This is your battle. Your battle to fight cancer. Imagine that you have involuntarily joined the military service and you’ve been assigned to my battalion. You were told by the government that we are engaged in a successful military campaign (War on Cancer) for the last 40 years. You've also been told that we need more able bodies to fight and successfully end the military campaign by the next decade. I am your commanding officer, a Colonel, and you are the unwillingly drafted, Private Desperado, to the lowest military rank assigned in the War on Cancer.

Our Battalion is Unique
I want you to relax a bit. Our battalion is unique. We educate, train, prepare Private Desperados before beginning their fight. We are not going to send you to trenches in a hell-fire wasteland of chemical and nuclear battle field waste. We don’t engage in conventional warfare. Our “unconventional” battalion has successfully neutralized an insidious enemy we call cancer—with minimum casualties in the battle field. But, forget the statistics. Don’t even think about asking, “What is your success rate?” You create your own success or failure.

Rank of Private
The term private can be traced to the medieval term “private soldiers” referring to soldiers who were either hired, or feudalized into service by a nobleman forming an army. In the U.S. Army, private (PVT) is used for the two lowest enlisted ranks, just below private first class.
The Health Maintenance Organization Act of 1973 fostered the growth of managed care by providing a federal program to promote and encourage the development of HMOs. Senator Edward M. Kennedy (MA) was the principal sponsor of the federal HMO Act.

Early Career at a Health Maintenance Organization (HMO)
I worked at a Health Maintenance Organization (HMO) in St. Louis for ten years before starting my own practice. In the 1970s, President Nixon declared a War on Cancer and he also started managed care. John Ehrlichman, Nixon's assistant for Domestic Affairs (who served a year and a half in prison for his role in the Watergate scandal) had this to say about the philosophy of an HMO:

_All the incentives are toward less medical care, because the less care they give them, the more money they make._

My interest in alternative medicine grew out of my conversations with patients at the HMO. If doctors listen to their patients, they can learn about remedies that have survived the business of health care.

I worked in an HMO that conformed to what is known as a staff model. Physicians are salaried and have offices in HMO building.
Your family and friends may want to help you fight cancer but they cannot fight for you. This is your battle and your personal war against cancer. You are fighting an insidious enemy. Insidious is the best adjective to describe what is really more than one enemy. The enemy comes in many different shapes and forms. Your enemies may not be what you think, what you have been told or what has been diagnosed. Don’t waste time or money, if you are not ready to fight for yourself. You need a battle plan and an understanding of the principles of war on cancer. (Those of you who do not have cancer can substitute your current diagnosis or syndrome):

The War on (Substitute Your Illness Here)

If you look up the meaning of the word insidious, you will find that it means gradual, subtle, stealthy and treacherous. Your objective is same as mine: identify, engage and defeat the enemy with minimum casualties. In order to succeed, you will need directions on how to identify and engage the enemy, but the battles you will need to fight on your own. To win the battles, you need to define your objective or goal, tactics, operation and strategy.

Know Your Overall Objective
The title of this chapter is called Battle Plan but where does a plan fit? Your overall objective or goal is beating the odds, controlling the cancer, preventing cancer growth, getting stronger and eventually finding yourself cancer free without the use of chemotherapy or radiation therapy (if possible). Chemo or radiation therapy should be your last option to get out of the desperate situation, not your first option.

Strategy vs. Tactics
Sun Tzu, the Chinese military strategist and scholar, said, “Strategy without tactics is the slowest road to victory and tactics without strategy is the noise before defeat.” Strategy and tactics are interrelated. I think Sun Tzu meant strategies without tactics are fantasy and tactics without strategy is utter chaos.

In time of the war (against cancer), your position requires a basic understanding of the difference between operational tactics, and strategic planning. A tactic is a specific step used for short term objective like using chemo therapy or radiation in conventional medicine. In alternative medicine, an alternative
Decision to Leave an HMO

As my knowledge of natural therapies expanded, it became clear that I no longer fit the profile of a primary care physician who acts as a “gatekeeper” to HMO approved medical services. I was promoted to the position of medical director, but my interest in alternative medicine became obvious to the other staff doctors. At a medical meeting when I stood up and suggested apple cider vinegar as a very affordable alternative to antiacid drugs, the other doctors in the room grew silent. You could hear a pin drop. Everyone looked straight ahead and did not say a word. I knew right at that moment that I would need to form my own practice.

Even though HMOs have what is called utilization review and cost containment, I discovered that HMOs would rather see patients spend money on drugs than use inexpensive natural remedies.

For details about apple cider vinegar, see Chapter 9 in *Accidental Cure*.

Bragg apple cider vinegar has become so popular, it is available in many supermarkets.

Paul Bragg (1895-1976) was a pioneer in the American wellness movement.
Vitamin C, or ascorbic acid, is a water-soluble vitamin that is needed by the body to form collagen in bones, cartilage, muscle, and blood vessels.

tactic would be a nutritional therapy known to have anti-cancer properties such as high dose intravenous vitamin C therapy.

In the military, operation refers to logistical support. An example would be Army engineers building a bridge and a road to provide transportation for fuel, ammunition and food. In our battalion, we will support patients with massive, complete and whole nutritional support and detoxification. When a patient is going through chemo or radiation therapy, it is crucial to support them with intense nutrition to minimize the side effects of chemo and radiation. In contrast, most oncologists discourage patients from using nutritional supplements. We will cover nutritional support in a later chapter.

Strategic planning is based on a “higher level,” big picture and long term view that involves holistic thinking and prevention of the another war. The integration of conventional and other alternative therapies at a tactical, operational and global strategic level would be an example of a strategy. In the war on cancer, a true integration of vertical and horizontal strategies involves a combination of conventional and unconventional therapies.

Napoleon’s principal strategy was to lightly engage his enemy while moving to the enemy’s main resupply route, to prevent reinforcement.
Computerized medicine and the pressure to practice “evidence-based medicine” push doctors to evaluate patients with statistics and leave no room for physicians’ clinical experience with patients. Evidence-based medicine completely ignores:

- Physicians’ skills that evaluate patients as a whole
- The importance of history taking, the physical examination, and classical methods of patient evaluation

**Evidence Based Medicine**

Evidence Based Medicine (EBM) could be the reason that I can never find any doctors willing to learn acupuncture meridian assessment (EAV) in my office. *The Journal of the American Medical Association* began publishing articles about evidence based medicine in 1992.

Authors call evidence based medicine a “new paradigm” for medical practice” that “de-emphasizes intuition, unsystematic clinical experience, and pathophysiological rationale as sufficient grounds for decision making” and stresses the “examination of evidence” from clinical research that is “double-blind” and “randomized.” The problem is studies are funded by companies or organisations that expect scientist to come up with particular results, suiting their agenda (and they do!).

Today’s doctors are being pushed toward what is called an evidence based medicine model of patient care. It means we will be expected to have a stackful of double blind placebo controlled studies to justify decisions.
You need to know basic military lessons to create a battle plan. I will cover these subjects throughout the book. My intent is not to cover each subject in-depth, but to use the following list when I need to refer to tasks for you to perform to win the War on Cancer.

- Know Your Enemy
- Know Yourself
- Know Your Terrain
- Asymmetric Threats
- The Law of War
- Rules of Engagement
- Medical/Legal/Economic Considerations
- Terrorisms/Counter Terrorism
- Sabotage/Counter-Intelligence
- Collateral Damages and Friendly Fire
- Public Opinions/Civil Affairs
- Military Intelligence/Cyber Warfare
- Psy-Op for psychological operation
- Post War, Exit Strategy and Prevention of Next War

Management of Space, Time and Intelligence
The other important part of the battle plan includes force management of space, time and intelligence:

- Area of Target: Tumor
- Area of Operation: Whole Body
- Battle Space: Family, Job, HMO/Insurance, Home Environment
- Time and Stage: Beginning or end of last stage of disease phase.
- Medical Intelligence based on conventional and unconventional medical information
A couple of years ago, I invited medical students to spend time in my office to learn how to use an EAV device and other aspects of my practice. A few medical students responded to my invitation, but no one really made it a personal goal to learn how to do acupuncture meridian assessment as I have.

My dream has been to introduce other doctors to the challenging but very rewarding device that Dr. Reinhold Voll, M.D. invented in Germany in the 1950s.

**Patient Study Guides**

When it became clear that I was alone on my path of study, I started to write about my experiences. I realized that patients and the general public would benefit from an understanding of Dr. Voll's measurements and interesting case studies.

I've been writing articles for *The Healthy Planet* Magazine for more than ten years. Ed Mass, a former patient, has been archiving my articles on my Web site for many years (www.preventionandhealing.com).
Some of the principles may seem obvious—such as Know Your Enemy and Know Yourself. However, there may be more to these principles that are not as clear cut as they appear. I will not elaborate too extensively, since; this book is designed as a simple survival manual book with the instruction on how to neutralize the enemy. However, some of these Principles are worthy to explore in-depth to prepare you to fight cancer. Throughout the book, I will cover the topics with a special emphasis on asymmetric threats.

Rules of Engagement (ROE) are rules or directives to military forces (including individuals) that define the circumstances, conditions, degree, and manner in which force may be applied. Rules of Engagement indicate what measures may be unacceptable.
The Wikipedia entry for medically unexplained symptoms (MUS) says that MUS may be synonymous with somatization disorder.

The entry for somatization disorder contains a page of DSM-IV-TR diagnostic criteria.

The DSM-IV-TR is the “Diagnostic and Statistical Manual of Mental Disorders” published by the American Psychiatric Association.

Conventional medicine appears to be anxious to diagnose MUS as psychiatric problems.

In 2010, I wrote about evidence based medicine in an article titled “Do You Have MUS (Medically Unexplained Symptoms or Syndrome?)”

Allopathic medical doctors are slowly being asked to practice “evidence-based medicine” that is based on research published in medical journals. The problem is, published research says that 50 percent of all patients have “unexplained medical symptoms.”

Patients and Computers
Young doctors are being taught to integrate a computer in their relationship with patients. A curriculum guideline titled, “Recommended Curriculum Guidelines for Family Medicine Residents,” endorsed by the American Academy of Family Physicians, says:

Didactic lectures (textbook and lecture instruction) should be augmented with instruction regarding principles of the doctor-patient-computer relationship in daily practice.

Young doctors are being steered away from an “individual” model to a “population-based” model through technology applications.

J.B. Lester, publisher and editor of The Healthy Planet. J.B. distributed the first edition of The Healthy Planet at the St. Louis Earth Day festival in 1997.
Early Signs and Symptoms of Cancer

What are the early signs and symptoms of cancer? Most of the early signs are subtle, insidious and often overlooked for many years as a nuisance or inconvenience. I've compiled a list in this section.

Indigestion is a Symptom Many Consider a Nuisance
Indigestion is an example of symptom patients consider to be inconvenient and many look for a quick treatment such as an anti-acid medication. If you have prolonged indigestion that you're solving with anti-acid medications, you are blocking the acid production in the stomach that is critical for the break-down of food into protein, fat and carbohydrates. Our own digestive enzymes also kill bacteria and parasites.

Television commercials are saturated with anti-acid commercials with sleek, mis-leading information that perpetuates the problem. Instead of an anti-acid medication, apple cider vinegar mixed with water and sipped during a meal is a natural remedy that works. Some patients take digestive enzymes that help indigestion and acid reflux-like symptoms.

Here are common early signs and symptoms of cancer:

- Indigestion
- A sore that does not heal within few weeks
- A change in bowel or bladder habits
- Persistent hoarseness or a cough
- Difficulty in swallowing
- A changing size or color or discharge
- A lump that does not go away

A New Environment Brings New Health Threats
In ancient societies, people died from accidents, starvation, predation and infectious diseases. In modern industrialized countries, people die from heart disease and cancer, and other chronic diseases associated with lifestyle including diabetes, obesity, new infectious diseases, new chemicals and neurotoxins and medical treatments with their respective complications. Cancer and heart
Allopathic medicine is an expression commonly used by alternative medical doctors to refer to mainstream medical use of drugs to treat or suppress symptoms or pathophysiologic processes of diseases or conditions.

With the addition of a computer in the “doctor-patient” relationship and all the databasing that’s being added to conventional medicine, it may be hard for a young doctor to choose an alternative medicine track and wrestle free from allopathic medicine’s emphasis on “population studies,” rather than a study of the “individual.”

**Medicine Week**

In every profession, conferences facilitate accelerated learning. In my case, I had to travel to Germany. The world’s largest alternative/complementary medical conferences are held in Baden Baden, Germany. The expression “complementary and alternative medicine” (CAM) has become popular in the United States, the terms “Naturheilverfahren” (natural treatment methods) or “ganzheitliche Medizin” (holistic medicine) are most prevalent in Germany.

As I mentioned in the last chapter, I started attending German biological medicine conferences many years ago. The conference in Baden Baden is called Medicine Week. Germans also call it a “European Biological Medicine Congress.”

In conventional medical circles, it is taboo to use the words cure or prevent.

In October 2013, *The Washington Post* published a map showing the distribution of Nobel prizes by region (since 1901). There region with the largest number of prize winners is green (UK and Germany).

German alternative medicine is considered to be 20 years ahead of alternative medicine in the United States.
Accidental Cure for Cancer: The Art of War on Cancer

Disease was a rare disease over two hundred years ago and uncommon one hundred years ago. There has been a rapid change in our environment with industrialization and a shift in acute medical problems to chronic disease like cancer, heart disease, auto-immune disease and neurologic disorders that cannot be explained by genetic adaption or mutations. What are the connections to our new environment and the emerging killers?

**Accelerated Chronic Disease**

We all know that we have been exposed to the genetically modified food and depleted minerals in the soil due to industrial farming. We’ve also been persuaded to purchase food that is processed, packaged and spiked with artificial preservative and chemicals. If that is not enough to make us sick, we have also been seduced by tobacco, and alcohol. The price we’re paying for a high-tech society seems to be industrial chemicals, pollution, excessive electro-magnetic smog and radiation from medical and industrial sources. All these factors are contributing to the acceleration of modern, chronic diseases even in our children.

**Modern Asymmetric (Hidden) Threats**

Even if we are awake and paying attention to the connection between pollution and chronic disease, are we overlooking any important aspects that might be a trigger? Could there be something that has not been addressed that is right under our nose that could potentially blindside us? Below, I've listed issues that I have experienced are crucial to turning the tide in a war on cancer. The topics on this list represent problems that need to be addressed as soon as possible at the early stage of disease. I have covered these topics in my first book and will re-address them using the expression asymmetric threats:

- Parasites
- Dental
- Heavy metals
- Diet and Nutrition
- Detoxifications
- Toxic Emotions

Baden is the name of a German state. Baden Baden is the name of a German town.

Meeting Fritz-Albert Popp

German doctors are at the forefront of energy medicine and their research is often presented at the Medicine Week conference in Baden Baden. One of the most interesting lectures I’ve attended was given by Dr. Fritz-Albert Popp, Ph.D.

Professor Popp is a theoretical physicist and biophysicist from Germany who is considered to be the father of the bio-photon theory. A biophoton is a photon of light that is emitted from a biological system that can be detected with biological probes.

Popp’s work on biophotons actually goes back to Russia in the 1920s when Russian embryologist Alexander Gurwitsch reported “ultra-weak” photon emissions from living tissues in the ultraviolet range of the spectrum. Fritz Popp and a young graduate student named Bernard Ruth took Gurwitsch’s work much further when they built a high-sensitivity emission photometer that was capable of mapping the light or biophotons given off by living systems. They counted biophotons given off by test substances and discovered:
Uninvited Guests

The word parasite has a different definition and meaning to different people. I am not talking about large human-sized parasites who live, breathe and make profits in Washington, D.C. I am talking about a parasite as an animal living at the expense of the host, and robbing the host's food. Examples include tape worms, flukes, ascaris, strongyloides, amoeba, protozoa and many unidentified parasites living in the human body as an uninvited guests.

Hunt for Parasites

Parasites have evolved with humans and share many genetic DNA sequences. One of the few medical practitioners who saw the connection with parasites and cancer was Dr. Hulda Clark, Ph.D., ND. Her theory on cancer is definitely unorthodox and quite confusing but I understand her model in the context of asymmetric threats. Parasite detection is very difficult. Hulda used a device she called a Syncrometer to detect hidden parasites and I use acupuncture meridian assessment.

I have written two articles about Hulda Clark:

- “Accidental Cure for Cancer: A Tribute to Dr. Hulda Clark” which is in my first book, Accidental Cure
- “Who is Afraid of Hulda Clark?”

Hulda Clark is one of the few medical practitioners who emphasized the role of parasites in the formation of tumors. Although the theory seems farfetched by current medical standards, I have firsthand experience watching tumors disappear with aggressive parasite medication treatment. However, if you do not treat the whole body, cancer will come back.
Vegetables can absorb heavy metals from contaminated irrigation water.

- Vegetables contaminated with heavy metals showed a decreased photon count.

- Tomatoes stored at cold temperatures showed decreased biophoton emissions that decreased even further with longer storage times.

- Photons given off by eggs from captive chickens is lower than from eggs obtained from free-range chickens.

**Dark Orange Egg Yolks**

Forage is a word that is used to describe food that animals find through grazing. Joel F. Salatin, well known in Weston Price circles for his lectures on a farming model he calls Polyface, says dark egg yolks have a signature orange color that is characteristic of a high forage intake.

Joel pioneered an organic poultry production system with lightweight chicken coops built on wheels that are rotated—giving birds access to fresh pasture. Joel explains that the nutritional content in chickens, or the eggs they produce, is dependent on high-quality forage. If a pasture has too much
Hulda Clark, Ph.D., N.D. passed away few years ago. It is time to honor her and remember her as a great humanitarian and medical researcher in the field of alternative medicine. She challenged conventional medicine and changed the direction of the future of medicine. I met her on two occasions at medical conferences and I was amazed that such a humble, modest person had the audacity to write a book called *The Cure for All Cancer*.

Hulda’s theories are unconventional yet she provided over 100 successful cases in her book. She even wrote a book called *The Cure for All Disease*. Hulda Clark believed that parasites are the culprit for the development of cancer and identified flukes as the main cancer causing parasite. According to her, humans are heavily infested with parasites, particularly the intestinal fluke, Fasciolopsis buskii, plus many other flukes and the common roundworm, Ascaris. She said contamination of the food supply from petroleum products with solvents, including isopropyl alcohol, benzene, methanol, xylene and toluene, accelerate tumor growth. In the presence of isopropyl alcohol, Fasciolopsis buskii can complete its entire life cycle in the human body, without requiring a snail as an intermediate host.

**Completion of the Life Cycle of Fasciolopsis Buski**

The completion of the life cycle of Fasciolopsis buskii in the liver establishes a malignant process, namely by the production of the mitotic stimulant, ortho-phospho-tyrosine. A common bacterium species, Clostridium, manufactures isopropyl alcohol in the digestive tract under the influence of toxic dental restoration material. Hulda identified several more complicated steps that occur for the development of cancer cells and used a Syncrometer to detect parasites and pollutants. She also used a Zapper to kill parasites.

To the average doctor, Hulda’s ideas must sound like far-fetched, bad science fiction. Her theories are hard to accept from my traditional medical training, but I am not here to defend her hypotheses. However, I can say, “Hulda has unusual observations about the complex life cycle of parasites, their interaction with hidden environmental toxicities, and the development of cancer cells. Let's take a closer look at what she had to say.”
Chickens produce an egg every 24 hours and one cubic foot of manure every six months.

Although chicken manure is too strong to be used raw on your flowers or vegetables, it can be composted and converted to a fertilizer. Chicken manure provides Nitrogen, Phosphorus and Potassium to plants (more than horse, cow or steer manure).

Chicken manure, the forage becomes nitrogenous and bitter tasting. Chickens love clover that won't grow in nitrogenous conditions.

Joel explains that organic poultry farmers around the country have created ingenious portable poultry structures or egg mobiles that are chicken houses on wheels. Chickens are carnivores that like to eat bugs and scratch in the soil. When the chicken coop is rotated to a new pasture, every day is a new discovery on fresh grass. Is is any wonder that Fritz-Albert Popp and Bernard Ruth found higher photon count in eggs produced by chickens that are allowed to roam?

**Finding Poultry Producers**

As you can imagine, eggs with dark orange yolks have a taste that is far superior to eggs with pale yellow yolks. Surprisingly (or not), all eggs sold at Whole Foods and Trader Joe's have pale yellow yolks. To find high-quality poultry producers, contact a local Weston A. Price chapter leader in your area. Chapter leader e-mail addresses and phone numbers are published on the Weston A. Price Foundation Web site (www.westonaprice.org).
Asymmetric warfare is increasingly considered a component of fourth generation warfare.

Fourth-generation warfare (4GW) is conflict that has blurred lines between war and politics, soldier and civilian.

A 4GW enemy has the following characteristics: lack of hierarchal authority, lack of formal structure, patience and flexibility, ability to keep a low profile when needed, and small size (Source: *Asymmetric Warfare*, Rod Thornton (2007)).

**Tumors Disappear When Meridians Are Balanced**

I do not specialize in cancer therapy, however, I have observed many patient tumors *spontaneously* disappear while balancing the patient’s meridians with:

- parasite eradication
- heavy metal detoxification
- nutritional support
- elimination of food allergies
- correction of hidden dental problems

I would not dismiss Hulda’s theories. I am the type of person who is curious about how she came to all her controversial conclusions. To fight cancer, it is important to look at every possible factor to prepare a “battle plan.” Asymmetric warfare is a new buzzword that is being used by the American military. Although the word has several meanings, it is often used to describe an enemy that hides in plain site. When we declare war on cancer, the battle against parasites is an example of asymmetric warfare. Asymmetric warfare is synonymous with guerilla warfare, a Spanish expression that means “little war.”

Military historians understand that innovative asymmetric tactics have changed the outcomes of battles as well as world history. To detect and fight invisible parasites, you must adopt asymmetric warfare. Are the medical schools and medical scientists training future medical doctors to handle asymmetric biological threats like parasites, heavy metals, environmental pollutions, nutritional deficiencies, and hidden dental problems? I doubt it. Traditional medical use of antibiotics, chemo therapy and radiation therapy are not adequate for asymmetric biological warfare.

**Did Hulda Understand the Danger of Asymmetric Threats?**

If Hulda Clark was involved in the war on cancer, then metaphorically, she understood the danger of asymmetric threats beyond conventional medicine's traditional views. She knew the real danger is coming from unrecognized parasites, environmental pollutions and hidden dental
If you plan to take on the adventure of raising your own chickens, investigate Joel Salatin’s Polyface farm model and consider using a scaled-down egg mobile to fit your property.

If your chickens need worms, investigate Uncle Jim’s Worm Farm (www.unclejimswormfarm.com) or a Worm Factory Composter (www.gardeners.com or eBay).

Martha Stewart’s Bad Advice

Martha Stewart has told her viewers that she raises her own chickens for fresh eggs.

In April 2012, Martha invited a backyard chicken expert named Traci Torres to tape a show that provides steps for raising chickens in small backyards or rooftop gardens. Although Traci is the founder of MyPetChicken.com, her advice contradicts advice from professional farmer Joel Salatin who The New York Times calls “the high priest of pasture.”

Although many municipalities allow city dwellers to own a small number of chickens, Joel Salatin explains that they need fresh forage and probably a small egg mobile to make sure their forage is palatable. A dark yolk from a chicken that roams is a sign of adequate forage. According to Fritz-Albert Popp and Bernard Ruth, the same egg gives off light that we cannot see.

Martha Stewart's guest never mentioned that chickens are carnivores that need bugs and worms. Traci Torres told viewers that chickens need very little space and she demonstrated how to feed chickens grain. For a chicken, grain is a fast food.

A family in Holland, Michigan turned an old playhouse into a chicken coop.

Accidental Cure for Cancer: The Art of War on Cancer

problems. Einstein once said, “We cannot solve problems by using the same kind of thinking we used when we created them.” Is Hulda a visionary or a charlatan with a bizarre claim?

We must think differently! Read my book, Accidental Cure, and understand the concepts of biological terrain, bio-cybernetic matrix, acupuncture meridian assessment, and asymmetric warfare. The book explains the paradigm change of “curing” the incurable by addressing five principal underlying causes of illness. The idea closely correlates with Hulda Clark’s strategy from a medical doctor’s point of view.

The five therapies that address the causes of illness in the book are: parasites elimination by prescribed medications, detoxification therapy including mercury amalgam removal, detecting and eradicating hidden dental infections, resolution of food allergies, as well as nutritional support.

**Reassessing Enemies and Friends**
If we are engaged in the war on cancer, here are the tasks ahead:

1.  First, we need to define who our enemy is.
2.  Second, we need to identify friendly therapies that support our immune system.
3.  Third, understand the battle field, the biological terrain.

These tasks raise the question: “Who is our enemy?” The enemy is not what you think or what you have been told. If we do not take Hulda Clark’s message seriously, the medical-pharmaceutical industrial complex will march us into the perpetual war on cancer, the road to ruin, simply because we didn’t know who our enemy is. So, who is afraid of Hulda Clark?

Now, you have completed second chapter that includes basic training on the principle of war, a battle plan, recognizing the early signs and symptoms for cancer, asymmetric threats and parasites, and you are promoted to PFC (Private First Class) Desperado.

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Private First Class (PFC) is a military rank held by junior enlisted persons.

The Private First Class insignia contains a single chevron and rocker stripe. Advancement from private first class is typically to specialist, although occasionally it may be to corporal.