pleased to learn that the cushions have very long zippers.

I forgot to close the zippers before placing the covers in the wash machine. Threads got caught in the zipper during the wash cycle that I was able to remove with a tweezers.

I used cold water, Purex Natural Elements and three cups of white vinegar in the wash cycle. I put the covers in the dryer for about 10 minutes and then put the covers back on the couch (I saw this tip mentioned in two message board posts).

When this project was complete, I understood the importance of long zippers on couch covers. This is a critical feature when shopping for new furniture.