Cancer is the leading cause of death in America. Currently, one of two men and one out of three women develops cancer during their lifetime. The term “cancer” provokes anxiety and fear of a slow, painful inevitable death for millions of people every year. Images of a disfigured body, drawn-out chemotherapy, radiation and financial distress create even more apprehension for cancer patients and their families.

**Marketing of Fear**
There has been a successful marketing of fear by the medical-pharmaceutical industry, hospitals and medical researchers. High-profile institutions have convinced the public that cancer is far too complex with mysterious oncogene dysregulations for the average person and primary care physicians to comprehend or to treat. As a result, only cancer specialists in hospitals are qualified to take care of patients with cancer with support and enforcement by the government agencies.

**Search for Underlying Causes of Cancer**
Fifteen years ago, I wrote a guideline article titled “Nutritional Therapies for Cancer” to provide my patients with ways and means to fight cancer with tools including nutrition and detoxification. I also provided instructions on how to look for unsuspected hidden problems that might be underlying causes of cancer that trigger it to grow.
In April 2001, our U.S. Army medical team within our reserve unit, flew to La Paz, Bolivia from Miami, Florida. The team consisted of two medical doctors, one dentist, one veterinarian, nursing staff, and a support staff. In La Paz, we joined a medical group from the 2nd Division of the Bolivian Army in Oruro.

**Here’s What Happened…**

…my clinical experience in Bolivia working as a U.S. Army reservist helped me see a connection between parasites and disease that only my patients and the readers of my self-published books take seriously.

…on my return to St. Louis, I treated patients with the antiparasite drugs the Army dispensed in Bolivia, and witnessed patient recoveries from diseases that are supposed to be incurable—including cancer.

…a small number of doctors in the United States have recently noticed a low carbohydrate, high-fat diet called a ketogenic diet causes cancer to disappear.

**A Five-Pronged Attack**
The thought of a five-pronged attack against cancer (parasites, metals, dental, toxins and a ketogenic diet) made me organize a campaign against cancer as though it were a battle—requiring a battle plan. Doctors in alternative medicine are used to battles such as this.

In April 2001 my U.S. Army reserve unit, the 21st General Hospital from St. Louis, was assigned to Bolivia for a peace-keeping mission.

My first book, titled *Accidental Cure: Extraordinary Medicine for Extraordinary Patients*, describes my discovery in Bolivia that led to several other discoveries.

La Paz, Bolivia is 11,975 feet above sea level with an urban population of about 2.3 million people.

My U.S. Army unit left La Paz and traveled in a caravan to small towns and villages.
During the years that I've been searching for underlying causes of cancer, my aunt died with lymphoma and my wife's aunt died with lung cancer. They did not die from their cancers. They died while going through the chemotherapies. How can I be sure? I have witnessed as a physician hundreds of similar cases of relatively stable cancer patient dying soon after or during the course of the surgery, chemo and radiation therapies. Yet, there is a silence among physicians because we felt powerless to help our patients. Is there any other way to help cancer patients?

Key to Survival: Eliminating Hidden Enemies
My information on these topics has grown and I have decided to write this small survival manual for the general public that explains how to conduct a war on cancer and to prevent cancer. There are many excellent books written on cancer therapy and my goal is not to reiterate a massive amount of information about cancer, but to look at cancer and cancer management from a perspective of conducting a military operation.

I'm a general internist and not an oncologist who specializes in taking care of cancer patients. However, I have seen too much unnecessary suffering due to the current standard of cancer care. I am compelled to write my experiences as a medical doctor including my experience in the 25 years I spent as a U.S. Army Reservist—using military analogies to explain how to fight cancer.

This second book is based on my 2006 lecture titled “The Art of War on Cancer” given seven years ago for the U.S. Army at Launstul, Germany and my 2013 lecture at the International Alternative Medicine Conference in St. Louis. The lecture in St. Louis was titled, “Accidental Cure for Cancer: The Art of War on Cancer.” The focus will be on isolating asymmetric threats and systematically eliminating the hidden enemies in the war against cancer.

Building on the Foundation in My First Book
In 2007, after retiring from the Army Reserves, I started work on my first book, Accidental Cure describing my experiences with an army medical operation near Oruro, Bolivia where there was extensive use of parasite medications given to native Bolivian Indians. I have used the
In September 2013, my clinic sponsored an 8th International Alternative Medical Conference with the following guest speakers:

- Dennis Cousino N.D.
- Douglas Cook, D.D.S.
- Hal Huggins, D.D.S.
- Jeff Marrongelle, D.C.
- William Faber, D.O.
- Roger Bezanis DFRE
- Michael Rehme, D.D.S.
- Dietrich Klinghardt, M.D., Ph.D.
- Silvia Binder N.D., Ph.D.
- Garry Gordon, M.D., D.O., M.D. (H)
- Robert Harris, D.D.S.
- Stephen Fry, M.D.
- Tim Guilford, M.D.
- Paul Johnson, M.Divinity

Meeting Dissenters...

Watching patients die shortly after cancer surgery, chemo, or radiation therapy has prompted me to search for the underlying causes of cancer.

Even as a young doctor, I felt that the solution to fighting cancer is to search for causes of the disease, and to prevent the disease from growing and spreading.

Douglas Cook, D.D.S

In 1996, I noticed an ad for a meeting in Chicago titled “Conference on Energy in Medicine and Dentistry.” The sponsor was a dentist named Dr. Douglas Cook who practices dentistry in a Wisconsin town with a population of 600 people. I registered and the conference changed the direction of my career. Dr. Cook introduced computerized electrodermal screening (CEDS) developed by Dr. Reinhold Voll. The device uses sound resonance to relay changes in electrical skin resistivity along acupuncture meridians. I attended several more of Dr. Cook’s conferences and I learned to use the technology to detect parasites.

Cancer patients who are treated with conventional chemotherapeutic agents lose their hair because chemotherapy harms the cells that produce hair.

Dr. Douglas Cook, D.D.S. introduced me to the connection between dental problems and incurable medical conditions. His alternative medical conferences in Chicago helped me find a path to energy medicine.
Parasites require a strong dose of antiparasite medication. In the past 12 years, I have learned how fine tune dosages. Same parasite medications on my patients here in the United States, and I have witnessed spontaneous healings from many incurable medical conditions including cancer. I did not know what to call these healings without proof or evidence such as a detected parasite in a standard stool test. I have decided to call the healing phenomena (after one or more rounds of parasite medications), an accidental cure. This second book is the extension of the first book titled, Accidental Cure for Cancer: Cancer as a Metabolic Parasite.

War is a contest between adversaries and the war on cancer is the theme of this book. As I’ll explain in this chapter, the war is not the same war on cancer that American government launched in 1971. Unlike the government’s war on cancer that many critics have said has been lost, my war on cancer is based on U.S. Army doctrine for military operations and a bio-cybernetic/energy medicine program that is based on ancient Chinese medicine and German biological medicine.

We will learn that in the war on cancer, the area of operation is your whole body and not just a tumor.
Learning how to use an EAV device requires practice much like learning to play a violin.

My Need for Further Study

Voll's technology, also called electroacupuncture according to Voll (EAV), uses the meridians of acupuncture, but not penetration of needles.

Principles of acupuncture are not rejected in Korea as they are in the West. Korea is believed to be the second country that acupuncture spread to outside of China over 4,000 years ago.

After Dr. Cook introduced me to Dr. Voll's technology, I took 300 hours of acupuncture training from Stanford University’s School of Medicine to understand the meridian pathways in the body.

Dr. Fritz Kramer, D.D.S.

In mid-20th century Germany, Dr. Voll worked with a dentist named Dr. Fritz Kramer to understand the relationship between local infections in the mouth and distant illness elsewhere in the body. Kramer mapped the relationship between the teeth and organs of the body that lie on the body’s meridians. Every tooth crosses one or more of the body’s twelve major meridians.

Although European and American doctors have never able to identify anatomical components of a meridian, a Korean doctor named Dr. Kim Bong Han identified meridian pathways using radioactive tracers in rabbits in the 1960s.

Dr. Kim’s work was later confirmed by Drs. Claude Darra and Pierre De Vernejoul in an experiment using human subjects in the early 1980s. While these experiments did not prove the existence of a life energy that the Chinese refer to as ch’i (pronounced chee), a technological verification of the existence of meridians has helped lay the groundwork for the acceptance of energy medicine in the medical community.
Growing up in Korea, it was quite natural for me to embrace the concept of bio-cybernetics and energy medicine that combine the wisdom of the Eastern philosophy with Western science and technology. In information technology, self-healing describes any device or system that has the ability to perceive that it is not operating correctly and, without human intervention, make the necessary adjustments to restore itself to normal operation. If a computer has an ability to heal itself, I believe the human body can do the same! My basic belief is that we should not fight symptoms, a diagnosis or a syndrome, but correct the underlying problems and let the body heal itself. In fact, I make an extra effort to ignore your symptoms, diagnosis and syndromes which can be misleading. Throughout my book, I will refer to modern U.S. Army military strategies combined with themes from military strategist Sun Tzu's book titled *Art of War*.

My first book, *Accidental Cure: Extraordinary Medicine for Extraordinary Patients* addresses the following issue that is critical for every patient:

...why your medical problems may not be what you think, what you have been told or what has been diagnosed.

**Restoring a Body to Normal Operation**

My goal in writing this second book is to formulate an underlying effective strategy and battle plan for dealing with not only cancer, but any illness. The war on cancer can become the war on autism, lyme, chronic fatigue, fibromyalgia, lupus, migrain headache, heart disease, diabetes, or numerous other diseases. I believe that you can replace the word the war on “cancer” with any illness you are suffering from.

**Sun Tzu**

A Chinese military general named Sun Tzu (544 B.C. - 496 B.C.) is considered as the father of Eastern military strategy. His ancient Chinese book on military strategy, called *Art of War*, has had a significant influence on Asian history and culture. In twentieth century Western society, Sun Tzu's work has grown to influence modern warfare as well as politics, business, and sports.
Example: Cavitations

Wisdom teeth lie on the body's heart meridian and a hidden infection in an empty Wisdom tooth socket is called a cavitation. Due to the intersection with the heart meridian, a problem with an extraction can lead to heart problems.

Wisdom teeth extractions are part of a ritual of most American teenagers as they become adults in the United States. What is unknown and shocking is that tooth socket infections are very common after tooth extractions.

Hidden Infection (or Truth)

The time it takes for medical symptoms to occur after a tooth extraction can vary from a few weeks to many years. The time depends on a person’s general physical condition, nutritional state, and adaptability to stress.

A disturbance in a Wisdom tooth socket also intersects other meridians that affect the small intestine, and nervous system, as well as the shoulders, elbows, hands, feet, ears, tongue, sacroiliac joint, and limbic system. You can see why Dr. Cook’s conference changed the direction of my career.
America's *War on Cancer*, declared by President Richard Nixon in 1971, was lost a long time ago. We pretend we are still fighting a successful war against cancer by painting a rosy picture of success rates and treating cancer patients like a war heroes. The truth is, without an effective battle plan, cancer patients bravely fight their disease, but then die.

**Hidden Truths**

I believe all hidden truths will eventually be revealed. For example, the February 2012 edition of the online *Armed Forces Journal*, covered the very sensitive subject of the war in Afghanistan in an essay written by Lieutenant Colonel Daniel L. Davis. His essay, titled, “Truth, Lies and...”

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As a retired Army Reserve officer, I read *the Army Times*. In August 2013, I read an unusual story about a Lieutenant Colonel who was urging the firing of unaccountable generals. I’ve described details on this page and the next page.
Meeting More Dissenters...

**Hulda Clark, Ph.D., N.D.**

After attending Dr. Cook’s medical conferences and spending a couple of years working with Dr. Reinhold Voll's energy medicine device, I learned that there was a naturopath named Hulda Clark who was publishing books about the connection between parasites and disease. Hulda and her son Geoff were HAM radio enthusiasts and they built a sound resonance device to detect parasites and pollutants in the body. Hulda's background in biophysics and cell physiology helped her see what most medical practitioners are unable to see.

**Walter D. Sturm, Ph.D.**

Voll's technology was so successful, I started attending German biological medicine conferences for English-speaking practitioners organized by Dr. Walter Sturm and his wife Carolyn. Since 1980, Walter and Carolyn have specialized in German biological medicine, which is far ahead of the U.S. and Canada (German alt med doctors would be considered dissenters in the United States).
Active duty Army officer, Lieutenant Colonel Daniel L. Davis submitted a classified report to members of Congress that documents the failings of U.S. policy in Afghanistan. In addition to the classified report, LTC Davis wrote an 86-page unclassified version, as well as an article, published by the Armed Forces Journal.

LTC Davis claims that senior leaders of the Department of Defense, both uniformed and civilian, have intentionally and consistently misled the American people and Congress on the conduct and progress of the Afghan War.


Davis' essay certainly gave me a motivation to write a comparison of the war in Afghanistan and the war on cancer. Lieutenant Colonel Davis is fed up with “rosy official statements” that paint the war in Afghanistan as a picture of progress. He is demanding military leaders come clean about the “absence of success on virtually every level.”

Cancer Statistics
Thomas N. Seyfried's Cancer as a Metabolic Disease: On the Origin, Management, and Prevention of Cancer, published by Wiley (June 26, 2012) has a table of cancer statistics from 1990 to 2010. According to data assembled from Michael J. Silverberg, Kaiser Permanente Northern California, Division of Research, Chris Parker, M.D. of the Institute for Cancer Research in the U.K. and Muhammad Jamal, Ph.D., Research Fellow, National Cancer Institute's Center for Cancer Research:

*There has been a steady rise in the number of patients with cancer for the past 40 years with an increase in the number of new cases (see chart on the opposite page)*

Over the past 20 years, the statistics show there has been an increase in the number of newly diagnosed cancer from one million to one and half million cases per year as well as a rise in number of deaths per year. (See Table on the next page). Currently, one of two men and one out of three women will develop cancer during their life time.

We are losing the official war on cancer and yet painting a promising picture of progress. Everyone has a right to know the truth about the war on cancer and a right to know whether the American military has been successful in Afghanistan.
The ketogenic diet that Dr. Seyfried describes in his book is rapidly attracting the attention of mainstream medicine.

### Meeting More Dissenters...

**Thomas N. Seyfried, Ph.D.**

Alternative medical doctors attend continuing education conferences arranged by organizations such as the American College for Advancement in Medicine (ACAM). Each year, ACAM holds two conferences; on the east coast in the Spring and on the west coast in the Fall.

In June 2013, Dr. Thomas Seyfried presented “Cancer as a Metabolic Disease: Impaired Mitochondrial Function and Tumorigenesis” that is based on his book published by Wiley in 2012. Dr. Seyfried's presentation, which is available at digivisionmedia.com (type Seyfried into the search field), describes his theory of what cancer is as well as a metabolic therapy for cancer. The therapy presented is a ketogenic diet that has been successfully used to treat epilepsy for more than thirty years. His success in reaching conventional medical doctors may be due to the fact that Johns Hopkins Medical School promotes the ketogenic diet for epilepsy.

Dr. Thomas N. Seyfried, Ph.D.

Dr. Thomas Seyfried presenting his research at ACAM.
Know Your Enemy

In the war on cancer, we do not even know who our enemies are. One of the main tenets of the *Art of War* by Sun Tzu is know your enemy and know yourself:

*If you know the enemy and know yourself, you need not fear the results of a hundred battles. If you know yourself but not the enemy, for every victory gained you will also suffer a defeat. If you know neither the enemy nor yourself, you will succumb in every battle.*

As I've explained, this book's theme will be the planning and implementation of a military campaign against cancer as we explore what works and what does not work.

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*Cancer Statistics From 1990 to 2010*

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Source: Data assembled from Michael J. Silverberg, Kaiser Permanente Northern California, Division of Research, Chris Parker, M.D. of the Institute for Cancer Research in the U.K. and Muhammad Jamal, Ph.D., Research Fellow, National Cancer Institute's Center for Cancer Research.
Metabolic Therapy

As I will explain in this book, Dr. Seyfried's approach to managing cancer uniquely complements therapies I have already been using.

Cancer Politics

Dr. Seyfried begins his presentation by asking the provocative question:

Is cancer a nuclear genetic disease or a mitochondrial metabolic disease?

He explains that the National Cancer Institute's Director, Dr. Harold Varmus, helps promote the idea that cancer is a genetic disease (cancer.gov).

Metabolic Impairment

My research does not fit within the genetic disease model, but may fit within Dr. Seyfried's model not as a metabolic impairment due to mitochondrial defect, but as altered biochemistry due to hidden invaders. Dr. Seyfried's genius is his ability to use his knowledge of energy metabolism and design a therapy that kills cancer cells using a totally nontoxic approach.
In military operations, "to go on the offense" means to initiate an assault. In contrast, a defensive strategy is a wait-and-see approach, or reacting to an opponent's moves.

The cell-kill approach to conquering cancer is an aggressive assault with chemotherapeutic approach that almost always involves chemotherapy and radiation.

In current military thought, tactics are considered the lowest form of planning. Strategies are considered a higher form of planning. Strategic decisions are those that achieve the greatest value regardless of immediate return. There is a difference of winning the battle from the winning the war based on the financial, political and military or medical strategies.

In military terms, tactics are techniques used to organize a military force to defeat an enemy. Military "tactical decision" are those that are made to achieve the greatest immediate value. By identifying microorganisms as the enemy, medicine was able to see the greatest financial return—which has become a strategy.

In wars before the nineteenth century, military tactics were concerned with maneuvers on the battlefield. Today, military decisions are much more specialized reflecting a need to deal with much more than the deployment of forces in the open. Operationally, modern military strategy includes asymmetric warfare, a new kind of battle fields where you don’t know who your enemies are.

**Asymmetric warfare**

The word asymmetry refers to an absence of symmetry or lack of proportion between the parts of a thing. In his paper titled "Defining Asymmetric Warfare" written for the Institute of Land Warfare for the United States Army, major David L. Buffaloe says President John F. Kennedy provided this description of asymmetric warfare in his address to the West Point Class of 1962:

> This is another type of war; new in its intensity, ancient in its origin—war by guerrillas, subversives, insurgents, assassins, war by ambush instead of by combat; by infiltration, instead of aggression, seeking victory by eroding and exhausting the enemy instead of engaging him. . . . It preys on economic unrest and ethnic conflicts. It requires in those situations where we must counter it, and these are the kinds of challenges that will
Very few doctors in the United States study parasites.

I have spoken to Dr. Seyfried about parasites and he admits that his model does not include the existence of parasites in human tissue. If altered biochemistry is due to parasites rather than a flawed mitochondria, what matters most is the application of an effective nontoxic therapy against cancer. I believe clinical results will prove that Dr. Seyfried's work complements my own.

**Origin of the Genetics Model**

In his lecture, Dr. Seyfried explains that the first scientist to say cancer is a genetics disease was Dr. Theodore Boveri. Boveri was a German biologist who studied the Ascaris nematode that Dr. Hulda Clark (1928-2009) said causes asthma.

Nematodes are the most numerous multicellular animals on earth. A handful of soil will contain thousands of the microscopic worms, many of them parasites of insects, plants or animals. Twenty-thousand species have been described in the phylum Nemata.

Through my work with Dr. Voll's technology, I have discovered parasites in 90 percent of my patients.
be before us in the next decade if freedom is to be saved, a whole new kind of strategy, a wholly different kind of force, and therefore a new and wholly different kind of military training.

In his paper, major Buffaloe explains that the concept of asymmetric warfare has been around for centuries. He says every time a new tactic or invention changes the fortunes and power of one army over another, an imbalance or asymmetry occurs—with weighting to one side creating conditions for victory. Examples include:

**Greek Phalanx Formation**
A formation in ancient Greek warfare consisting of a rectangular mass of infantry armed with spears, pikes (10-25 foot long thrusting spear), or sarissas (11 to 21 foot spear).

**Hannibal's Feint**
Feints are maneuvers designed to distract or mislead, done by giving the impression that a certain maneuver will take place, while in fact another, or even none, will.

**Gengis Kahn’s Toumans**
This example is not a part of Major Buffaloe’s paper but from The Art of Warfare on Land by David G. Chandler.

A touman is a Mongol military unit under Mongol Gengis Khan (1162 - 1227) consisting of 10,000 cavalry (warriors on mounted horseback). Each horseman was an expert marksman who was expected to carry his own weapons, tools, rations and spare clothing. Each touman was organized into formation of 100 units of 100 followed by groups of 10. Highly mobile and deadly, toumans were often compared with Napoleon’s corps d’arme and Hitler’s Panzer divisions. The basis of Mongol warfare was complete terror with superior mobile firepower, deceptions and a worldwide intelligence system.

**Asymmetric Threats Are Invisible Enemies**
The asymmetric warriors I’ve described were much more advanced than their opponents. In a battle with a powerful asymmetric opponent, they might as well be invisible. They often overwhelm less sophisticated military due to an element of surprise.

In the next section, I will describe asymmetric, or hidden enemies in an asymmetric battle against cancer.
The Warburg Effect refers to lactate, an end product of glycolysis. There has been confusion about the end product due to an error made by Nobel laureate Otto Meyerhof's in 1922. Meyerhof believed lactic acid was the end product of anaerobic respiration (glycolysis). An important distinction exists because lactate is a base and not an acid.

**Advanced Biochemistry**

One of my challenges in writing this book will be to present details about the ketogenic diet in language that the average will understand. For example, Dr. Seyfried's work is based on Dr. Otto Warburg's biochemical hypothesis about cancer cells that Warburg developed in 1924.

**Otto Warburg, M.D.**

Otto Heinrich Warburg was a German physiologist, medical doctor and Nobel laureat who was nominated an unprecedented three times for the Nobel prize for three separate achievements. In 1931, Otto won the Nobel Prize in Physiology or Medicine “for his research into cellular respiration, showing that cancer thrives in anaerobic (without oxygen).” Scientists call Warburg's hypothesis about cancer the Warburg effect:

*The preference of glycolysis and lactate fermentation rather than oxidative phosphorylation for energy production in cancer cells.*

I estimate that only a small percentage of my readers will understand the biochemistry in Warburg's and Seyfried's work. Let's go slow and look at what these very advanced scientists have to say about energy production.
In May 2012, a conference titled "Countering Asymmetric Threats: A National Imperative" was held in Washington, D.C. Keynote speakers Admiral James A. Winnefeld, Jr., Vice Chairman of the Joint Chiefs of Staff and retired Air Force General Kevin P. Chilton, former Commander, U.S. Strategic Command, referred to surprise, denial, and deception as the ultimate asymmetric threats.

**Surprise, Denial and Deception Hinder Ability to Make Decisions**

In their remarks, the speakers explained that surprise denial and deception, interfere with our ability to assess intentions, capabilities, and other threats. They impede our ability to make timely and optimal decisions. Surprise, denial, and deception are some of the oldest tricks in the book. Yet, history shows us these are tricks we fall for over and over again!

The speakers also explained that because surprise, denial, and deception are psychological phenomena, they cannot be prevented. Surprise, denial, and deception are successful because they challenge the perceptions that fill the very large gap between what is known and unknown. Observations and events are filtered through a prism of culture, assumptions, biases, and experiences, leading military command (or, in our case, health consumers) to mistake the unfamiliar with the improbable. This explains why collecting vast amounts of data does not necessarily lead to better situational awareness and decision superiority.

**Examples of Surprise, Denial and Deception in Healthcare**

If the United States is engaged in a "war on cancer," what are examples of surprise, denial and deception?

**Surprise**

Measures designed to convince a cancer patient that he/she is a victim and that there is no known cause. The primary cause of cancer was discovered 70 years ago by Otto Warburg, Ph.D., M.D. who is from Germany.

**Denial**

Inaccurate statistics concerning the prevalence of cancer. Denial of widely available and inexpensive natural remedies leaves the public with the narrow options of chemo, radiation and surgery.
Glycolysis and the production of lactate alkalinizes tissues and takes hydrogen ions out of the system.

**Earth's Closed System**
All cells (in all life) produce units of energy currency called Adenosine triphosphate (ATP). ATP is called currency because it transfers chemical energy within cells for metabolism.

The Earth is a closed system with plant production of ATP chemically opposite all other life. Both reactions are considered to be cellular respiration.

Nutrients that are commonly used by animal and plant cells in respiration include sugar, amino acids and fatty acids, and a common oxidizing agent (electron acceptor) is molecular oxygen (O2).

**Aerobic Respiration**
When oxygen is available, cellular respiration takes place over the course of three major reaction pathways:

- Glycolysis
- The Krebs Cycle
- Electron Transport Phosphorylation (chemiosmosis)

Glycolysis takes place outside of the cell nucleus in the cell's...
Deception
Various cancer awareness campaigns designed to convince the public that foundations, government and research organizations are working to find a cure for cancer.

Hidden Enemies (Asymmetric Threats) in the War Against Cancer
In the list below, you'll see several examples of hidden enemies that I compiled for my “Art of War Against Cancer” presentation. Many of these topics have been covered in my first book and will not covered in-depth.

#1: Parasites
My first book explains my accidental discovery of a connection between parasites and cancer. There are no reliable medical laboratory tests for parasites, yet when these invaders are killed, cancer often disappears.

#2: Dental Focal Infections
Focal infection refers to an infection in one part of the body that travels to, and creates an infection in, another part of the body. In the early 1900s, prominent doctors around the country published research demonstrating that germs from a walled-off area (such as a root canal or cavitation resulting from an incompletely extracted tooth) can metastasize to other organs and tissues.

#3: Heavy Metals and Chelation Therapy
Metal accumulation in the body disrupts the body's meridian system setting up conditions for degenerative disease such as cancer. Heavy metals interferes our metabolism by blocking the function of essential trace minerals and damage our immune system. Almost all cancer patients have significant heavy metal exposure and burden that shows up when do provocation test with chelating agents.

#4: Malnutrition (leading to a need for a Ketogenic Diet)
The body has hundreds of metabolic pathways that require constituent nutrients obtained from food. Today's agricultural practices have depleted soil everywhere on the planet making it difficult to obtain necessary nutrients. Fortunately, alternative farmers who are working to restore soil health.
It is important to understand the location of pathways that are part of cellular respiration. Glycolysis takes place outside the Mitochondria.

Glycolysis is an important metabolic pathway for most organisms, including parasites.

If glycolysis is preferred in cancer cells, it may be due to a buildup of lactate (an end product of glycolysis) and a resulting shortage of hydrogen ions needed to convert ADP to ATP.

Lactate is a base that would react with available hydrogen ions.

Glycolysis (orange) takes place outside of the cell nucleus in the cell's cytoplasm.

cytoplasm. The Krebs Cycle and Electron Transport Phosphorylation take place inside the cell's mitochondria.

**Anaerobic Respiration**

When oxygen is not available, anaerobic fermentation (or lactate fermentation) occurs in the cytoplasm outside of the mitochondria.

In fermentation, the only goal is to convert NADH to NAD+, an intermediate molecule used in glycolysis. Without oxygen,
**#5: GMOs**
A genetically modified organism (GMO) is an organism whose genetic material has been altered using genetic engineering. Synthetic DNA is rejected by the body causing deterioration and disease. Americans are shielded from news about GMOs because the biotech industry has used the services of large public relations firms for crisis management in response to books and videos that have been published by opposition groups.

**#6: HMO/Insurance**
A health maintenance organization (HMO) is a business that provides managed care for health insurance, self-funded health care benefit plans, individuals and other entities in the United States. Critics have said that HMOs (particularly those run for profit) increase administrative costs and cherry-pick healthier patients. Prior to starting my alternative medical practice, I was regional medical director for an HMO and finance was a very important part of management strategy for medical care.

**#7: Pharmaceuticals Companies**
In 2011, global spending on prescription drugs topped $954 billion. According to the Center for Public Integrity, the pharmaceutical industry spent $855 million, more than any other industry, on lobbying activities from 1998 to 2006. To ensure profits on drugs, drug companies need to persuade doctors that drugs are a solution for all disease. To do this, pharmaceutical companies provide marketing 'gifts' and biased information to health professionals; purchase high-profile ads in journals and at conferences; fund independent healthcare organizations and health promotion campaigns; sponsor medical schools or nurse training; sponsor continuing educational events, with influence on the curriculum; and hire physicians as paid consultants on medical advisory boards.

**#8: Allergies**
The incidence of allergies is rapidly rising in developed countries, and the underlying problems are an implication of the broad spectrum of changes in body biochemistry.
a tiny amount of ATP is produced compared to the energy releasing pathways that use oxygen.

The product of fermentation (lactate) can be converted into ATP via the normal aerobic respiration pathways.

**Otto Meyerhof’s Error**

In 1922, the Nobel Prize in Physiology or Medicine was awarded to Otto Meyerhof, M.D., who thought he discovered a relationship between the consumption of oxygen and the metabolism of lactic acid in the muscle.

As it turns out, Otto made a mistake. The end product of anaerobic respiration is lactate, not lactic acid. Sore muscles that occur after strenuous exercise is *not* due to a lactic acid buildup. Lactate is a base, not an acid (Source: *The New York Times*, May 16, 2006).

**Glycolysis and Parasites**

For me, it is interesting to note that glycolysis is an important metabolic pathway for most organisms, including parasites. If the end product of glycolysis is a base and not an acid, body
The steps for a Liver/Gallbladder flush are provided in my first book. Surprisingly, this flush has become so well known, steps (that are slightly different than mine) are provided at Wikihow.com. I recommend the steps in my book.

#9: Environmental Toxins

A planet that is increasingly polluted with environmental toxins causes accumulation of toxic material in the body's liver ducts. Toxic overload creates a burden on the body's biliary tree or network of ducts that branch through the liver and gallbladder.

Environmentally sensitive people are the yellow canary in the tunnel of the mine warning us for the rapidly changing environmental toxic burdens in our body. Surprisingly, blood liver function test often does not reveal the problems until the problems are far advanced. All cancer patients have liver problems and gallbladder/liver detox with gallbladder/liver flush is a mandatory.
When you look at a diagram of a lactate molecule on the next page, notice it has a negative charge that is characteristic of a base.

tissue where parasites find a home may be alkaline. Lactate's status as a base is an important one because of the following three researchers who say that parasites thrive in alkalinity:

- Carey Reams, Ph.D. (1903-1985)
- Hulda Regehr Clark, Ph.D. (1928-2009)
- Greg Tylka, Ph.D. Department of Plant Pathology Iowa State University

Look for details about these scientists' work in a section titled “Scientists Who Say Parasites Thrive in Alkalinity.”

Lactate Fermentation

Lactate is produced in the muscles and this production has an alkalizing effect, reducing acidity by accepting a Hydrogen ion or proton.
Case Study: 
Leg Tumor Mestasized to the Spine

Note: Readers who have not had medical training may refer to a medical lexicon at the end of the section.

In November 2009, Joe, a 58 year old man in a wheel chair, came to see me with advanced cancer of his left upper leg that had metastasized to his spine.

Chief Complaints
In August 2009, Joe's initial symptoms were left leg pain and low back pain. He also felt a mass in his left thigh. A biopsy of the bone showed moderate to poorly differentiated non-small cell carcinoma of unknown origin. ACT scan of the abdomen and pelvis showed an 11.3 centimeter by 4.3 centimeter mass, multi-loculated solid and cystic mass to the proximal femur, osseous pattern, lytic, consistent with advanced disease with subcutaneous edema.

Joe's (PET scan) showed metastasis to L-4 and T-9. His left femur of the upper leg was about to be fractured and put a pin in placement. Chemo therapy was started but soon stopped because of severe ulceration of the whole body. He was sent home under the hospice care. He was also complaining of night sweats and leg/scrotum swelling and pain. See picture X.

Physical Exam
At the time of his physical exam in my office, Joe was in a wheel chair and taking pain medication but still in significant distress from the pain in his leg and low back. Acupuncture meridian assessment (AMA) indicates 23 out of 40 main meridians were out of balance. See the graph # Y. His dominant problems were coming from large intestine, liver, stomach and gallbladder meridians and also dental problem. Note: I consider AMA as a part of my physical exam with bio-cybernetic/energetic evaluation. More on bio-cybernetic/energetic evaluation later in the book.

Lab Tests
Joe's ESR test was high at 51 and his DMPS heavy metal provocation test revealed very high levels of lead, mercury, tungsten and (platinum from chemotherapy). See graph. Far Infrared Thermal Imaging also showed possible dental problems in the left lower quadrant of his mouth.
At the most basic level, computers operate with ones and zeros.

At the most basic level, chemical pathways operate with plus and minus charges.

Lactate (from parasites) has a negative charge and metals have a positive charge. In physics, opposite charges attract. Metal accumulates in tissue where there are parasites.

**Heavy Metal Accumulation**

Dr. Hulda Clark, a biophysicist and a meticulous researcher, found that parasites and metals in body tissues that were south polarized (or alkaline).

Chelation therapy, performed on an outpatient basis at an alternative medical doctor’s office, is a safe and effective treatment for heavy-metal toxicity. Alternative physicians use chelation therapy as a treatment for illnesses, including heart disease and cancer.

In treatments for heart disease, chelation agents bind to the calcium that’s in fatty deposits (plaques) in arteries. Once the chelating agent binds to the calcium, the plaques are swept away as the chelating agent is removed from the body.

**Metals Are Electropositive**

On the Periodic Table of the Elements, metals are on the left and nonmetals are on the right. Metals are electropositive and nonmetals are electronegative. Calcium, the element found in arterial deposits is a metal (on the left side of the Periodic Table). According to a pharmacology on Howmed.net, a chelating agent is a flexible

The lactate molecule is electronegative which means it will accept a Hydrogen ion (hydrogen ions have a positive charge).
Treatment
Based the information from the acupuncture meridian assessment (AMA), Joe was started on Ivermectin 12 mg qid for 10 days, followed by Levamisole 50 mg qid for 10 days with instructions to repeat the cycle a few weeks later.

About six weeks later, on January 3, 2010, after taking the parasite medications, Joe noticed a gradual decrease in swelling of the left thigh, his pain had gradually dissipated, he lost 20 pounds of fluids and mass and was able to walk to the clinic without using the wheelchair. In May 2010, during a visit to see his orthopedic surgeon for the follow-up, Joe was told the X-ray of the left femur revealed the tumor mass was gone, there was no sign of cancer with a conclusion that there was complete healing.

Commentary
I instructed the patient to continue oral and IV nutritional therapy, chelation therapy and complete the dental work to prevent the cancer from coming back. However, he did not come to see me for an entire year and came back when he was experiencing pain in his right arm. When I asked him why he did not continue the therapies, he said he was paying over $2,000 dollars/month to keep his medical insurance out of fear but could not afford to come to see me. He was willing to pay top dollars which bought the medical care for the chemo therapy. Before I could treat him again, his cancer spread rapidly and unable to come to see me for the treatment and died shortly afterwards.

Too often, I see similar cases: a tumor disappears or cancer is stabilized and a patient stops coming back to continue therapy most likely for financial reasons and a sense of false security that they have beaten the cancer. In my opinion, once you have cancer, you are required to make a life time commitment to battle the cancer.

Samuel S. Epstein M.D.’s *The Politics of Cancer Revisited* (1998) charges that the cancer establishment is fixated on diagnosis and treatment, rather than searching for a cause and prevention. In his book, Epstein charges the National Cancer Institute (NCI) and the American Cancer Society (ACS) with pervasive conflicts of interest, particularly with the cancer drug industry.
Cations have a positive charge.

molecule with two or more electronegative groups that form stable coordinate bonds with a cationic metal atom.

It is interesting to note that alternative medical doctors use Iodine as a natural chelating agent (Source: Jorge D. Flechas, M.D., M.P.H.). Iodine ions are electronegative and the element is located on the right side of the Periodic Table.

By removing glucose from the diet with a ketogenic diet, we may be starving parasites that cause cancer. By removing metals, we may be dismantling their home.

**Dramatic Patients Stories**

When I went to medical school, I never imagined that I would be treating patients for parasites. Parasites are so hidden in the United States that only a handful of doctors look for them. As I described in my first book, I accidentally discovered parasites while working with an Army Reserve unit in Bolivia in 2001. After twelve years of patient success stories, I know that more doctors need to consider parasites as a hidden cause of illness.
American farmers who grow soy and corn face a huge nematode infection in their crops that may be related to nematode infection in humans. Agricultural schools across the country report that there is a serious nematode problem and explain that there is no solution. Nematodes infect the roots of a plant causing weakness of the plant. Scientists explain that nematodes have been a threat to soy and corn since the 1950s.

Medical Glossary For Understanding Joe's Case

The following definitions are in the order they appear in this section:

**Metastasis** - The process of spread of a cancer to a part of the body other than the location where it started usually occurring through blood or lymph.

**Biopsy** - The medical removal of tissue from a patient to determine the presence or extent of a disease.

**Carcinoma** - An invasive malignant tumor derived from epithelial tissue that tends to metastasize to other areas of the body.

**CT Scan** - X-ray computed tomography scan.

**Multilocular cyst** - A cyst containing several loculi or spaces with many small irregular cavities.

**Proximal femur** - Thigh bone.

**Osseous tissue** - Bone tissue that is mineralized connective tissue different from the bones of the body.

**Lytic** - Destruction of an area of bone that is caused by either a malignant or benign disease is called a lytic lesion of the bone.

**Subcutaneous edema** - An excessive accumulation of serous fluid in tissue spaces or a body cavity.

**Serous fluid** (or serosal fluid) - the yellowish, translucent fluid within the human body produced by glands. Serous fluid fills cavities and lubricating muscles.

**Pet Scan** - Positron emission tomography scan.

**L-4 and T-9** - Nomenclature referring to regions of the spine:

- Cervical Vertebrae: C1 - C7
- Thoracic Vertebrae: T1 - T12
- Lumber Vertebrae: L1 - L5
- Sacrum: S1 - S5
- Coccyx: 4
Accidental Cure for Cancer: The Art of War on Cancer

Parasitic diseases in humans are caused by protozoans and helminthes (worms).

One of my most dramatic patient stories was a 38 year-old woman named Valerie who had several large parasites in her bronchial tubes. When the parasites were finally killed, roundworms came out of her mouth and a large tape worm came out of her gastrointestinal tract.

At the height of her problems, Valerie says she felt as though her breathing was blocked, but her doctors could not find anything. Another symptom was “yellow bile peeing out of my butt for almost two years.” A colorectal specialist whom she saw for the pain and discomfort convinced her that this problem was related to hemorrhoids, and he performed hemorrhoid surgery. Other problems included double sciatica, uncontrolled facial twitching, panic attacks, and chronic bladder infections.

Valerie is very fit and athletic. When asked where she thinks she may have been infected, she says her symptoms occurred after swimming in a fresh water lake.

Parasites Are Intelligent

Most parasites are microscopic in size. Due to their tiny physical dimensions, they can burrow into the muscle, bones, joints, and organs.
A nematode is a roundworm that make up the phylum Nematoda.

In taxonomy, a phylum (biological classification) is a rank below kingdom and above class.

28,000 species of nematodes have been identified and 16,000 of these are parasitic. The total number of nematode species has been estimated to be about 1 million.

**Ulceration** - Sores on the skin or mucous membranes that are accompanied by a disintegration of tissue.

**Hospice Care** - Care to support patients in the final phase of a terminal illness.

**Acupuncture Meridian Assessment (AMA)** - An energy medicine measurement technique that is also known as electroacupuncture according to Dr. Voll (EAV). AMA provides a physical means to measure invisible energy functions that are part of the acupuncture meridian system taught in traditional Chinese medicine (TCM) and the chakra system taught in Ayurvedic medicine. Europeans, particularly German physicians, who are advanced in energy medicine, refer to an invisible body map of the biocybernetic matrix unknown to most Western physicians.

**ESR** - Erythrocyte sedimentation rate commonly called a "sed rate." An ESR test measures how much inflammation is in the body.

**DMPS Heavy Metal Provocation Test** - DMPS is an abbreviation for dimercaptopropane sulfonate that is used for chelation therapy. A DMPS heavy metal provocation test is an intravenous dose of DMPS that leads to dumping of large amounts of heavy metals through the kidneys used to diagnose heavy metal toxicity.

**Far Infrared Thermal Imaging** - The measurement and recording of heat produced by a part of the body: used for medical diagnosis of infection or tumors.

**Ivermectin** - A drug that kills parasitic nematode worms.

**q.i.d.** - An abbreviation for quater in die, a Latin phrase meaning "four times a day." q.i.d. is used in writing prescriptions.

**Levamisole** - A synthetic compound used as an anthelmintic drug. Anthelmintics or antihelminthics are drugs that expel parasitic worms (helminths) from the body, by either stunning or killing them. They may also be called vermifuges (stunning) or vermicides (killing).
The ketogenic diet starves cancer cells (and parasites) by removing carbohydrates. The diet is high in fat because normal cells can make ketone bodies from fat. Ketone bodies can act as a powerful fuel that replaces glucose—especially in the brain, heart and other organs.

or bodies of larger parasites. Parasites rob us of our nutrients and take the best of our vitamins and amino acids.

Worms cause physical stress in the body by perforation of the intestines, the circulatory system, the lungs, the liver and other destinations where they travel. Worms can also erode, damage, or block certain organs. They can lump together and make a ball causing blockage. They can go into the brain, heart and lungs and avoid detection for many years.

**Seyfried's Brain Tumor Studies**

A significant component of Dr. Seyfried's work is his study of brain tumor models in mice and his collaboration with Dr. Harry Zimmerman, head of the Neuropathology Department at Montiforien Hospital, part of the Albert Einstein College of Medicine in Bronx, New York. In his ACAM lecture presented in June 2013, Dr. Seyfried says:

_We know glucose is the primary fuel for the brain—almost exclusive._

He also says:

_Primary brain tumors do not metastasize from the brain to extraneural tissues._

On November 20, 2008, the Fox News station in Phoenix aired a story about worms in a woman's brain that doctors thought was a brain tumor. The print version of the story is titled, “It's Not a Tumor - Doctors Find Worm In Woman's Brain Instead” is still on the Web.

The Centers for Disease Control reports that ascaris is the most common worm in the United States infecting approximately four million people.
For over 10 years, I have been writing articles about my medical research and success with therapies that the world refers to as “alternative.” Fortunately, St. Louis has a natural living magazine that has provided me with a platform to share my information with the public. The Healthy Planet magazine, now in its 13th year, was founded by J.B. Lester and his wife, Niki. The following article was published with the following full title:

Disappearance of the Universe as We Know It for WIMPs: What If Cancer Patient Doesn’t Really Have Cancer?

Article Text

In case you are not familiar with the history of our Universe, NASA’s Wilkinson Microwave Anisotropy Probe (WMAP) Spacecraft expedition in 2003 revealed vital information about our universe. The age of the universe is estimated at 13.7 billion years old. The universe is made-up of: 4 percent matters consisting of stars, planets and gases, 23 percent exotic “dark matter” detectable by its gravity, and 73 percent “dark energy” detectable by an antigravity force. The size of the universe is unknown; it is expanding and really big. The size of the universe is perfectly flat – like a pizza.

Roger Penrose, of Oxford University, in the December 2010 issue of the Economist, on Science and Technology, states that the Big Bang in which the visible universe began was not actually the beginning of everything that we know of as our Universe. It was merely the latest example of a series of such bangs that renew reality when it is getting tired out. More importantly, he thinks that the pre-Big Bang past has left an imprint on the present that can be detected and analyzed.

The imprint in question is in the cosmic microwave background (CMB). CMB is the radiation that fills the whole Universe. CMB carries information about what the early universe was like. The CMB is almost but not quite uniform and known irregularities in it are the seeds from the galaxies from which stars and planets grew.

If Dr. Penrose is correct, there was no Big Bang and much of what people thought they knew about the Universe is false. With the best scientific instruments of detection, we can only measure 4 percent of the universe.
In the 21st century, everyone's body is polluted and malnourished.

What if parasites find a home in the brain where they have all the glucose they need? There would be no reason for migration to other body tissues.

**Polluting the Terrain**

Germs preceded tumors as a focus in western medicine and oncology's cell-kill strategy grew out of medicine's war against microbes. Unfortunately drugs have probably polluted our bodies as much as they have helped. By the time patients arrive in my office, they have detoxification work to do before they can get well.

Western medicine is based on the discoveries and practices of a French chemist named Louis Pasteur (1822-1895) who is most known for his “Germ Theory of Disease.” Pasteur claimed that fixed species of microorganisms invade the body and cause disease. In the early twentieth century, Pasteur's concept was adopted by American pharmaceutical companies that saw an opportunity to create drugs that kill unchanging types of bacteria. Pasteur's concept also led to the growth of vaccinations that were first used in 1796.

Pasteur's work and discoveries belong to a much larger story...
Ninety-six percent of the universe is considered to be made of “dark matter and dark energy” which means we don’t know what it is, but it is out there.

Five thousand feet below the Black Hills of South Dakota, at the closed-down gold mine town called Lead, a team of scientists and former miners are racing to solve one of the biggest mysteries of physics, Dark Matter, by using the Large Underground Xenon dark-matter detector (LUX). Most physicists agree that Dark Matter exists and is made of WIMPs.

WIMP stands for “weakly interacting massive particle.” “Massive” does not mean large, but that they have mass and therefore both respond to and cause gravitational pull. “Weakly interacting” means that the particles, despite having mass, nonetheless only rarely interact with matter. WIMPs are electromagnetically neutral which is why we can’t see them.

When astronomers find evidence of dark matter, it appears in the universe unevenly distributed. Gravitationally, it behaves like regular matter and it clumps together in a spherical cloud encompassing most galaxies. (From Popular Science, January 2011)

Why am I bringing up these controversial topics in physics? The Big Bang theory in physics is just a theory with a belief system. Maybe, it will change to a “Little Bang Bang” theory with many string theories attached to it. With the best medical scientific instruments, we can only measure a small fraction of the human being in the forms of blood chemistry, X-ray, CT scan, MRI, or PET scan.

How and why do some of my fibromyalgia patients respond after correcting their dental cavitations (jaw bone infections)? Why do some Irritable Bowel Syndrome patients respond to anti-parasite medications? Who do chronic fatigue patients respond to combinations of dental work, parasite eradications, and nutritional therapy?

Some of my patients with advanced metastatic cancer documented by tissue biopsy, X-ray and PET scan, with massive tumors, respond to intensive detoxification, nutritional therapies, dental work, and parasite medications. Disappearance of the tumor occurs without targeting to
Antoine Béchamp was a medical doctor. Pasteur was a chemist.

about two other French researchers named Antoine Béchamp and Claude Bernard who disagreed with Pasteur's germ theory. All three men researched fermentation, microbes and contagious disease.

**Malnourished, Polluted Tissue**

We never hear that Pasteur abandoned his Germ Theory at the end of his life perhaps because the story is complicated.

Antoine Bechamp (1816-1908), a chemist and biologist whose work has disappeared into obscurity, was Louis Pasteur's bitter rival. Claude Bernard (1813-1878) was a physiologist and friend of Louis Pasteur's, but Bernard's views aligned with Bechamp who concluded that most bacteria live outside the body and perform useful functions. According to Antoine Bechamp (and Claude Bernard):

*Disease develops from an unhealthy terrain (malnourished, polluted tissue)*

Christopher Bird, a meticulous science writer, wrote in 1991, that on his death bed, Louis Pasteur declared: “Claude Bernard was right... the microbe is nothing, the terrain is everything.”

Hardened bile expelled from the gallbladder after a detoxification of a polluted liver and gallbladder with a liver-gallbladder flush.
destroy the cancer cells. Is this what we call Spontaneous Healing or an Accidental Cure? My book, *Accidental Cure* addressed these phenomena by explaining the acupuncture meridians and bio-cybernetics.

What are we missing? New medicine based on a new understanding of biology is here to challenge the basis of Western medicine which has been dominated by a Newtonian mechanistic view of causes and effects. What happens to the 96 percent of the Universe as Dark matter and Dark Energy that we cannot measure with our best scientific instruments? Are they really WIMPs?

What if the cancer patient with a massive tumor did not have cancer? Maybe, 96 percent of the tumor mass is not cancer cells but something else like WIMPs, Dark Matter and Dark Energy? Modern medicine is unlikely to see the importance of treating the whole body in a war against cancer. Today's cancer establishment rigorously adhere to therapies that have been used for almost one-hundred years. To most oncologists, the idea is most likely as far-fetched as a disappearance of the Universe as we know it.
Fear of Eating Fat

To follow a ketogenic diet, most people will need to erase what they have learned about saturated fat. Fortunately, one of the most respected nutrition pioneers of the twentieth century promoted a high fat diet. Dr. Weston A. Price, whose work has been preserved by the Weston A. Price Foundation and the Price Pottenger Foundation, studied native populations all over the world whose diets were high in saturated fat.

Sally Fallon Morell, President of the Weston A. Price Foundation and co-author of *Nourishing Traditions*, explains that heart disease was almost nonexistent before hydrogenated vegetable oil was introduced.