Now that you have completed basic training, let’s go through the checklist of topics you need to know from basic principles of war (aspects of warfare that are universally true and relevant). The topics in this chapter are part of lessons from the United States Army Command & Staff General College (CSGC) at Fort Leavenworth. I have used familiar military terms and analogies to explain concepts as simply as possible. I have also tried to apply the KISS principle first used by Kelly Johnson (1910-1990), lead aeronautical engineer at the Lockheed Skunk Works: *Keep It Simple Stupid*. Kelly was also famous for “Be quick, be quiet, be on time.”

**Know Your Enemy**

Do you know who your enemy is? Is lung cancer or breast cancer your enemy? Is a parasite in the colon your enemy? Do you think the tumor is the enemy? (we can cut out tumors, napalm or nuke them until they disappear). I have been focusing on parasites as an enemy as well as hidden dental infections. I’ve also named the dental related medical complex, genetically modified food infiltration and a food chain that is contaminated with environmental toxins and heavy metals as enemies. But, have you ever thought that the medical insurance companies or pharmaceutical companies who control the finance and manipulating the government regulatory agencies might be an unsuspected enemy?

During the Civil War, Abraham Lincoln once said that, “I have two great enemies, the Southern army in front of me and the financial institutions in the rear. Of the two, the one in the rear is the greatest enemy.” Who is controlling your medical care? Is it possible that financial control of medical care creates a conflict of interest? Do you want to be at the mercy of the insurance companies and pharmaceutical conglomerate who make decisions about eligibility of cancer care? You can decide on your own. You have a lot more control than you may think.
Helminths consist of the following groups:
- Monogeneans (very small parasites)
- Cestodes (tapeworms)
- Nematodes (roundworms)
- Trematodes (flukes)

The fish tape worm is the largest of the human tapeworms and can reach up to 33 feet in length or more.

### Soil-Transmitted Helminth Infections

According to a study published in the *International Journal of Experimental Pathology*, soil-transmitted helminth (worm) infections are among the most prevalent worldwide, although this is only acknowledged by those working in parasitology-related fields. It is estimated that there are 3.5 billion cases worldwide.

![Nematode on corn root. Photo courtesy of Dr. Greg Tylka, Iowa State University.](image)

### Nemotode Infection in Soy and Corn

Greg Tylka, a professor and researcher with the Department of Plant Pathology at Iowa State University, investigates effects of a parasite called a soybean cyst nematode (SCN) on Iowa's soybean growers and then works to educate growers and agribusiness professionals about the results of the research. Greg and his colleagues refer to a *phylum* of Nematodes that includes many species.

Nemotodes are roundworms in the *phylum* Nematoda. In biology, a phylum is a taxonomic rank below kingdom and above class (see diagram).
Know Yourself

What is your overall condition? Are you physically, emotionally fit to fight the battle? What happened to your immune (defense) system that was supposed to act as a surveillance system while the cancer was growing? What kind of environmental toxins have you been exposed to during your life time? Check for your biological terrain and fortify any weaknesses in your immune system.

Are there any unresolved emotional conflict slowly eating you alive? You don’t need an in-depth psycho-analysis, but be honest to yourself and address any unresolved emotional conflicts. Many people who suffer from unresolved emotional conflict have already given up on life at a sub-conscious level.

Know Yourself Terrain

In the military, we want to know the terrain of the battle fields by controlling the entire land, sea, sky, space, night operation and cyber-warfare through command, control and communication. In our battalion, we want to know our biological terrain by measuring the blood, saliva and urine for acid/base (pH), reduction /oxidation potential (rH2) and resistivity (R) and map out the bio-cybernetic matrix system known to mankind as acupuncture meridians. I will cover bio-cybernetic matrix system in a separate chapter.

Most health practitioners never mentioned parasites. It's a topic no one wants to talk about.

Your skill in identifying the enemy will depend on whether you are a first timer, a beginner, an experienced soldier, or an expert.
So far, 342 worm species are known to infect humans. Yet, according to biologist and researcher Edward Osborne (“E.O.”) Wilson, nematode species are so prevalent, “four out of five animals on Earth are nematode worms.”

Wilson is one of the world’s most distinguished scientists and a professor and honorary curator in entomology at Harvard. In a presentation Wilson gave at a Technology, Entertainment, Design (TED) conference in 2007, Wilson said:

*Consider the nematode roundworm, the most abundant of all animals. Four out of five animals on Earth are nematode worms — if all solid materials except nematode worms were to be eliminated, you could still see the ghostly outline of most of it in nematode worms.*

Nematode roundworms are the largest family of multicellular animals on earth. Just one gram of soil may contain just over 100 nematodes. It is unknown
The Law of War and the Rules of Engagement

We have international law that establishes limits on acceptable wartime conduct. For example, the Geneva Convention and the rules of engagement dictate that we cannot fire first unless we have been attacked. At the same time, we use drones and other means to attack first—acting in violation of the provisions of the laws of war. We do not use Laetrile (vitamin B-17) in our battalion because it is illegal to use in the U.S.A. but patients can cross the border and get Laetrile on their own or go to another country for cancer therapy. Mexico and Germany are the most popular destinations. For more details, check Ralph Moss' site at www.cancerdecision.com.

Medical/Legal/Economic Considerations

Most of the alternative medical cares is not recognized by insurance companies as a legitimate, science-based medicine approved by a panel of experts. Typically, insurance coverage for alternative care is denied forcing patients to pay for treatment out of their own pockets. Alternative therapies should be cost effective and unconventional, safer medical care should be available to everyone.

Sabotage/Counter-Intelligence

Too many patients sabotage themselves with excuses that are equivalent to counter-intelligence. For example, they refuse to get dental work done. Many see dental work as too expensive yet they pay for a new car or a vacation. Some patients say they will do anything except a gallbladder/liver flush, a colonic or a coffee enema. Other patients may say their oncologist told them they cannot take any vitamins or minerals because they may interfere with their therapies.

Collateral Damage by Friendly Fire

Unintended side effects by friendly fire are a part of war and they are called fratricide. Here's the definition for friendly fire:

*The employment of friendly weapons with the intent to kill the enemy or destroy his equipment or facilities, which results in the unforeseen or unintentional death, injury or damage to friendly personnel. (Field Manual 105-5-1). Friendly fire accounts for 25 percent of the body counts in modern warfare.*
Accidental Cure for Cancer: The Art of War on Cancer

Immature forms of a worm called Ascaris may cause asthma.

Soil-Transmitted Helminths (continued)

exactly how many species of nematodes exist, but a conservative estimate puts it at 20,000. Other estimates put the total number at one million species. Species range in size from 0.3 millimeters to the 8 meter long (26.24 feet) Placentonema gigantisma, a parasite of sperm whales.

The number of nematode species is so large, it could be said that scientists have only just begun to understand the meaning of their presence in soil. Most scientific studies focus on nematode species found in soy and corn because these crops reign supreme on U.S. farms.

Since the early 1940s, corn and soy have grown to become the first and second largest genetically modified crops. According to the U.S. Department of Agriculture, by 2012, 88 percent of corn and 94 percent of soy grown in the U.S. is genetically modified.

Degree of Infection in Soy

A species of nematode called Heterodera glycines infects soy. Farmers call this species

Edward O. Wilson (b. 1929) is an American biologist recognized as the world’s leading authority on ants.

Greg Tylka
Professor and Researcher
Department of Plant Pathology
Iowa State University
Many cases of chronic anemia may be due to a parasite called Hookworm, also known as Necator Americanus meaning American Murder. Like other hookworms, it is a member of the phylum Nematoda.

This parasite attaches itself to the lining of the intestines and bites into blood vessels. It is capable of drinking an enormous amount of blood every day. Hemoglobin levels as low as 15% of normal have been found in people with chronic hookworm disease.

Medical care has become the third leading causes of death in the United States with a total 225,000 deaths per year from iatrogenic (doctor induced) causes. Here are high-profile sources that re-state this statistic (or, an even larger number):

- **Journal of American Medical Association (JAMA)** 284, July 2000. “Medical care is the third leading cause of death after heart disease and cancer” (250,000 deaths per year).

- **The Journal of Orthomolecular Medicine** (2005) “Medical care is the leading cause of the death with body count of 783,936 annual deaths.”
Parasites release a toxic waste that is similar to ammonia. Ammonia is a base (alkaline). This may be why Dr. Hulda Clark said parasites alkalinize body tissue.

**Soil-Transmitted Helminths (continued)**

soybean cyst nematode (SCN). The SCN nematode infects the roots of soybean, and the female nematode eventually becomes a cyst that acts as an egg sac.

The soybean cyst nematode (Heterodera glycines) was first discovered in North Carolina in 1955. Within the next 6 years, it was reported in 7 states along the Mississippi river (See: inset in the map diagram below). Today, it has spread to 29 soybean producing states in USA, as far northeast as the state of New Jersey (See: map below, Source: Riggs, 2004).

![Map of SCN spread in the USA](image)

**Farmers Are in the Dark About Nematode Infection**

Unless a farmer says in touch with soil and crop experts at university extension offices, they may not be aware that their crops are infected. In soybeans, above-ground symptoms can be confused with nutrient deficiency, stress from drought, herbicide
Win in the crowd and win public opinion. Unless you conduct a war with public support, you will have anti-war demonstrations in the street.

Public Opinion/Civil Affair

A Family Divided
Opinion also counts in patient families. As an example, an elderly man with liver cancer, who did not respond to chemo therapy, came to see me. He had six children and they are equally divided over their father’s medical care. Three children strongly opposed alternative therapy despite failed standard medical care and three children were strong supporters of alternative medicine. One of the children was an FBI agent investigating medical fraud who accused me of taking advantage of his father. He was the most vocal and threatened to stop the treatment. I told his father that I would treat him free of

One hundred and sixty ex-servicemen who had been prisoners of war in southeast Asia during 1942-5 were investigated for infection with Strongyloides stercoralis. Larvae were found in 44 (27.5%) of the men, who had therefore been infected for 34-37 years.

Strongyloide worms are a taxonomic category in Helminths. They are considered a Nematode that can live 50-60 years in the human body.

### Soil-Transmitted Helminths (continued)

injury or another disease. The first signs of infection are groups of plants with yellowing leaves that have stunted growth.

Aerial view of soybean cyst nematode damage in a soybean field. The yellow areas are soybean plants infected by the soybean cyst nematode. (Courtesy: Greg Tylka).

Stunted growth resulting from soybean cyst nematode damage in a soybean field.
charge, so, his son could not possibly accuse me of taking advantage. Due to family pressure, this patient decided not to seek the alternative medical care, not because he was not interested in my treatment, but he did not want his children fighting over at the dinner table. He passed away shortly thereafter. I don't know if I could have helped him. I never had a chance to try alternative therapies because his family disagreed about his choice of therapies.

**Cyber Warfare/Military Intelligence**
Comedian George Carlin popularized the oxymoron military intelligence in the 1970s and 80s. Today’s Army, with an Army Cyber Command (established in October 2010), has the latest electronic/computer software technology to break an enemy’s communication system. Even with the most advanced medical technologies, western medicine simply has not embraced the concept of mapping an invisible body based on acupuncture meridian assessment. Such an assessment is comparable to breaking an enemy’s code using a bio-matrix system that is several thousand year old. I have addressed acupuncture meridian assessment (AMA) in my first book and I will re-address this topic later in the book.

Parasite infections can spread from pets to humans. Never let your pets sleep in your bed or lick you on the mouth. Always wash yourself after a pet licks you.
Prior to the 1930’s castor oil, mineral oil, or herbs were popular as antiparasite remedies. It was common practice to clear yourself of a possible parasite infection every six months.

**Soil-Transmitted Helminths (continued)**

**Nematode Eggs Are Microscopic in Size**
According to the North Carolina Cooperative Extension Service, nematode eggs are microscopic in size (about 0.1 mm long), oval and transparent. Some nematode species lay their eggs in a mass of jelly and other species lay eggs separately. Extension service soil scientists also explain that many species of nematodes (other than plant parasitic nematodes) live in soil and water where they feed on other small animals (including other species of nematodes).

When humans ingest nematode eggs, the eggs hatch in the small intestine. Immature parasites can then migrate to any part of the body. After stages of moulting occur, an adult nematode can lay 200-400 eggs per month. In her book *The Cure For All Cancers*, Dr. Hulda Clark postulated all cancers are caused by worms.

Electron microscope image of a soybean cyst nematode and an egg sac.

**Soybean Crop Damage**
According to the University of Missouri Extension, a recent three-year study done in the United States estimated that soybean cyst
Over Diagnosis and Misdiagnosis of Cancer

The National Cancer Institute (NCI) reports that a significant number of people who have undergone treatment for cancer over the past several decades may not have ever actually had the disease. The NCI government study identifies over-diagnosis and misdiagnosis of cancer as two major causes of a growing epidemic that has led to unnecessary treatment of otherwise healthy individuals with chemotherapy, radiation or surgery. As an example, breast cancer ductal carcinoma in situ (DCIS) is considered a benign condition. Although DCIS is classified as a stage 0 cancer not indicated for aggressive chemotherapy, I have met many women whose doctors talk or scare them into undergoing chemotherapy. Similarly, I’ve met men whose doctors told them they have high grade prostatic intraepithelial neoplasia (HGPIN), a type of premalignant precursor to prostate cancer that is not an actual cancer. These same patients were treated as though they had the disease.

By themselves, intelligence and information are not useful. What’s critical is what you do with the information. Who controls and monitors decisions for administering chemo and radiation therapy? Once a patient has been told they have cancer, most cannot think clearly. At that point, it is extremely difficult to convince a patient that they are still in control with the power to make their own decisions. Often, they jump into chemo and radiation therapy due to pressure from their doctor.

Europe’s ESCCAP.org reports that there has been a marked increase in the spread and range of pet parasite diseases throughout Europe in the past five years. ESCCAP is an acronym for European Scientific Counsel Companion Animal Parasites.
Healthy people can handle the damage parasites produce in their body. However, depending on diet, lifestyle and level of stress, parasites can begin to produce disease at any time.

**Soil-Transmitted Helminths (continued)**

nematode (Heterodera glycines) caused annual losses of $1.286 billion (128.6 million bushels).

**World's Largest Companies Are in the Business of Soy**

Clues about the amount of monetary loss caused by nematode infection (in soy) points to a huge pest-infested industry that may be equivalent to a runaway train.

The Soyfoods Association of North America (SANA) Web site has a “Mission and History” page that provides an insight into the association’s work with the Department of Agriculture and the Food and Drug Administration. Soy producers have succeeded in steering public policy in a favorable direction for the soy industry. The result:

*From 1996 to 2011, soyfoods sales have increased from $1 billion to $5.2 billion over 15 years.*

SANA’s “Sales and Trends” page has staggering data on the soy-based foods market including the billions of dollars that consumers spend on soy energy bars, soy milk, meat alternatives and soy cheese.

Hong-Kong-based Vitasoy introduced soymilk to the United States in 1979
Psyop or Psychological Operation

Psychological Operations or PSYOP are planned operations to influence an audience's emotions, motives, objective reasoning, and ultimately their behavior.

The National Cancer Institute's position is that cancer is a complex genetic disease. If you have cancer, you will hear this many times and you'll be told that your primary care physician cannot help you. For the last 40 years, cancer patients have been presented with very limited options:

- Surgery
- Chemo
- Radiation

Finally, doctors and the public are waking up from this propaganda and mis-information about cancer.

Special Operations and Black Ops
War zones always seem to have special operations that are also considered top secret black ops. Special operations and black ops are considered to be a violation of the laws of war, yet they exist and we learn about them years later.

It is not uncommon for patients to try all kinds of experimental therapies considered to be “secret formulas” offered by practitioners who practice underground medicine without a proper license.

Post War, Exit Strategy and Prevention of Future War
Part of the planning involved in a war is preparing an exit strategy. Shrinking a tumor with chemo or radiation in the battle field is not the same as winning the war. We may have won battles, but we're losing the war on cancer because we have not had a battle plan.

The medical equivalent of collateral damage and fratricide weakens the immune system while the enemy moves and strikes even stronger in a different location of the body (illustrated with the case in the first chapter). Once you have shrink cancer, you need to continue therapy to prevent from the cancer from coming back. This can be accomplished by altering the biological terrain.
Accidental Cure for Cancer: The Art of War on Cancer

“This Wormy World” is the name of a medical paper written by Dr. Norman R. Stoll published in the February 1947 edition of The Journal of Parasitology.

In his article, Stoll states that worms are “unremittingly corrosive.”

Soil-Transmitted Helminths (continued)

Soy-Based Livestock and Pet Food

The same trade associations that promote soy to humans also promote soy as a healthy food for animals. For example, poultry producers see soy as a high-protein convenience food. Almost half of the soybeans processed for livestock feed are for chicken feed. Poultry farmers have been brainwashed to believe that soy is a healthy choice because soybeans contain 38% protein. Only the most conscientious farmers will provide their hens with organic, non-GMO, non-soy feed. The Weston A. Price Foundation (www.westonaprize.org) is a valuable resource for consumers searching for high-quality eggs and farmers searching for healthy livestock feed.

Soybeans can also be found in an increasing number of pet foods. Soy protein is less expensive than meat protein and pet food manufacturers use soy to increase profit margins.

If soybean crops are heavily infested with nematodes, and soybeans are found in most processed human and animal foods, we have a serious problem.

Pet food label
Prevention of war becomes your lifelong commitment. Perpetual war is highly profitable for special interest groups but the prevention of the next war requires a lifetime commitment to changes in lifestyle, a diet based on whole food, and detoxification.

**Force Management**

Recognize the area of target is a tumor but the area of an operation is the whole body with a battle space that includes your family, job, HMO/medical insurance, home environment, religious background and friends that provide support or no support. Time and the stage of the disease dictate the survival rate based on whether the cancer is early stage or final stage after multiple surgeries, chemo and radiation therapy. The more chemo and radiation therapy your body receives, the less you will be able to respond to nutrition therapy or any other alternative treatment.

In the book *Animals Parasitic in Man* (1957, Dover Publications), author Geoffrey Lapage says:

*There is no part of man’s body, nor, indeed, any part of the bodies of hosts of parasitic animals in general, which is not visited by some kind of parasitic animal at some time or other during their life histories.*
Parasitologists classify roundworms as erratic parasites. This means they wander out of their normal environment in the body when they encounter adverse conditions (Source: Essentials of Medical Parasitology).

Soil-Transmitted Helminths (continued)

Nematodes in Other Crops
Agricultural schools all over the United States have studies devoted to nematode infections that are state-specific. Examples include:

<table>
<thead>
<tr>
<th>School</th>
<th>Crop</th>
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<tbody>
<tr>
<td>Florida A&amp;M</td>
<td>Onions and Poultry</td>
</tr>
<tr>
<td>Michigan State University</td>
<td>Corn and Potato</td>
</tr>
<tr>
<td>Montana State University</td>
<td>Canola and Mustard</td>
</tr>
<tr>
<td>New Mexico State University</td>
<td>Pecan</td>
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<tr>
<td>Texas Tech University</td>
<td>Millet</td>
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<tr>
<td>University of Arizona</td>
<td>Cotton</td>
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<td>University of Idaho</td>
<td>Potato</td>
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<tr>
<td>University of Kentucky College</td>
<td>Strawberries</td>
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<tr>
<td>University of Maine</td>
<td>Garlic</td>
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<tr>
<td>University of Maryland Eastern Shore</td>
<td>Tomatoes</td>
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<tr>
<td>University of Minnesota</td>
<td>Corn</td>
</tr>
<tr>
<td>University of Nebraska–Lincoln</td>
<td>Corn</td>
</tr>
<tr>
<td>University of Wyoming</td>
<td>Sugar Beet</td>
</tr>
<tr>
<td>Utah State University</td>
<td>Alfalfa</td>
</tr>
<tr>
<td>Washington State University</td>
<td>Raspberries</td>
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</tbody>
</table>

Fighting Nematode Infection
Chemicals used to kill nematodes are called nematicides. They are broad-spectrum toxicants that have recently been banned due to human safety concerns. Temik (Aldicarb), made by Bayer CropScience, is an example of a commercial nematicide that was banned in 2010.
I believe command philosophy is unique to every commander based on his life experience, personal belief system and background of military experience. I started as a lieutenant in the U.S. Army reserve 20 years ago while I was in medical school and I have witnessed many changes in the medical field and in the military.

My Philosophy
My philosophy can be summarized as “Do the right thing the first time. Be willing to adapt to change and do the right thing again.”

I have seen many medical doctors who did the right thing, but were unable to adapt to new information, and new changes in the economic and political environment. When you are no longer able to adapt to change, you cannot “do the right thing.”

What I learned 20 years ago in medical school is no longer currently valid, and what I practiced 10 years ago is considered obsolete. What I am practicing now could be considered unsound medical practice 10 years in the future. Command philosophy must reflect effective leadership through adaptation to changes in new environments. In addition, while much has changed, it is important to recognize that the cornerstones of our foundation will never change.

Important Values
Command philosophy must also reflect the most important values to an organization including: duty, honor, courage, integrity, loyalty, respect, and selfless service. The most important ingredient to carry out these important seven values is leadership, and leadership is fostered through a strong vision of command philosophy.

Changes in the Military and Medicine
When the Berlin Wall came down in 1989, the world changed dramatically and the impact of that change for the U.S. Army was more than anybody could predict. Since 1991, the U.S. has maintained
An outbreak of pesticide poisoning on July 4, 1985 in people who ingested a nematicide called Temik (Aldicarb) on watermelon is considered one of the worst in U.S. history. At least 2,000 people fell ill. It took the EPA twenty five years to reach an agreement to phases out all uses of Aldicarb.

Today, there is nothing in conventional agriculture’s chemical arsenal to fight nematodes. Soil experts at university extension offices say there is “no solution for fighting nematodes.”

A few natural nematicides exist. An environmentally safe garlic-derived polysulfide product is approved for use in the European Union and the UK as a nematicide. Another natural nematicide is derived from neem cake made from the neem tree. The root of marigold (Tagetes) is also found to have nematicidal action.

4,000 Year-Old Neem
The Neem tree (Azadirachta indica) has been used in Ayurvedic medicine for more than 4,000 years due to its medicinal properties. The seeds, bark and leaves contain compounds with proven antiseptic, antiviral, antipyretic, anti-inflammatory, anti-ulcer and antifungal uses.

Neem seed cake (residue of neem seeds after oil extraction) when used for soil amendment or added to soil, not only enriches the soil with organic matter but also lowers nitrogen losses by inhibiting nitrification. It also works as a nematicide.
a Cold War-level superpower military even though the Cold War has ended. The U.S. military has been engaged in conflict almost continuously. Examples include the Gulf War, regional conflicts in Bosnia, Kosovo and Haiti followed by a war on terrorism in Afghanistan.

In medicine, bio-terrorism includes anthrax and smallpox that have become household conversation about homeland defense.

**History of the Army is a History of Change**

We should not be afraid of change. The history of the Army is a history of change. We have over 220 years of tradition in which the Army has continually changed to meet the needs of the country.

Leadership is the key to our strength. We have the most experienced and the best-qualified leaders in military history. Moreover, if we understand the challenge of changes in this turbulent new world order, and we are pulling together, there is no limit to what we can accomplish…

**Toll on Humanity**

In addition to command philosophy, we should also look at war’s toll on humanity. The Department of Defense has adopted the expression “operations tempo” as a measure of the pace of an operation. In the military the term has become op tempo.

As the operating tempo (OPTEMPO) has increased, frequent deployment of missions has increased stress on soldiers’ families. Commanders must think of soldiers’ families as an extension of the Army.

Information age technology offers the Army an opportunity to greatly enhance communications, mobility and lethality. However, the fate of nations and armies will still be decided by war, but with speed and lethality unmatched in the past. Whatever technological and operational changes may occur, soldiers will always be the key to victory.

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*You must be the change you wish to see in the world.*

- Mahatma Gandhi
Although Neem has received the blessings of the National Academy of Sciences (NAS), Neem has been exploited by a multinational chemical giant.

In 1971, a timber importer named Robert Larson noticed the pesticide properties of Neem. Larson developed a pesticide extract that was cleared by the EPA in 1985. Three years later, he sold the patent to W.R. Grace & Co. In the years that followed, more than a dozen patents were filed by U.S. and Japanese companies on Neem-based solutions. The demand for Neem seeds has skyrocketed, but ordinary people all over the world, no longer have access to Neem.

Soil-Transmitted Helminths (continued)

**Nematodes Like Alkaline Soil**

In a *Soybean Cyst Nematode Management Field Guide* that Dr. Greg Tylka wrote for the University of Iowa, he calls the soybean cyst nematode “the most destructive pest of soybeans in the world.” His field guide also explains that nematodes are found in alkaline soil.

Soil pH is a factor that can help control nematode infection in common fruits and vegetables.

Plants that thrive in acid soil (inhospitable to nematodes) include radishes, sweet potatoes, parsley peppers, potatoes, rhubarb, blueberries, cranberries, currants, elderberries and gooseberries.

Plants that tolerate acid soils include: beans, broccoli, cabbage, carrots, cucumbers, onions, squash, sweet corn, tomatoes, turnips, apples, grapes, raspberries and strawberries.

Soil pH can be tested at a lab, or with pH meter. Adding organic matter slowly lowers pH over time, while simultaneously increasing beneficial microbial life and improving the structure of soil.
In the future, our emphasis on fundamental soldier skills will pay off. We must never lose these basic soldiering skills. The battlefield will always be dangerous and only soldiers of character and courage, well trained, and properly equipped, will survive to win tomorrow’s wars.

**Conclusion**

In summary, in military history, command philosophy has been unique to each individual commander. Examples include General Maxwell R. Thurman, General George Patton, Jr. and Major General Albert B Akers. Commanders inspire their soldiers with their values:

- Duty
- Honor
- Courage
- Integrity
- Loyalty
- Respect
- Selfless service

Commanders educate and train soldiers and prepare for the next war.

You have just completed accelerated advanced training including the creation of a battle plan and force management. You are ready to be promoted to Second Lieutenant Desperado. Medical intelligence can be gathered based on conventional and unconventional medical intelligence. Conventional intelligence includes standard lab tests, EEG, EKG, colonoscopy, biopsy report, CT scan, PET scan, etc. The next chapter covers gathering unconventional medical intelligence based on bio-cybernetic energy medicine: acupuncture meridian assessment.